



Santa Clara Valley Chapter
California Association of Marriage
and Family Therapists

SCV-CAMFT NEWS

Serving San Mateo and Santa Clara Counties

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PRESIDENT'S MESSAGE

*By Jacqui Gerritsen, Licensed Marriage and Family Therapist
President of The Santa Clara Valley Chapter of The California
Association of Marriage and Family Therapists (SCV-CAMFT)*

Happy Summer! I hope you are all taking time for yourselves and doing some self care before things pick back up in the fall. Personally, I took some time and went to Alaska, which I highly recommend. It is very quiet and tranquil there. The glaciers, mountains, and wildlife are majestic and awe-inspiring. Alaska really is the last wild, untamed part of this country. Because it is untamed, risks from the environment are very different than here. The tour guides have good advice like "if you don't want to get eaten by a bear, don't go where there are bears." Which made me chuckle, but got me thinking about my personal safety in other areas, like my office.

I have been in this field since 2001 and have had to call 911 for an issue in the office twice in my career, both within the last 4 months. The first was an insurance referral, where the client neglected to tell me during the intake phone interview she was bringing an adult child in the middle of a psychotic break. Within 15 seconds of walking in, he attempted to get physical, started to rage and began swearing and screaming. He ultimately vandalized the office by violently breaking the window in the door. I was quite shaken by this but

kept it together until the landlord, having seen the man acting erratically, came to check and make sure we were all ok.

The second was an aggressive process server attempting to serve a subpoena to an officemate who wasn't in the office at the time. He refused to leave after being asked multiple times, and began opening the doors of treatment rooms with other therapists already in session. The officers showed up and escorted him out of the building.

After the first incident we, as an office, reviewed safety procedures with the Palo Alto Police and made changes they recommended. The first is a fingerprint/code lock which was installed on the office door that automatically locks every time someone goes thru. The second, we have air horns and pepper spray in each room. We also have our cell phones in session so we have a way to call for help if needed. Third, we will be installing a closed circuit camera so we can see directly from the office into the waiting room.

Have you thought about how safe you are in your office? What safety procedures do you have in place? Do you have an exit strategy for the unlikely event that a psychotic person

TABLE of CONTENTS

President's Message	1
Luncheon Review	2 - 3
Group Therapy	4 - 5
Newly Licensed Members	6
New CFO Search	6
Profile Reminder	6
Law and Ethics Workshop	7
Mid-Region Luncheon	8
South Region Luncheon	9
Advertising and Prices	10
Get Published	10
Display Ads	11
Chapter Events Calendar	12
Support Groups	12
Board of Directors	13
Contact Information	13

shows up at your office? I don't mean to frighten you with my stories. Just like insurance, it's better to have it and not need it than need it and not have it. And I know we all have insurance.



Luncheon Review: *Ignite Creativity, Wonder, and Well-Being*

by Julie Norton, LMFT

Julie Norton, LMFT presented at the SCV-CAMFT chapter luncheon on Feb. 23 at Michael's at Shoreline.

Cultivating Creativity to Promote Health and Well-Being: Integrating research and practice of evidence-based psychotherapy and Person-Centered Expressive Arts (PCEA) for healing and social change.

Recognizing, understanding and regulating emotions is complicated, which may be a part of why therapists are in demand. As therapists, we have skills to help clients sort through the difficulties and challenges of life in order to create opportunities for meaningful change, improved clarity, insight, and relationships.

Person-Centered Expressive Art combines the creative process and psychology to promote emotional growth and healing. Therapists can use our inborn desire to create as therapeutic support to help initiate change, nurture well-being, and foster transformation.

On Feb 23, 2018, The Santa Clara Valley Chapter of the California Association of Marriage and Family Therapists (SCV-CAMFT) invited me to facilitate a participatory professional engagement presentation, entitled "Ignite Creativity, Wonder, and Well-Being." The presentation offered an opportunity to explore our relationship with creativity to serve as a pathway to deep work with clients.

Creativity can be used for enriching a wellness practice, and creative expression can have many benefits for youth and adults alike. Creativity is

highly connected to emotion. Active participation in art activities is one of the best ways to achieve benefits (Bolwerk et. al, 2014). Participants in this introductory Person-Centered Expressive Arts presentation were encouraged to reflect on their own well-being and their relationship to creativity, as well as that of their clients.

