



## PRESIDENT'S MESSAGE

By Debra D. Rojas, M.A. | *Licensed Marriage and Family Therapist and President, Santa Clara Valley Chapter of California Association of Marriage and Family Therapists*

We're over half way through 2016 and so many exciting things have happened with the board and our chapter. I thought this is a great time to provide a review.

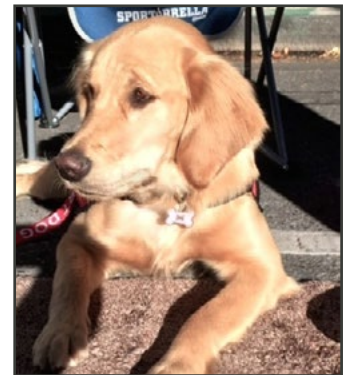
The board welcomed two new members effective June and August, respectively. Janice Shapiro joined the board in June as the new continuing education operations director and Barbara Pannoni is our new special events director as of August 1. Kim Panelo, our former special events director, organized

in the Menlo Park Downtown Block Party, which kicked off their annual summer music in the park. Our purpose as a chapter was to get the word out to the public about services marriage and family therapists provide and how the public can utilize the *Find A Therapist* search feature on our website. This could not have been accomplished without those who generously gave their time as volunteers for the evening.

Thank you Matt Kelley, Jacqui Gerritsen, Beatriz Mileham, Jessica Treat, and David Mineau. Matt brought his dog 'sweet' Lily. Dressed up in her resource animal vest, Lily was the hit of the evening. Adults and children of all ages stopped by to pet her, giving us an opportunity to talk and provide information.

We distributed rack cards with chapter information on one side and the poem *Children Learn What They Live* on the other. Postcards with chapter information on one side and a guided imagery stress reduction exercise on the reverse were also distributed. Matt brought stress balls advertising his practice and the other therapists brought their business cards as well.

Approximately 2,000 people



*Matt Kelley's dog Lily at the Menlo Park Downtown Block Party where SCV-CAMFT had a table.*

were in attendance that evening. We talked with parents, kids, and individuals who didn't realize marriage and family therapists also work with individuals. This is the education piece that was so important to convey as well as the *Find A Therapist* search feature of our website.

And speaking of the website, we have moved our site to the Wild Apricot platform. This is a platform for associations and the majority of CAMFT chapters use it. Over the last several months our communications and technology team, Jacqui Gerritsen, Chandra Rai, Webmaster



*Beatriz Mileham and Debra Rojas having fun at the SCV-CAMFT table in Menlo Park*

an outstanding workshop on July 29. Thank you Kim for your fantastic organization and planning skills, and delivering two great workshops during your tenure on the board.

In June the board participated

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*President, continued from p. 1*



*Members who volunteered at the SCV-CAMFT table in Menlo Park*

Michael Jaret and Chapter Coordinator Nancy Orr, have worked diligently researching the benefits of using Wild Apricot and ensuring that our new website has all the features of the old one, and they assure me it's even more efficient.

If you haven't already done so, you will need to go to the new website and have a 'reset your password' email sent to you, by clicking the "Forgot Password" link. Once you've reset your password please update your profile. As mentioned above, we're now marketing the *Find A Therapist* search feature of our website so you'll want to ensure your information is current.

Migrating the information from our old site to the new one has been a huge undertaking and we're quite aware that some glitches may occur. If it happens to you, click the green "Help" button on the bottom right of your screen. Nancy Orr will be able to troubleshoot and get back to you.

This year our membership director, Chandra Rai knocked one out of the ball park! She began hosting a new member lunch on a quarterly basis. So far there have been two lunches and I had the privilege to join them in July. It's a very informal opportunity to become acquainted with one another and learn more about what our chapter offers. Thank you Chandra for this great idea and based on comments from the new

members the luncheons are a hit.

Board secretary Michal Sadoff took the lead in preparing the chapter's application to become a continuing education provider with CAMFT. This process required the board to adopt new policies which comply with the requirements. The responsibilities are so great we designated a new board position titled Director of Continuing Education Opportunities to oversee this program. Our new CEU provider number became effective July 31, 2016.

Nancy Andersen, our law and ethics director has been in regular communication with David Jensen of CAMFT and this year's law and ethics workshop promises to be all new material. Read more in her article on pages 4-5.



*Matt and Ernie at the New Member Luncheon in Mountain View*

Our annual workshop this year featured Dr. Rick Olcese presenting *Neurobiology and Neuropsychological Aspects of Trauma*. There were about 71 in attendance and a lot of attendees came from other chapters. During breaks and lunch many commented to me that the content was fascinating, and it certainly was. Look for a summary in an upcoming newsletter.

Our current director of pre- and newly-licensed groups, Melissa Risso, has begun a PhD program and will not be continuing in her position. We will

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surely miss her but are excited about her opportunity to continue her education and enhance her career. Congratulations Melissa! This turn of events creates a vacancy on the board. If you're interested in applying for a board position send me an email and I'll forward you an application and information on the position. Send your email to [president@scv-camft.org](mailto:president@scv-camft.org).

Our September luncheon in Mountain View features Philip Manfield, Ph.D., LMFT presenting *EMDR Trauma Processing*. If you haven't already done so, you can register for the luncheon on our new website.

I'll see you in September.



## New Member Luncheon

by Chandra Rai, MFTI, Director of Membership



*Matt, Ernie, Iryna, Debra, and Deb in the back.  
Pam, Monica, Nancy and Chandra in the front.*

The SCV-CAMFT new members' summer lunch was on July 8th in Mountain View. Seven new members and three board members met for lunch at Amici's in Mountain View. The conversation flowed from experiences of newly-licensed members to seasoned therapists around the joys and struggles of working in private practice.

Interns shared their experiences of taking the newly-structured BBS exams. We also explored the different trainings and our aspirations to develop a niche area in our clinical work. It was nice to hear that the new members enjoyed the opportunity to meet other members. The common feeling at the table appeared to be one of camaraderie, joy and enthusiasm to be part of the community. We exchanged business cards and resources at the end of the lunch and talked about meeting each other again in the upcoming SCV-CAMFT events. New members were gifted with SCV-CAMFT coffee mugs and other memorabilia.

The fall new members lunch will be hosted on October 7, 2016.

*Chandrakala Rai is a Registered Marriage and Family Therapy Intern IMF86649 Supervised by Don Hadlock MFC15316*



*Iryna, Monica, and Nancy at the New Member Luncheon.*

## ADVERTISING CHANGES IN SCV-CAMFT NEWS

Beginning Sept. 2016,  
Classified Ads will no  
longer be printed in  
SCV-CAMFT NEWS  
and will be posted on the  
website only.

Display Ads will  
continue to be in  
SCV-CAMFT NEWS.

See our new advertising  
opportunities and rates on  
[page 12](#).