Creativity is a process that involves mental agility and cognitive resourcing. In order to increase creativity, research indicates that we need to tend to our well-being. Some

In order to increase creativity, research indicates that we need to tend to our well-being.

examples are reducing the overload on working memory and lessening over-stimulation.

Participants who attended this presentation-explored ways that awe, wonder, and well-being can be modeled and applied. Each clinician had a chance to apply a multi-modal approach that included elements such as sounding, visual arts, writing, movement, and other forms of expression. According to Myers and Sweeny, "Wellness refers to the integration of mind, body, and spirit into healthy balance." In the session, participants explored what wellness and well-being meant to them and their clients.



Drawing can improve moods, reduce stress, and help regulate emotion by serving as a distractor (Drake & Winner, 2012; Stuckey & Nobel, 2010). People who report feeling happy and active are more likely to engage creatively (Silvia et. al, 2014).

One of the concepts and practices explored in the presentation was that of wonder. Wonder and awe are most likely to occur in places that have two key features: physical vastness and novelty. To experience a moment of awe, take a look at this resource provided by Greater Good in Action: Science-based Practices for a Meaningful Life. https://ggia.berkeley.edu/practice/awe_video This video was shared in the session and one participant said, "I loved the video clip! It was inspiring and very good priming for creativity, awe, and well-being. I was in awe, so it was then easy to draw, use colors, shapes, etc."

The person-centered approach offers qualities of empathy, openness, honesty and congruence as a foundational basis for creating safety and building trust in groups.

continued on p. 3

Luncheon Review cont. from pg. 2

Person-Centered Expressive Arts Guidelines

Natalie Rogers, Ph.D. (2011). *The Creative Connection for Groups: Person-Centered Expressive Arts for Healing and Social Change*. Palo Alto, CA: Science and Behavior.

1. Be aware of your feelings as a source for creative expression.
2. There is no right or wrong way to do art. We create art to discover our inner essence.
3. Be aware of your own body, and take care of yourself.
4. Instructions are always suggestions. You have the option not to do them. Be your own boss here.
5. These experiences stir up many feelings. You may need to cry or let out loud sounds, which can be very helpful.
6. If you choose to observe, notice group dynamics or enjoy the experience vicariously. Please do not judge others.
7. The events in this session/program should be kept confidential. You may discuss the events with others outside of the group without attaching any personal names to those events. Thank you for keeping our trust.

Carl Rogers was known for his belief, "Experience is, for me, the highest authority." Some feedback from participants who attended the presentation were:

"Great reminder to use our creativity and help our clients."

"Sometimes we need to re-learn how to breathe. Inspiring and a breath of fresh air!!"

"Enriching, inspiring, connecting."

"Great reminder for me to use the arts for myself, not just my clients. Loved it!"

"Thanks, Julie! It was fun, informative, and refreshing. Well done!"

"Crayons + stickers + pastels, oh my! Thanks for this opportunity to play and connect with myself and with others."

Natalie Rogers, the pioneer of PCEA said, "It is difficult to convey in words the depth and power of the expressive arts process. Really, you must taste it to understand it." My



desire was for local therapists to get a nourishing morsel.

The SCV-CAMFT presentation was popular and Santa Cruz therapists have asked me to do an encore presentation.

Julie Norton is a licensed marriage and family therapist (MFC53057) and relationship specialist, trained to assess, diagnose, and treat individuals, couples, children, families, and groups to achieve more satisfying and productive lives. Julie presents nationally on resilience, social and emotional learning, and grief. She specializes in a person-centered expressive arts, humanistic and strengths-based approach. Find out more: www.nortonmft.com.

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Note: portions of this article are adapted from a short piece on ACES by Kim Gulbrandson, Ph.D. and the research referenced is from <https://the-psychologist.bps.org.uk/volume-24/edition-7/how-rudeness-takes-its-toll>

If you would like more information contact Julie at (831) 471-7833



Individual vs. Group Psychotherapy: How is the Therapeutic Process Different?

by Nancy Wesson, LMFT, CGP

Nancy Wesson, Ph.D. is the founder of the Center for the Study of Group Psychotherapy (CSGP.org), a nonprofit group therapy training center.

Individual and group psychotherapy are both considered effective and highly therapeutic forms of psychotherapy. However there are differences in how the therapeutic process works in the two modalities of psychotherapy. In this article individual psychotherapy will be defined as the one-on-one therapeutic process between a client and an individual psychotherapist. Group psychotherapy will refer to psychotherapy within a group with several clients meeting at the same time. There is a special emphasis in this article on interpersonal group psychotherapy as defined by Dr. Irvin Yalom.