## Children Learn What They Live

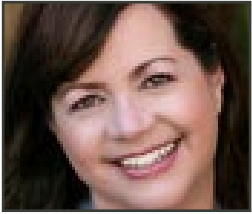
By Dorothy Law Nolte

If children live with criticism, They learn to condemn.	If children live with approval, They learn to like themselves.
If children live with hostility, They learn to fight.	If children live with honesty, They learn truthfulness.
If children live with ridicule, They learn to be shy.	If children live with security, They learn to have faith in themselves and others.
If children live with shame, They learn to feel guilty.	If children live with friendliness, They learn the world is a nice place in which to live.
If children live with encouragement, They learn confidence.	
If children live with tolerance, They learn to be patient.	
If children live with praise, They learn to appreciate.	
If children live with acceptance, They learn to love.	

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by Dorothy Law Nolte

Dorothy Law Nolte, Ph.D.  
Author-approved short version.





## Workshop Clears Up Mystery of Treatment Recordkeeping

by Nancy Andersen, LMFT

Many clinicians, like me, struggle with the content of our treatment records. We wonder, "Should I write a lot? Should I write a little? What really needs to be in my notes?" CAMFT Staff Attorney Dave Jensen attempts to solve this long-standing mystery at the upcoming Law & Ethics Workshop October 21 in Mountain View.

I called the San Diego-based attorney in June to get the backstory behind his new presentation, *"Using the Language of the Law to 'Salt and Pepper' Your Treatment Records."* I hardly expected Jensen to compare recordkeeping to Freud's model of the mind or the notion that clinicians should strive to have treatment records that are "freakin' awesome."

But it's that unexpected way of looking at legal and ethical issues that earns Jensen consistently outstanding reviews from chapter members who attend his annual workshops. In fact, the only complaint from 2015 Law and Ethics workshop attendees made about Dave was that his topic was "dull"!

Response to the new presentation has been "astounding", says Jensen, who is scheduled to present it to 11 other chapters as well as non-CAMFT audiences. "I had a man in Fresno tell me," he says, " 'this is the most practical and insightful class I've been to in 30 years of practice.' "

High praise, just what does the Michigan-native do to deserve it? Jensen says this workshop has been

14 years in the making, distilling his experience as a CAMFT lawyer. He studied BBS cases that focused on recordkeeping failures as well as government and insurance company requirements. Jensen couldn't resist comparing the different recordkeeping requirements of insurance companies, government agencies and fee-for-service private practices to Freud's Id, Ego and Super Ego in an article he wrote for The Therapist May/June 2016 issue. The government's approach has traditionally been like a harsh Super Ego screaming, "You must obey the standards!" writes Jensen. The Id, standing in for private practices, with its contempt for rules, enforcement and long-term consequences, screams, "There are no standards!" Are the insurance companies



*Dave Jensen, JD, presenter at the Law and Ethics Workshop Oct. 21*

somewhere in the middle, Ego-like asking the other two to get along?

Jensen found that insurance companies are identical to the more traditionally strict government agencies in their standards for keeping records. While each may

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### Law and Ethics: Using the Language of the Law to 'Salt and Pepper' Your Treatment Records

6 CEUs included, PCE113

**Friday, October 21, 9:00 AM - 4:00 PM**  
**at Michael's at Shoreline, Mountain View, CA**

Join us as we welcome Dave Jensen, CAMFT staff attorney, who uses cases, videos, and songs to explain the intricacies of the legal and ethical requirements facing marriage and family therapists. The six-hour workshop includes breakfast, lunch, afternoon snack, and networking opportunities at Michael's at Shoreline in Mountain View. The golf course setting provides a relaxing atmosphere and pleasant outdoor areas for breaks and lunch. Traffic is usually heavy, so plan on including drive time. Registration is open at our new website.

*Ethics, continued from p. 4*

have a slightly different focus or emphasis, both systems want to know how a patient's life is impacted by a diagnosis. Jensen observed that another similarity between the two systems is both expect a thorough evaluation of the patient; a treatment plan; and ongoing progress notes monitoring movement toward meeting therapy goals.

Aside from these more global requirements, some insurers are picky about the color ink you use, warns Jensen. So it pays to read the manuals or take any related training.

While insurance companies may care about the color ink you use to record patient information, the BBS takes a different track when agency investigators look into an allegation of incompetence. "The BBS likely will not give a hoot about whether you used green ink instead of blue or black ink," writes Jensen. "It will be concerned about the job you did – or did not do – as evidenced by your treatment records."

"It's just like you learned in graduate school – if you don't have it written in your notes, it didn't happen." What must be in your notes?

Jensen explains, "The laws are vague. The regulations are vague. The CAMFT ethical code is vague. This vagueness has always struck me as not helpful because the only time anyone ever looks at these records is when there has been a complaint. Your treatment records are to persuade investigators that 'I've done my job properly or the services provided were necessary.'

"I've thought a lot about how to make records more persuasive," he

adds. "Good clinicians have to make judgments all the time. We bring into the notes that exact language the law uses such as suicidality and homicidality. We want to use exact language in the notes that helps your



lawyer prove that you did everything right."

I confessed to Jensen that feeling confident about what to include in my notes – and what to leave out – would be a huge relief. He assures me that this workshop aims to clarify recordkeeping requirements.

The workshop learning objectives are:

- Explain the "building blocks" of the BBS's law regarding recordkeeping
- Identify mistakes made by colleagues in the area of recordkeeping
- State the core subject areas of a treatment record
- Compare/contrast recordkeeping requirements of the public and private mental health systems
- Identify key legal terms that should "salt and pepper" your records, treatment or otherwise
- Describe the "D-A-V-E Way" of keeping records. (In case you can't wait until October, this stands for Details, Authoritative, Veracious and Evaluative)

Jensen, currently working on a master's degree in English, loves

language and stresses that the way we use it matters. But precise language is immaterial if it cannot be read; so one not-so-obvious requirement for all records is legibility. Someone other than the clinician must be able to read the records to ensure continuity of care in case of therapist incapacity or death.

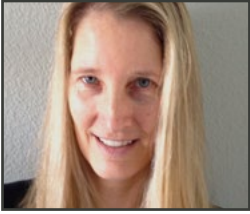
What about electronic records? Jensen touches on practice management software programs.

With his enthusiasm for language and law, Jensen wants to inspire therapists to claim their authority as mental health care experts. "Embrace this role," he says, "Learn to apply your knowledge and not to be afraid of writing authoritatively."

*Nancy Andersen, LMFT has a private practice in Los Altos. She can be reached at [ethics@scv-camft.org](mailto:ethics@scv-camft.org).*

## I Need Your Help with Hospitality

Planning to attend this year's Law and Ethics Workshop? Want to help create a more lively and welcoming atmosphere at the workshop? I need volunteers to help plan and implement new hospitality efforts to make everyone feel more comfortable and included. Please contact Nancy Andersen at [nbragaandersen@gmail.com](mailto:nbragaandersen@gmail.com) for more information.



## Luncheon Review

by Kate Parkinson, LMFT, CSAT

*Kate reviews her presentation at the May 20th luncheon titled "Betrayal, Secrets and Lies: Rebuilding Trust and Healing Sex Addiction Induced Trauma."*

This article describes the phenomenon of Sex Addiction-Induced Trauma (SAIT) and contrasts two different sex addiction treatment models. In particular, I focus on the merits of the trauma-informed model as opposed to the more traditional addict-centric model. I also discuss the damage that can be caused by the treatment process itself (treatment-induced trauma). For the sake of simplicity I refer to the addict as male and partner as female, and make the assumption that both parties are choosing to stay in the relationship and do the life-changing and oftentimes gut-wrenching work.

First, let me define "sex addiction". Sex addiction is defined as any sexually-related compulsive behavior which interferes with normal living and causes severe stress on family, friends, loved ones, and/or one's work environment. The criteria are the same as those of other addictions: progression in the intensity of use, increased tolerance (more is required over time), repeated attempts to quit the behavior, continued use despite consequences. While it is true that sex addiction is not a current diagnosis in the DSM, the term is now commonly used in our everyday language. It is how many clients self identify when seeking treatment for their compulsive sexual behavior.

The traditional sex addiction

treatment model views the addict as identified patient, and the intimate partner as co-addict and as adjunctive support to the addict's treatment. It promotes separate recovery



programs, with limited opportunity for connection and attachment repair. The partner is considered to be out of control and/or controlling, rather than adapting to life with an addict. For instance, after discovery if a partner needs information about the addict's travel plans or his commitment to recovery, these would be considered none of her business: she is instructed to focus solely on herself.

Conversely, the trauma model is partner sensitive and trauma informed and views the relationship through the partner's experience and needs as well as through the needs of the addict. The betrayals as well as, the multitude of lies, contribute to the trauma that most partners of sex addicts experience upon discovery. A study conducted by author and clinician Barbara Steffens, PhD, showed that 70% of partners meet criteria for complex/PTSD, presenting

with symptoms such as helplessness, sleeplessness, immobility, reliving of the event, anger, hypervigilance, anxiety, nightmares, intrusive thoughts, avoidance, mood swings, panic attacks, restlessness, confusion, etc. In my practice this number is even higher. Partners present with a vast array of symptoms, but at the core there is always a shattering of reality, disbelief and profound despair.

The trauma-sensitive model acknowledges this experience of shattering as true and appropriate to the situation, and promotes empathy on the part of the addict and treatment team. Ideally both addict and partner need to focus on their individual recovery and trauma work, and the model also critically supports relational and systemic healing. Therefore, for instance, a partner is given the information she needs. This is considered reasonable and appropriate given the situation. She is validated for seeking safety, rather than being controlling. Her symptoms are acknowledged as predictable reactions to traumatic stress. Furthermore, the model validates the partner's pain; encourages the partner to share her story in safe settings and a guided format to ease the pain as well as other trauma specific work; places the responsibility for the addiction on the sex addict, not on the partner; and supports the partner in setting clear boundaries. (Steffens page 73-74)

Omar Minwalla, PhD, brilliantly describes Sex Addiction-Induced Trauma (SAIT) in his article, "The Thirteen Dimensions of Sex Addiction-

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Induced Trauma". The thirteen dimensions are highlighted below. Not all are relevant for every partner. Trauma is subjective and individuals are completely different and unique. For the complete article see Bibliography.

1. Discovery Trauma whereby the partner "accidentally" discovers evidence of his acting out, and her pre-existing reality is shattered as she confronts his compartmentalized reality

2. Each Disclosure is the process of being told about some aspect of the deceptive, compartmentalized reality-system (factual or not) and is a critical trauma-inducing incident, even though ultimately it is necessary for the partner to know the truth in order to grasp a cohesive narrative necessary for healing

3. Reality-Ego fragmentation occurs as reality is shattered

4. Psychobiological symptoms involves trauma to one's physical body such as, hair loss, insomnia, vaginal spasms, etc.

5. External crisis and destabilization refers to all the practical, sudden or long-term changes and the overwhelming chaos that ensues and endures as a direct result of sex addiction such as, concerns related to finances, shifts in residence, legal issues, etc.

6. Hypervigilance and re-experiencing as described in the DSM description of PTSD

7. Psychological trauma and the phenomenon of gaslighting refers to the intentional manipulation of partner's reality, thoughts and feelings in order that the victim will submit her will

8. Sexual Trauma is often similar to that of women who have been raped or otherwise sexually

traumatized

9. Gender wounds refers to how partners are often profoundly impacted at the core of their gender

10. Relational trauma and attachment wounds means the "Us" itself is traumatized

11. Family, communal and social wounds speaks to the far-reaching implications for other relationships, including the parent-child bond, social world, etc.

12. Treatment-induced trauma is a clinical intervention or omission which causes harm

13. Existential and spiritual trauma refers to a loss of faith in the goodness of life

Relational trauma involves exposure to an extreme stressor such as sexual addiction, by which trust is desimated and the

experience of the relationship as safe is diminished. The Multidimensional Partner Trauma Model (MPTM) builds on Minwalla's SAIT model and includes focused education on the traumatic impact of the relationally offending behaviors and that of partner trauma. It serves to provide safety for the partner and relationship, and fosters internal motivation for change towards empathy. This means specifically, that the addict is taught and encouraged to participate in helping her heal by providing empathy, compassion, honesty and accountability.

Within the MPTM, the partner's trauma must be addressed both in her individual therapy as well as, within the relationship. There is a structured process to this relational healing that usually includes a therapeutic Disclosure. A Disclosure is a voluntary transfer of information

from the addict to partner detailing a thorough and honest history of all acting out behaviors including financial costs. There is a systematic process to the preparation of the Disclosure document as well, as the sharing. Although this is often an incredibly distressful process for addict and partner alike, it is crucial because most partners can not adequately heal until they know what they must heal from. Otherwise, they are haunted by unanswered questions, doubts and fears. For the addict, secrets fuel shame and shame fuels relapse. Furthermore, secrets create barriers to the re-building of trust and intimacy.

There is a saying in 12-step recovery: "we are as sick as our secrets". This is applicable to the individual as well as, the couple. I often liken the Disclosure process and sharing of secrets to one of cleaning out

an infected wound. If the wound is not completely disinfected, the infection continues to cause more and deeper damage, possibly leading to amputation or death.

Once the secrets are divulged, the next step is often a polygraph exam to establish a reliable basis for honesty and the re-building of accountability and trust. A Sobriety Contract is written and shared with the partner to further promote trust. Although sobriety is his responsibility, there is transparency into his recovery process. The couple is also given guidelines for sharing about feelings and recovery at home as soon as they are ready to do so.

Treatment-induced trauma occurs when the treatment process further injures the partner by ignoring or invalidating her needs and perceptions. An example is when the

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**A study conducted by author and clinician Barbara Steffens, PhD, showed that 70% of partners meet criteria for complex/PTSD**

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*Review, continued from p. 7*

therapist believes and even asserts that the addict is not lying, despite evidence and protests by the partner to the contrary. Other examples include blaming the partner, and excluding the partner from treatment by telling her, “the addict’s recovery is none of your business” and the like.