- Different therapeutic alliance: in individual psychotherapy the therapeutic alliance is between a client and a psychotherapist. In group psychotherapy the therapeutic alliance is with the group.
- Individual psychotherapy is a one-on-one therapeutic relationship with a psychotherapist. The group psychotherapist has a different role in the therapeutic process. The group psychotherapist leads a group comprised of several clients

through the therapeutic process.

- Different therapeutic factors (components of the change process) are at work in individual and group psychotherapy.
- Unlike individual psychotherapy, group psychotherapy is a team approach.



as the emotional bond held by each group member for the other group members and the group psychotherapist.

Different role of the psychotherapist

The individual psychotherapist's role is to provide a one-on-one protected therapeutic relationship with a client. In contrast, the role of the group psychotherapist is quite different. The group psychotherapist leads several clients (peer group members) in an exploration of relationship issues and maintains the group process.

In individual psychotherapy, the focus is on the individual client and resolution of their psycho-

Different Therapeutic Alliance

There is considerable clinical evidence which links therapeutic alliance (engagement in a therapeutic bond) with psychotherapy outcome. Individual psychotherapy is a place for clients to work through psychological issues within the context of a one-on-one therapeutic alliance. In group psychotherapy, the therapeutic alliance is with the group comprised of peer group members and the group psychotherapist. The group psychotherapy alliance can be understood

logical issues through the therapeutic process. The therapeutic change process in group psychotherapy is different. In group psychotherapy peer group members interact with each other and interpersonal skills are learned through several different peer relationships. The group members and group psychotherapist observe interactions as they take place within the group and provide feedback. This is a very different change process than in the one-on-one relationship of individual psychotherapy.

[continued on p. 5](#)

Group Therapy cont. from pg. 4

Different therapeutic factors are at work in individual and group psychotherapy

There are different factors that reflect different processes in individual and group treatment. The factors of insight and problem solving are more important to the process of individual psychotherapy. The therapeutic factors of altruism, interpersonal skill building, and group cohesiveness are emphasized more in group psychotherapy. This is a substantially different therapeutic process involving different therapeutic factors than individual psychotherapy.

Unlike individual psychotherapy, group psychotherapy is a team approach

Relationships between group members and the therapeutic bond between them are the most important aspects of the group therapeutic process. In group psychotherapy, members experience in-vivo closeness with each other, learn to trust each other, and develop a "team" approach which entails the development of an active cohesive group. In group psychotherapy clients become part of a community which is like a healthy family and clients have the opportunity to experience multiple positive and healthy relationships. This is known as the "corrective emotional experience."

For many of our clients, relationships have been painful and difficult. As psychotherapists we work with our clients to improve the relationships in their lives. According to interpersonal theory, in group psychotherapy a

client demonstrates the very interpersonal behavior which is causing problems in his/her relationships. This dysfunctional relationship behavior creates feeling reactions in other group members and is described and reflected back to the client through feedback. Clients become aware of their unhealthy interpersonal behavior

Involvement and engagement in healthy relationships with peer group members is an important aspect of the therapeutic process in group psychotherapy...

client through the eyes of peer group members and how this behavior interferes with closeness and support. They then have the opportunity to develop healthy interpersonal skills and practice these skills within the group. Clients learn how to develop meaningful and close relationships through this process.

Conclusion

The healing power of psychotherapy exists in individual and group psychotherapy. Involvement and engagement in healthy relationships with peer group members is an important aspect of the therapeutic process in group psychotherapy, which is different than the one-on-one therapeutic process of individual psychotherapy. In both forms of psychotherapy clients learn about the "work" and "joy" of relationships which have honesty and emotional depth.

Nancy Wesson, Ph.D., CGP, is a licensed psychologist and Certified Group Psychotherapist (CGP). She is the founder of the Center for the Study of Group Psychotherapy (CSGP.org), a nonprofit group psychotherapy training center which offers group psychotherapy training courses. Dr. Wesson has studied group psychotherapy for 30 years. She has been trained by Dr. Irvin Yalom, M.D. and the American Group Psychotherapy Association. She has led two weekly psychotherapy groups for 27 years. CSGP.org DrNWesson@CSGP.org.

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CONGRATULATIONS TO OUR NEWLY LICENSED MEMBERS!