Often treatment-induced trauma is caused by clinical interventions that are fundamentally organized around the traditional co-sex addiction model, and other traditional interventions. One such intervention is sex positive therapy, based in failure to recognize or treat SAIT among partners. Many “sex positive” counselors and educators will too quickly prescribe, “date nights or sex nights”, for traumatized and sexually abused partners and couples. For a client to reach out for support and be “let down” or “hurt instead of helped” is the utmost of serious violations in human ethics and attachment relationships – to do no harm.

Sometimes referral to a specialist for the purpose of thorough assessment, consultation and/or treatment is recommended. Certified Sex Addiction Therapists are found at [www.sexhelp.com](http://www.sexhelp.com). The Sex Addiction Screening Test (SAST) is also available from the same site, and can be utilized as an initial assessment. More comprehensive assessments are available and administered by a CSAT.

To demonstrate some of the complex issues inherent in working with this population, I share the following story. Robert (not his real name) and I worked together sporadically for three years on what he described as “a fascination with certain pornographic images”. He insisted repeatedly that this was the full extent of his sexual preoccupation. If I pushed too much on the subject or inquired about

other accompanying activities (such as masturbation or physical contact with others) he would discontinue therapy for weeks or months, outraged at my insinuation.

One day, I received a frantic phone call from Robert, saying that his wife had discovered a text message on his phone from another woman. He was “terrified of losing everything”. With this discovery, his life began to unravel, and the next several months were horrible as they individually as well as, collectively began to face the truth of his secret life and the extent of his betrayal. Robert revealed to me his extensive history of sexual acting out before and during his marriage including numerous affairs and prostitution. He eventually prepared and read his full Disclosure to her, 18 pages in all, and was without secrets for the first time. He passed a polygraph exam, formulated and committed to a Sobriety Contract including working a 12-step recovery program. He began to learn about honesty, empathy and ultimately, how to rebuild trust and help his wife heal from the trauma of learning the extent to which he had been unfaithful. Both Robert and his wife now agree (several years later) that the recovery process required more courage and fortitude than any other life experience. However- as most addicts and partners agree- the quality of their life and current connection is richer and more intimate than they ever dreamed possible.

This story- similar to stories that I hear in my office every day- is rich with complexity. Several of the questions are discussed below.

- How did I- an experienced therapist and specialist- not know that Robert was lying, that there was more to his story than viewing pornography? The truth is, I didn’t

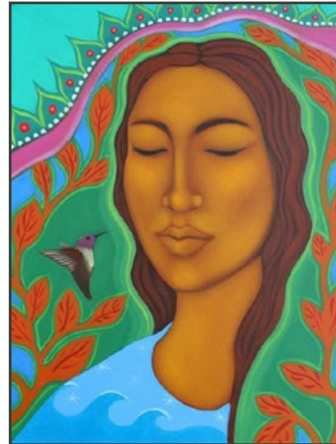
know (although I usually do) because addicts are really good at lying. It is a skill well-honed over decades that serves to protect, so that the learned behavior and addictive high can continue.

- What did the addict’s comprehensive assessments indicate that I overlooked in deference to his

assertions? I was reminded (once again) to trust my intuition and clinical expertise, and confirmed that addicts lie, even to their therapist. They don’t lie because they are bad people, but because there is sufficient fear and shame that prevents them from doing otherwise. It is usually consequences- or the fear thereof- that eventually force them to risk and live in the truth.

- How does the partner of a sex addict heal a heart shattered by the very person she loves? One of the questions I am mostly frequently asked by partners after discovery is, “how did I live with this man for all this time and not know what he was doing?”. I often respond: “because sex addicts lie, compartmentalize, deny and scapegoat in order to maintain their secret sexual- and often financial- life.” Another common question is, “how can I stay?” This is a very individual decision. I often offer the wisdom of not making any major decisions for one year. This allows for emotions to cool and clear thinking to return so the partner can make the best

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decision for herself and her family.

- How is an addict “terrified of losing everything”, and yet driven to continue activities that- if discovered- will jeopardize what he holds most dear? Sex addicts often confuse intensity for intimacy, and hurt those whom they most love.

In conclusion, I would like to leave the reader with three key points:

1. The traditional addict-centric treatment model- in and of itself- is inadequate.

2. It is imperative that the treatment model is trauma-informed and trauma-sensitive for the sake of the partner as well as, the addict and couple-ship. Since sex addiction is fundamentally a relational trauma, the healing and recovery process must also be relational and tend to the attachment wounds.

3. As clinicians we must be careful to not inadvertently collude with the addict at the expense of the partner’s needs, thus damaging potential for healing of the broader system.

There is great hope. Freedom from sex addiction is possible. Healing from Sex Addiction-Induced

Trauma is possible. My experience with many clients supports this optimism.

*Kate Parkinson, MFT, CSAT, CHFP, CEMDR, is the founder of Recovery of Self Counseling and Intensives in Palo Alto. She is a licensed Marriage and Family Therapist (MFC41470), Certified Sex Addiction Therapist (CSAT), Certified Hope and Freedom Practitioner (CHFP), and is EMDR certified. Her practice is dedicated primarily to the healing of relationally traumatized couples and families devastated by sexual addiction, sexual anorexia, and other intimacy disorders. Kate facilitates Three-Day Intensives for couples, partners of sex addicts, and both male and female sex and love addicts. Additionally, she specializes in the treatment of complex/PTSD as well as, dissociation, shame, boundary impairments and developmental immaturity. She offers extended psychotherapy sessions as well as, Three-Day Intensives focused on trauma resolution. Kate’s approach is informed by her belief in the inherent preciousness of each and every person.*

### Resources

- The Association of Partners of Sex Addicts Trauma (APSATS)
- [www.apsats.org](http://www.apsats.org)
- Therapists who specialize in the treatment of partner trauma
- International Institute for Trauma and Addiction Specialists
- [www.IITAP.com](http://www.IITAP.com)
- Certified Sex Addiction Therapists (CSAT)
- [www.sexhelp.com](http://www.sexhelp.com)
- Sex Addiction Screening Test (SAST) and other resources
- [www.recoveryofselfcounseling.com](http://www.recoveryofselfcounseling.com)
- Website for Kate Parkinson’s practice

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# Get Published!

Now is your chance to get published and share your thoughts with your fellow therapists. You all have a unique experience that could become a movie or book review, an article, or a review of an SCV-CAMFT event.

Editorial committee members are available to discuss ideas with you and answer questions. Their contact information is listed on [page 19](#).





## New Board Member to Oversee CEU Program

### Welcome Janice Shapiro, LMFT!

Janice Shapiro has been a member of SCV-CAMFT since 2008 and has enjoyed the many benefits it has to offer. She is excited and honored to serve on the SCV-CAMFT Board of Directors in the newly created position of Director of Continuing Education Operations. Janice earned her Masters in Counseling Psychology in 2010 from JFK University. After becoming licensed in 2015, she opened her private practice in her hometown of San Jose. She welcomes the many challenges and the great variety of issues her clients bring into therapy.

Prior to becoming a therapist, Janice was a 4th grade classroom teacher for many years. Believing that learning is a lifelong process, she made sure her lessons were interesting, fun and met the needs of her students so that they would continue to love learning throughout their lives. This idea of learning throughout life also shows up in her therapy practice. As clients learn new ways of being, change happens.

So, it is not by chance that Janice is our new Director of CE Operations. This position ensures that SCV-CAMFT meets the requirements for being



an approved provider of Continuing Education(CE) programs so that our members can continue to benefit from education. Welcome Janice!



## New Director of Special Events

### Welcome Barbara Pannoni, LMFT!

Barbara Pannoni is our new Special Events Director. She received her Master's degree in depth psychology from Pacifica Graduate Institute and works with adults experiencing depression, anxiety, trauma history/PTSD and spiritual/life transitions in her Los Altos practice. Barbara uses psychodynamic depth work, imaginal and mindfulness techniques, dreamwork, creative expression and EMDR to customize therapy to each client's needs.

Barbara is a member of Open Path Psychotherapy Network, providing low fee services for clients in need

and Secular Therapist Network, where she enjoys connecting with clients who have been hurt by high demand groups, cults or religions. She has facilitated groups for new parents at Lucile Packard Children's Hospital and young/teen mothers at Mountain View/Los Altos Adult Education school. She enjoys supporting new parents, co-parents and those creating blended/step families.

Prior to becoming a therapist, Barbara worked for the Stanford Center for Continuing Medical Education for 15 years, planning and implementing all aspects of CME



programs for physicians and nurses. She served on CAMFT's CE provider approval task force and committee for three years. Welcome Barbara!

(1.5 CEUs, PCE 1143)

## MID-REGION LUNCHEON

**EMDR Trauma Processing** (1.5 CEUs)

Presented by Philip Manfield, Ph.D., LMFT

**About the Presentation**

Whether you have no background in EMDR or are trained in EMDR, this interactive presentation promises to be educational and moving for all who attend as Philip Manfield, Ph.D., LMFT presents EMDR Trauma Processing. Included in his presentation is a 30-minute video of an actual EMDR trauma processing session with follow-up. Come watch the client experience profound change in a remarkably short time and verify at follow-up that the transformation has held. Raise your hand and Dr. Manfield will pause the video, take your questions and comment on the session, truly enhancing your learning experience.

Although this is not instruction in EMDR treatment, many of the basic principles underlying EMDR will be explained.

By the end of this presentation, participants will be able to:

- Explain the role of eye movements in EMDR Trauma Processing
- Describe at least one mechanism of change in EMDR Therapy
- Explain the importance of identifying dissociation in trauma processing

**About the Presenter**

Philip Manfield, Ph.D., LMFT, practices in the S.F. Bay Area. He has authored or edited five books about psychotherapy and EMDR. His most recent two books have been acclaimed for their use of actual clinical transcripts to provide a clear and often entertaining explanation of many subtleties of EMDR resourcing and trauma processing. An EMDRIA-Approved Trainer and consultant, he has taught on five continents. In 2011 he presented his resourcing protocol in the keynote address of the EMDR Netherlands annual conference. He has also made available more than 40 EMDR videos, many from his books, for viewing on-line (emdrvideos.com).

**Friday, September 23, 2016**

11:15 a.m. – 1:30 p.m. (presentation begins at noon)

**Place:** Michael's at Shoreline, 2960 N. Shoreline Blvd.  
Mountain View, CA 94043

**Menu:** Buffet Lunch

**Registration Deadline:** Monday, Sept. 19 for pre-registration fee.

**Register:** Online at [www.scv-camft.org](http://www.scv-camft.org)

**LUNCHEON FEES****PRE-REGISTERED BY SEPT. 19:**

Members - \$26

Non-members - \$33

CEUs: Members/non-members - \$7

**WALK-IN FEES:**

Members - \$33

Non-members - \$40

+ CEUs

Lunch is not guaranteed for walk-ins, but is available on a first-come, first-served basis. Auditing the event without lunch is available. SCV-CAMFT is a CAMFT-approved Continuing Education Provider (052466). This course meets the qualifications for 1.5 hours of continuing education credit for LMFTs, LPCs, LEPs and/or LCSWs.

Please visit our website at [www.scv-camft.org](http://www.scv-camft.org) to review the CEU information and our 24 hour cancellation policy.





## NEW Advertising Opportunities and Rates

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Details, advertising policies, and non-member pricing are found at our website.

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2 Month Ad - \$150

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Quarter Page - \$150

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Full Page - \$400

### Email Blast

One Email - \$150

If you have questions you can contact the chapter coordinator, Nancy Orr at 408-235-0210 or [mail@scv-camft.org](mailto:mail@scv-camft.org).



## Fusion Health

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## PSYCHONEUROLOGY STUDY GROUP

### Keeping the Brain in Mind:

How knowing more about the brain can help you become a better therapist.



**January 20 to Oct. 20, 2017**

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CENTER FOR THE STUDY OF  
**GROUP PSYCHOTHERAPY**

A nonprofit group therapy training organization (CSGP.org).

**CSGP's Mission is to promote group therapy  
and to offer group therapy training.**



- CE units for MFTs, LPCCs, LCSWs, and Psychologists.
- Training for students/interns as well as for advanced group leaders.

## Enhancing the Therapeutic Benefits of Clinical Dilemmas in Groups.

Monopolizing, conflict, scapegoating, and subgrouping are all dilemmas which every group leader faces. In this course you will learn how to use these dilemmas therapeutically to enrich and deepen the group experience.

**Saturday October 1, 2016 9:30-A.M. - 1:45 P.M.**

**Place:** 2665 Marine Way, Mountain View.

**Course fee:** \$60 for clinicians, \$40 for nonprofit employees and students/interns.  
Onsite: add \$10.

**Four CE units** for MFTs, LPCCs, and Psychologists. For registration: **CSGP.org**.

For course description and proposal: CSGP.org.

**Course Instructor:** Nancy Wesson, Ph.D., CGP, licensed psychologist, has 25 years of experience leading groups and 17 years of experience training group therapists. She was trained by Dr. Irvin Yalom, and the American Group Psychotherapy Assoc. She is the founder of the Center for the Study of Group Psychotherapy.  
**DrNWesson@CSGP.org**

CSGP is approved by the California Psychological Association to provide continuing professional education for psychologists and BBS licensed professionals. CSGP maintains responsibility for this program and its content. For further info and refund policy: CSGP.org



## Gottman Couples Workshop

### The Art & SCIENCE of Love

### Two California Locations!

**SF Bay Area ~ Mill Valley, CA**  
**September 24th -25th, 2016**  
*Also December 3rd -4th, 2016*

**LA ~ Orange County, CA**  
**November 12th-13th, 2016 ~ Newport Beach**

*2 days filled with practical research-based tools  
 to confirm & strengthen your relationship!*

Therapist Discounts  
 13.5 CE Credits Available



See Website for Registration  
 and Additional Information!