Jessica Rosoff, LMFT

After earning my license in November 2017, I have continued my work at Hospice of the Valley in San Jose. As a Bereavement Counselor and Children's Program Facilitator, I work with clients of all ages coping with grief, loss, and trauma. I owe a debt of gratitude to my supervisors, Laura Larson LCSW, Kristina Swanson LMFT, and Brad Leary LCSW, for all their support and guidance. I hope to continue working in bereavement and start a private practice in the future.



Rebecca Geshuri, LMFT

Thanks for the opportunity to introduce myself officially to the community. I passed the CCE in July and have the privilege to continue working at a group private practice called Family Tree Wellness in Los Gatos, where we all have a passion for working with women, their partners and families during the transition into parenthood. This includes adjustment issues as well as postpartum mood disorders and infertility.

Personally, I have a particular interest in perinatal grief and loss and find this raw time ripe with opportunity and richness. We are also committed to education and offer a variety of workshops and groups to help families prepare for what may be ahead. This has been a long journey to get here, but I am so grateful to be doing the "work" that feels more like a "calling." Special thanks to all my supervisors, teachers and especially my family and JFKU Holistic cohort-mates for your unending support! For more info: <https://www.familytreewellness.org/rebecca>.

Annette Boken, LMFT

Wendy Aoki, LMFT

Karla Brown, LMFT

Barbara Niepelt, LMFT

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Join a fun, dynamic team whose vision is to change the lives of therapists and those in our communities. The CFO is a vital posi-

tion for ensuring the future of our chapter and providing guidance and insight into all aspects of our chapter's activities. More info at mail@scv-camft.org



A Friendly Reminder

Keep your profile up-to-date! Log in and click your name at the top of the page to check your online profile for accuracy. This information is available to the public in the *Therapist Finder*, so it is important that everything is up to date!

6 CEUs
CEP 052466

LAW AND ETHICS WORKSHOP



The Psychotherapist as the Creator of Outcomes

Presented by Dave Jensen, JD

David Jensen, J.D., will stress the importance of the psychotherapist's role as a creator of legal and ethical outcomes, whether for good or for ill. In particular, he will instruct attendees on the ten fundamentals of practicing legally, ethically, safely, and confidently. This course will also cover the important subjects of patients who are dangerous to third parties, and provide attendees with an overview of the BBS administrative hearing process.

Learning Objectives

- Identify the ten fundamentals of practicing legally, ethically, safely, and most important confidently.
- List three differences between the duty to warn, the duty to protect, and the duty to report.
- Describe three aspects of a clinician's credibility as a psychotherapist.
- List four hallmarks of thorough Tarasoff evaluation.

About the Presenter

Dave Jensen, JD has been a staff attorney with CAMFT since April 2002. As an attorney with CAMFT, he consults with its members regarding their legal and ethical dilemmas, and he is a regular contributor to *The Therapist* magazine. Dave gives numerous law and ethics presentations to chapters, schools, and agencies, which have helped therapists to better understand their legal and ethical obligations.

The event includes a hot breakfast buffet, a buffet luncheon, afternoon warm cookies, drinks, and 6 CEUs. Our venue, Michael's at Shoreline offers a spacious meeting room and outdoor patio for breaks and meals. Please join us!

8:30 am check-in and breakfast with the presentation starting at 9:00 am.
Walk-in attendees, please arrive early to complete your registration and payment.

Friday, Sept. 14, 2018

9:00 AM – 4:00 PM (Breakfast/check-in 8:30AM)

Place: Michael's at Shoreline, 2960 North Shoreline Blvd., Mountain View, CA 94043

Menu: Buffet Breakfast and Lunch Buffet

MEMBER REGISTRATION

Regular - \$140

Late - \$170

NON-MEMBER REGISTRATION

Regular - \$165

Late - \$195

Meals are not guaranteed for walk-ins, but is available on a first-come, first-served basis. SCV-CAMFT is a CAMFT-approved Continuing Education Provider (052466). This course meets the qualifications for 6 hours of continuing education credit for LMFTs, LPCCs, LEPs and/or LCSWs. Please visit our website at www.scv-camft.org for CEU information, our cancellation policy, accommodations for disability, and our grievance policy.

1.5 CEUs Available
CEP 052466

MID-REGION LUNCHEON



How to Stop Your Teens From Becoming Sleep-deprived, Irritable Messes

Presented by Jacob Towery, MD

We know intellectually that sleep is important for our clients, particularly teens. To be precise, there are exactly 1 quadrillion studies on the importance of sleep for clients with depression, anxiety, bipolar disorder, personality disorders, and irritability (which is all teenagers). Yet how many of us struggle to get our clients to actually get enough sleep consistently?