[www.aCouplesWorkshop.com](http://www.aCouplesWorkshop.com)

**Presented by Senior Certified Gottman Therapists**  
 Lisa Lund, CRC, MFT (33393) & Bob Navarra, PsyD, MFT (15997)

## Gottman Professional Training

Save up to \$250! See website for details...  
 CE's available thru PESI (#1062)



### Gottman Level 1:

Friday & Saturday,  
 Sept. 30th & Oct. 1st, 2016



### Gottman Level 2:

Thursday - Saturday  
 October 6th - 8th, 2016



### Gottman Level 3:

Practicum Workshop -  
 Co-Led with Dr. Bob Navarra  
 July 20th-22nd, 2017

## TrainingForCouplesTherapy.com

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## Adult and Young Adult Psychotherapy Groups

- ♦ Safe Peer Environments
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- ♦ New Perspectives
- ♦ Trust and Understanding
- ♦ Social Skills

Many people feel relieved after joining a Psychotherapy Group. Meeting others who have overcome similar problems offers hope and new determination. For more information, contact:

**Alice J. Sklar, MFT, CGP**  
**(650) 961-3482**

Marriage and Family Therapist      Lic. # 20662  
 Certified Group Psychotherapist      Lic. # 179092

## FAMILIES FIRST MEDIATION

Have a couple who **can't reconcile** or a client **traumatized** by on-going divorce drama?

Dina Haddad, **divorce mediator**, has the legal & mediation background to **guide** them through their divorce, child custody dispute, or other family related matters **quickly** and **cost-effectively**.

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 Family Law Mediator  
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## LEVEL I

**Affect Dysregulation, Survival Defenses, & Traumatic Memory****Berkeley, CA**START DATE  
September 16, 2016EARLY APPLICATION DISCOUNT  
DEADLINE

June 24, 2016

[www.sensorimotor.org](http://www.sensorimotor.org)**About the Program**

The body's intelligence is a largely untapped resource in psychotherapy. Few educational programs in clinical psychology or counseling emphasize how to draw on the wisdom of the body to support therapeutic change, leaving therapists mostly dependent on the verbal narrative.

The **Level I Training**, first of three in SPI's Training Program, provides participants with foundational Sensorimotor Psychotherapy<sup>SM</sup> skills that can be used to explore the somatic narrative that is arguably more significant than the story told by the words. By tapping into somatic expressions participants can illuminate implicit processes that shape the brain and body and communicate meaning that not only influences the manner in which content is formed and expressed, but may also essentially determine the content itself.

This 80-hour training provides participants with a repertoire of body-oriented interventions for tracking, naming, and safely exploring trauma-related somatic activation, creating new competencies, and restoring a somatic sense of self, as well as effective, accessible interventions for working with disruptive behavioral patterns, disturbed cognitive and emotional processing, and the fragmented sense of self experienced by so many traumatized individuals.

**Who Should Attend?**

Candidates legally authorized to practice as a mental health professionals in the following disciplines are encouraged to apply:

- Psychotherapy
- Psychiatry
- Psychology
- Social Work
- Counseling
- Nursing
- Pastoral Counseling
- Dance Therapy
- Marriage and Family Therapy
- Drug and Alcohol Counseling
- Crisis Intervention Counseling
- Rape Crisis Counseling
- Guidance Counseling

For more information on eligibility, contact [admissions@sensorimotor.org](mailto:admissions@sensorimotor.org)

Visit [www.sensorimotor.org](http://www.sensorimotor.org) for exact dates and times.

**Trainers**

**Janina Fisher, PhD**, is the Assistant Educational Director of SPI, an EMDR Approved Consultant, instructor at the Trauma Center, and provides training in trauma-informed care to psychiatric hospitals, addictions recovery centers, and residential programs. Dr. Fisher is past president of the N.E. Society for the Treatment of Trauma and Dissociation and former instructor at Harvard Medical School. The author of numerous articles on trauma treatment, Dr. Fisher lectures internationally on the integration of neuroscience research into clinical practice. For more information visit [www.janinafisher.com](http://www.janinafisher.com).



**Ame Cutler, PhD**, is a psychologist specializing in the field of transgenerational trauma who brings years of experience in a variety of body-oriented modalities to her work with individuals, couples, and groups, as well as both violent offenders and victims of violent crimes. Also certified in the Hakomi Method, she combines interests in somatic psychology, mindfulness, and indigenous wisdom to assist clients suffering the aftermath of relational trauma in building a safer relationship with their own bodies.

**Tuition Information****Tuition:** \$3200 USD**Minimum Deposit:** \$500**Application/Deposit Deadline:** August 17, 2016**Application Fee:** \$25

**Payment Plans:** Interest-free monthly payment plans available; 3, 6, 9, or 12 months. One time fee applies: \$100

**Discounts:**

- Early application; 5%
- Unaffiliated groups of 3-5; 5%
- Unaffiliated groups of 6 or more; 10%
- Affiliated groups of 10 or more employees from the same organization; 20%
- Current graduate (Master's level) students; 5%
- Attendance at a prior SPI sponsored workshop; 5%

**For More Information or to Apply**

[www.sensorimotor.org](http://www.sensorimotor.org)

**Contact**

[admissions@sensorimotor.org](mailto:admissions@sensorimotor.org)  
(303) 447-3290

## GROUPS &amp; WORKSHOPS

**Tackling Anxiety Classes Teens & Adults**

Clients struggling with anxiety? Refer to our 8 week anxiety classes for them to learn fundamental anxiety skills, great CBT methods & get social support. Contact 650-461-9026 info@PaloAltoTherapy.com

**TEEN GIRLS and WOMEN'S GROUPS**

TEEN GIRLS-Friendships, feelings, communication, self-esteem and stress using art and drama. WOMEN- relationships, depression, stress, transitions, and parenting starting September 22. Lori Levitt, MFT #43329. 650-794-4828 [www.lorilevittmft.com](http://www.lorilevittmft.com)

**Process group offered!**

LGBT Adults "Coming Out" Tuesday's 5-6:30pm On-going bi-weekly group, \$40/session, San Jose <http://www.ladonnasilva.com/therapy-services.html> LaDonna Silva, LMFT (408)412-1207

**Choices Thru Reading Literature=CTRL**

An opportunity for powerful transformation. Using fictional stories + group discussion enables clients to take CONTROL of their own stories. Contact: Janice Shapiro, MFT #86051; 408 596-4810; [jlshapiro875@gmail.com](mailto:jlshapiro875@gmail.com).

**Therapy Group**

Long term group, all genders, ages 25 and up. San Mateo, Tuesday's 6:30-8. Please contact us or send along to clients: [bridget@bridgetbertrand.com](mailto:bridget@bridgetbertrand.com) / [aactherapist@gmail.com](mailto:aactherapist@gmail.com). More @ <http://www.bridgetbertrand.com/group>.

## GROUPS &amp; WORKSHOPS

**Menlo Park Men's Groups**

Monday evening Gay/Bi group & mixed sexual orientation group. Men fostering connection, community and growth led by seasoned therapist. Jamie Moran, LCSW, CGP, 415.552.9408, [jammoran@aol.com](mailto:jammoran@aol.com), [www.jamiemoran.com](http://www.jamiemoran.com).

## FOR CLINICIANS

**Got insurance questions?**

Find answers in the newly-updated Navigating the Insurance Maze: The Therapist's Complete Guide to Working With Insurance (2015), by Barbara Griswold. Buy book/claims, view workshop schedule, schedule consultations: [www.theinsurancemaze.com](http://www.theinsurancemaze.com)

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Divorce and Custody issues Co-Parenting Counseling, Reconnection Therapy, Therapeutic Supervised Visitation, Custody Evaluations, Parenting Coordination, high conflict couples, EFT. Websites: StoneMFT.com, MediateCustody.com, DivorcingPeacefully.com. Email: [MFT@StoneMFT.com](mailto:MFT@StoneMFT.com); Tel: 831-600-7665.

**Substance Abuse Treatment**

Office-based medical detox and relapse prevention for substance abuse and co-occurring disorders. Board Certified Addiction Medicine physician with 20 years clinical experience. (408) 374-7600.

**Substance Use and Eating Disorders Referrals**

I have a private practice dedicated to treating Eating and Substance

## FOR CLINICIANS

Use Disorders. I use a weight neutral non-diet approach. I am accepting referrals.

## FOR INTERNS

**PAID INTERNSHIPS AVAILABLE**

Our internships provide: Payment of \$15- \$100/session for clients seen, supervision by 40 year experienced supervisors, training in the concepts and techniques of deep psychotherapy, set your own schedule and commitment. Call Don at 408/234-3305 for appointment interviews.

**MFT Trainee/Internship Opportunities**

Internship Opportunity: Our main office is in Santa Clara. Our internship program supports at-risk youth and children who are in need of social and emotional support. We offer two unique programs and opportunities for counseling individuals, children and couples. We are searching for motivated, enthusiastic interns/trainees who want to make a difference in our community. Internship opportunities Include: Gaining experience with adolescents (at-risk youth), parents, children, psychotherapy, group work, knowledge of school system, community collaboration, resource referral and case management. We are seeking individuals to start their internship immediately. Training is included. A one year commitment is expected, since we work with at-risk youth. In addition to our Teen Dating and Family Violence Intervention program, we have a new program that treats

*continued on p. 17*

FOR **INTERNS**

sexual offender and sexual abuse victims, (SO/SA) which is conducted at Juvenile Hall and at the James Ranch. Concurrent individual and group therapy is provided to incarcerated youth. The majority of these clients are victims recovering from trauma. This population includes working with Commercially Sexually Exploited Children (CSEC). Bilingual Spanish/English preferred. Stipend available for Spanish/English bilingual candidates. Our Clinical Services offers trainees/interns experience treating children, individuals and couples. Peace-It-Together, recently became a Medi-Cal provider and we are in the process of implementing Medi-Cal. Supervision will be provided by licensed MFT's with many years of experience in the field. Applicants must be a MFT trainee or registered MFTI with the BBS, carry malpractice insurance and commit to a one year contract. Positions are available immediately. If you are interested, please submit your resumes.

**JOB OPPORTUNITIES****Thrive is Hiring Licensed Therapist**

Thrive Family Therapy in Saratoga is hiring Part time Licensed Therapist. Visit [www.thrivefamilytherapy.org](http://www.thrivefamilytherapy.org) for more info and how to apply.

**ADDICTION COUNSELOR JOB OPENING!**

The Addictions Counselor's duties will be to guide, educate and counsel youth in addictions and recovery; provide relapse prevention services; ensure that the program is providing adequate treatment. [www.adventgm.org](http://www.adventgm.org)

**OFFICE SPACE****Needed: Office Space**

I am looking for a full time office in a suite of therapists on or before April 30. Prefer Campbell-Los Gatos-West San Jose-Saratoga-Santana Row area. Please contact Joanne Shurter (408) 340-8885, [joanne.shurter@gmail.com](mailto:joanne.shurter@gmail.com).

**Office Space for Rent**

Lovely office to sublet all day Fridays and weekdays after 5:30. Case consultation also available on Thursdays mornings. If interested, phone Karen at (408) 886-7143.

**Office Space**

Office Space available in lovely Los Gatos location. Mondays, Fridays, and Tuesday mornings. Opportunity to get my overflow of clientele. Contact Linda Galdieri 408-399-6443

**Office Space Needed**

My current lease runs out in August. I am looking for a full time unfurnished professional looking office in the South/West San Jose, Los Gatos or Campbell Area. The office must either be on the ground floor or have an elevator. Contact Christine Broderick MFT at 408-912-5262 or [cebroderick@msn.com](mailto:cebroderick@msn.com)

**WEST SAN JOSE OFFICE**

West San Jose office available all day Monday starting June. Available group room, fax/copier, microwave, frig. Great place to start/expand a practice. On Moorpark Ave. near Saratoga. \$160/month. Barbara Griswold at [barbgris@aol.com](mailto:barbgris@aol.com) or 408.985.0846

**Affordable Shared Office Space – San Jose**

Near Pruneyard - 3 rooms - 3 kind/ congenial/flexible therapists - Contact: [nancy@nancyestes.com](mailto:nancy@nancyestes.com) or 408-493-5300.

**OFFICE SPACE****Office for Rent**

Psychotherapy office available May 15. All amenities included, Full time or Tues/Wed/Thursday. Near Santa Row in lovely garden setting. Call for details/photos: Nicole@ 408-680-3811.

**\$600-Psychotherapy Office in Beautiful Rose Garden Area Available July 1**  
Large office in charming older building. Quiet neighborhood just off The Alameda . Priced to keep therapy affordable in our community. Easy access from all major highways. Shared use for therapy OK. Call text .831-419-3969 email: [kacima@cruzio.com](mailto:kacima@cruzio.com)

**Seeking Office Space**

San Jose. Seeking ADA-accessible office, full-time or 2-day sublet, in Rose Garden or Willow Glen area; with sandtray or space for one. Furnished or unfurnished OK. Kaye-Ailsa Rowan, 408-390-3680.

**San Jose/Campbell Office**

Full-time office in 3-office suite is \$950/month and includes furnished waiting-room, shared office equipment and kitchenette, utilities, cleaning service and easy parking. Photos at <http://tinyurl.com/gq95hx4>. Contact Anne Montagna 408-823-8233.

**Palo Alto Office**

Part-time office space available immediately. Join other therapists in suite with four offices. Atrium building, recently renovated. Second floor, bright and cheerful. [PatBlumenthal@yahoo.com](mailto:PatBlumenthal@yahoo.com) or [cleareye@earthlink.net](mailto:cleareye@earthlink.net)



## CHAPTER EVENTS

For more information and to register for events, please visit our website at [www.scv-camft.org](http://www.scv-camft.org).

### JULY

- 1 South Region Newly Licensed Support Group
- 8 South Region Pre-Licensed Support Group
- 9 North Region Newly Licensed Support Group
- 11 North Region Pre-Licensed Support Group
- 15 **Newsletter Submission Deadline**
- 29 **ANNUAL WORKSHOP: Neurobiology and Neuropsychological Aspects of Trauma: Understanding Trauma and Treatment Issues**, Mountain View

### AUGUST

- 6 North Region Newly Licensed Support Group
- 14 North Region Pre-Licensed Support Group
- 12 South Region Pre-Licensed Support Group

### SEPTEMBER

- 23 **MID-REGION CHAPTER LUNCHEON: EMDR Trauma Processing**, Mountain View

### OCTOBER

- 29 **Law and Ethics Workshop: Using the Language of the Law to "Salt and Pepper" Your Treatment Records**, Mountain View

#### Newly Licensed Support Groups

are designed to meet the needs of those just licensed, and up to three years after licensure. You will find support and great ideas, and develop relationships with your peers. Be sure to take advantage of this valuable group and resource as you begin your journey as a licensed therapist.