The goal of this program is to empower you to consistently get all your teen (and adult) clients to get adequate rest. We will start with addressing all the wonderful reasons to stay up late and remain on our screens. Then, we will celebrate the many awesome things about letting clients do what they want and not holding them accountable.

Next, for those who wish to be firm on making sure their clients get enough rest, we will walk through the actual method of an “Electronics-ectomy.” We will explore what to do if clients fail to follow through and how to get parents to pick up the slack. Finally, we will troubleshoot what can go wrong and answer questions about how to actually get all your clients sleeping adequately.

Learning Objectives:

At the end of this presentation, you will be able to:

- List several reasons why sleep is important for teens
- Summarize a method to ensure your clients get enough sleep

About the Presenter:

Jacob Towery, MD is an adolescent and adult psychiatrist in private practice in Palo Alto, CA. He is a therapist disguised as a psychiatrist. He serves as an adjunct clinical faculty at Stanford University. He is the author of *The Anti-Depressant Book: A Practical Guide for Teens and Young Adults to Overcome Depression and Stay Healthy*. He is the narrator of the audiobook for this title, released in 2018. He enjoys seeing clients, meditating, traveling, voraciously reading fantasy novels, scuba diving, snowboarding, spending quality time with the humans in his life, and long lists. More information can be found at jacobtowerymd.com.

Friday, September 28, 2018

11:15 AM – 1:30PM (talk begins at 12PM)

Place: Michael's at Shoreline, 2960 North Shoreline Blvd., Mountain View, CA 94043

Menu: Buffet Lunch

LUNCHEON FEES

PRE-REGISTRATION

(ends Sept. 24)

Members - \$27

Non-members - \$33

1.5 CEUs - \$7

LATE REGISTRATION/ WALK-IN

Members - \$33

Non-members - \$40

1.5 CEUs - \$7

Meals are not guaranteed for walk-ins, but is available on a first-come, first-served basis. SCV-CAMFT is a CAMFT-approved Continuing Education Provider (052466). This course meets the qualifications for 1.5 hours of continuing education credit for LMFTs, LPCCs, LEPs and/or LCSWs. Please visit our website at www.scv-camft.org for CEU information, our cancellation policy, accommodations for disability, and our grievance policy.

1.5 CEUs Available
CEP 052466

SOUTH REGION LUNCHEON



Domestic Violence: Beyond Power and Control

Presented by Richard Ferry, LMFT

This presentation will provide a contemporary view of domestic violence to the SCV-CAMFT community. The purpose is to help attendees recognize the many subtle and overt forms that domestic violence takes, and to recognize and understand the underlying, internal processes of domestic violence perpetrators and victims. Common misconceptions will be dispelled. The presentation will address the deficits in ego functioning among perpetrators. It will also address the effects of the perpetrator's repeated forceful efforts to subvert the victim's autonomy and to invade and contaminate their thought processes. The effects on children in these families will be briefly discussed.

The presentation will explore the dissimilar processes of recovery for perpetrators and victims. Risks and dangers will be discussed. Recommendations for appropriate treatment of this high-risk population will be offered. Assuming the attendees have a general familiarity with this issue, the presentation will move quickly and not devote much time to incidence or demographic statistics.

Learning Objectives:

At the end of this presentation, you will be able to:

- Name four commonly held mistaken beliefs about this population;
- Identify two defense mechanisms used for different purposes by both perpetrators and victims of domestic violence;
- Identify the three unconscious affects that drive much of perpetrator violence;
- Describe one appropriate treatment method and one inappropriate treatment method for this population;
- List two ways well-intentioned therapists can inadvertently exacerbate danger.

About the Presenter:

Since 1981, Richard Ferry, MS, LMFT has provided psychotherapy to hundreds of domestic violence perpetrators and victims, and since 1992 provided expert witness assessments and testimonies in more than 150 criminal or family law cases. He completed his Master of Science in Clinical Psychology at San Jose State in 1978 and was licensed in 1979. From 1977 to 1981, he did crisis intervention with teenagers and families in East San Jose for the Alum Rock Counseling Center. In 1981, he was hired by the Mid-Peninsula Support Network to implement their Men's Counseling Program and worked there until going into private practice in 1984. He also provides treatment to adults who were battered, neglected or molested during childhood, and to men struggling with a wide range of issues.