## FREE NEWLY LICENSED SUPPORT GROUPS

#### North Region Newly Licensed Support Group

This group meets the first Saturday of the month from 10AM - 12PM

Upcoming dates: July 9, August 6

Facilitator: Jamie Moran, LCSW

Location: 661 Live Oak Avenue, Suite One, Menlo Park, CA 94025

RSVP and contact: [Jammoran@aol.com](mailto:Jammoran@aol.com) or 415-552-9408 .

#### South Region Newly Licensed Support Group

This group meets the first Friday of the month from 10AM - 12PM

Upcoming dates: July 1, no August meeting

Facilitators: Michelle Farris, LMFT

Location: San Jose, CA

RSVP and contact: [mft@counselingrecovery.com](mailto:mft@counselingrecovery.com) or 408-800-5736.

## FREE PRE-LICENSED SUPPORT GROUPS

#### Pre-Licensed Support Groups

are designed to support interns. These groups will help you find encouragement and advice from those who have already walked in your shoes on the road to licensure. Be sure to take advantage of this valuable group and resource as you begin your journey towards becoming a licensed therapist.

#### North Region Pre-Licensed Support Group

This group meets the second Sunday of the month from 5PM - 7PM.

Upcoming Dates: July 11, August 14

Facilitators: Bridget Bertand, LMFT and Ari-Asha Castalia, LMFT

Location: 112 West 25th Avenue, #1, San Mateo, CA 94403

RSVP and contact: [bridgetbertrand.com](http://bridgetbertrand.com) or 650-539-HEAL (4325)

#### South Region Pre-Licensed Support Group

This group meets the second Friday of the month from 10AM - 12PM

Upcoming dates: July 8, August 12

Facilitator: Tomilu Stuart, LMFT

Location: 6489 Camden Ave., Suite #103, San Jose, CA 95120

RSVP and contact: [www.tomilustuart.com](http://www.tomilustuart.com) or 408-832-6172

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[president-elect@scv-camft.org](mailto:president-elect@scv-camft.org)



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650-424-0852  
[secretary@scv-camft.org](mailto:secretary@scv-camft.org)



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[cfo@scv-camft.org](mailto:cfo@scv-camft.org)

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[ethics@scv-camft.org](mailto:ethics@scv-camft.org)



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[programs@scv-camft.org](mailto:programs@scv-camft.org)



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Director of Pre-Licensed and Newly Licensed Support Groups  
650-295-0919  
[support-groups@scv-camft.org](mailto:support-groups@scv-camft.org)



**Kim Panelo, LMFT**  
Director of Special Events  
408-579-9487  
[events@scv-camft.org](mailto:events@scv-camft.org)



**Chandra Rai, MFTI**  
Director of Membership  
408-475-2311  
[membership@scv-camft.org](mailto:membership@scv-camft.org)



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650-315-7207  
[communications@scv-camft.org](mailto:communications@scv-camft.org)



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[ceu@scv-camft.org](mailto:ceu@scv-camft.org)

## Chapter Coordinator

Nancy Orr  
[mail@scv-camft.org](mailto:mail@scv-camft.org)

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Debra D. Rojas, LMFT  
[president@scv-camft.org](mailto:president@scv-camft.org)  
Mary Deger Seevers, LMFT  
[seeversmd@aol.com](mailto:seeversmd@aol.com)

## Committee Chairpersons

**Mid-Region Luncheons:**  
Soad Tabrizi, LMFT  
650-396-7116  
[soad@soadtabrizi.com](mailto:soad@soadtabrizi.com)  
**South Region Luncheons Co-chairs:**  
Verna L. Nelson, LMFT  
408-379-7747  
Carol Marks, LMFT  
408-249-8047  
**Innovative Programs:**  
Dana Backstrom, LMFT  
650-257-5000  
[dana@counselingtoyou.com](mailto:dana@counselingtoyou.com)

## Useful Contact Information

**CAMFT**  
7901 Raytheon Rd, San Diego, CA, 92111  
Phone: 858-292-2638  
Email: [InfoCenter@camft.org](mailto:InfoCenter@camft.org)  
Website: [www.camft.org](http://www.camft.org)  
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Phone: 916-574-7830  
Email: [bbswebmaster@bbs.ca.gov](mailto:bbswebmaster@bbs.ca.gov)  
Website: [www.bbs.ca.gov](http://www.bbs.ca.gov)  
**American Red Cross Silicon Valley**  
2731 N. 1st St., San Jose, CA, 95134  
Phone: 877-727-6771  
Website: [www.redcross.org](http://www.redcross.org)

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Newsletter deadline for the Sept/Oct 2016 issue is August 15. All articles and advertisements must be submitted either via e-mail to [mail@scv-camft.org](mailto:mail@scv-camft.org) or via the chapter's website at [www.scv-camft.org](http://www.scv-camft.org). Articles and announcements must be submitted typed and double-spaced. We reserve the right to edit all articles. Opinions expressed are those of the authors and do not necessarily represent views of SCV-CAMFT. Article guidelines are available online. Advertising guidelines are available online.



## Santa Clara Valley Chapter

CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS

### SCV-CAMFT News

Attention: Editor

P.O. Box 60814

Palo Alto, CA 94306

[www.scv-camft.org](http://www.scv-camft.org)

**Serving San Mateo and Santa Clara Counties  
Creating a Community and Culture of Connection**

### Mid-Region Chapter Luncheon

**Friday, September 23**

11:15 AM – 1:30 PM

#### ***EMDR Trauma Processing***

Presented by  
Philip Manfield, Ph.D., LMFT  
(1.5 CEU hrs., PCE 1134)

Michael's at Shoreline  
2969 N. Shoreline Blvd.  
Mountain View, CA

## CHAPTER EVENTS

### Law and Ethics Workshop

**Friday, October 21**

9AM – 4PM

#### ***Using the Language of the Law to "Salt and Pepper" Your Treatment Records***

Presented by  
Dave Jensen, J.D.  
(6 CEU hrs., PCE 1134)

Michael's at Shoreline  
2969 N. Shoreline Blvd.  
Mountain View, CA

**RESERVATIONS:** Go to our website, [www.scv-camft.org](http://www.scv-camft.org), and visit our Events page. You can pay with credit card, paypal, or check. Send your check, payable to SCV-CAMFT, to SCV-CAMFT, P.O. Box 60814, Palo Alto, CA 94306. Payment must be received by the Monday before the event. Reservations will be held until noon. "Walk-in" registration is available if there is seating, but lunch is not guaranteed without a reservation. Telephone reservations cannot be accepted. Please visit our website at [www.scv-camft.org](http://www.scv-camft.org) to review CEU information and our cancellation policy.