Friday, October 26, 2018

11:15 AM – 1:30PM (talk begins at 12PM)

Place: Los Gatos Lodge, 50 Los Gatos/
Saratoga Rd, Los Gatos, CA

Menu: Buffet Lunch

LUNCHEON FEES

PRE-REGISTRATION

(ends Oct. 22)
Members - \$27
Non-members - \$33
1.5 CEUs - \$7

LATE REGISTRATION/ WALK-IN

Members - \$33
Non-members - \$40
1.5 CEUs - \$7

Meals are not guaranteed for walk-ins, but is available on a first-come, first-served basis. SCV-CAMFT is a CAMFT-approved Continuing Education Provider (052466). This course meets the qualifications for 1.5 hours of continuing education credit for LMFTs, LPCCs, LEPs and/or LCSWs. Please visit our website at www.scv-camft.org for CEU information, our cancellation policy, accommodations for disability, and our grievance policy.

Advertising Opportunities and Rates



ALL MEMBERS: FREE online classified ads!

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Details, advertising policies, and non-member pricing are found at our website. Member advertising pricing is listed below:

Web Ad
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Quarter Page - \$150
Half Page - \$250
Full Page - \$400

Email Blast
One Email - \$150

If you have questions you can contact the chapter coordinator at mail@scv-camft.org.

Get Published!

Now is your chance to get published and share your thoughts with your fellow therapists. You all have a unique experience that could become an article, a movie or book review, or a review of an SCV-CAMFT event.

Editorial committee members are available to discuss ideas with you and answer questions. Their contact information is listed on [page 13](#).



Adult and Young Adult Psychotherapy Groups

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CHAPTER EVENTS

For more information and to register for events, please visit our website at www.scv-camft.org.

SEPT

- 1 North Region Newly Licensed Support Group
- 7 South Region Pre-Licensed Support Group
- 8 North Region Pre-Licensed Support Group
- 14 South Region Newly Licensed Support Group
- 14 **Law and Ethics Workshop, *The Psychotherapist as the Creator of Outcomes***, Mountain View
- 28 **Mid-Region Luncheon, *How to Stop Your Teens From Being Sleep-deprived, Irritable Messes***, Mountain View

OCT

- 5 South Region Pre-Licensed Support Group
- 6 North Region Newly Licensed Support Group
- 6 North Region Pre-Licensed Support Group
- 12 South Region Newly Licensed Support Group
- 26 **South Region Luncheon, *Domestic Violence: Beyond Power and Control***, Los Gatos

NOV

- 3 **Annual Member Celebration and Brunch**, Michael's at Shoreline, Mountain View

Newly Licensed Support Groups

are designed to meet the needs of those just licensed, and up to three years after licensure. You will find support and great ideas, and develop relationships with your peers. Be sure to take advantage of this valuable group and resource as you begin your journey as a licensed therapist.

FREE NEWLY LICENSED SUPPORT GROUPS

North Region Newly Licensed Support Group

This group typically meets the first Saturday of the month from 10AM - 12PM
Upcoming dates: Sept. 1, Oct. 6

Facilitator: Jamie Moran, LCSW

Location: 661 Live Oak Avenue, Suite One, Menlo Park, CA 94025

RSVP and contact: jammoran@aol.com or 415-552-9408

South Region Newly Licensed Support Group

This group meets the second Friday of the month from 10AM - 12PM
Upcoming dates: Sept. 14, Oct. 12

Facilitator: Tomilu Stuart, LMFT

Location: 6489 Camden Ave., Suite #103, San Jose, CA 95120

RSVP and contact: tomilu@sbcglobal.net or 408-832-6172

Pre-Licensed Support Groups

are designed to support interns. These groups will help you find encouragement and advice from those who have already walked in your shoes on the road to licensure. Be sure to take advantage of this valuable group and resource as you begin your journey towards becoming a licensed therapist.

FREE PRE-LICENSED SUPPORT GROUPS

North Region Pre-Licensed Support Group

This group typically meets the first Saturday of the month from 11AM - 1PM
Upcoming Dates: Sept. 8, Oct. 6

Facilitator: Jim Arjani, LMFT

Location: 2680 Bayshore Parkway, Suite 106, Mountain View, CA 94043

RSVP and contact: jimarjani@yahoo.com or 650-540-0102

South Region Pre-Licensed Support Group

This group meets the first Friday of the month from 11AM - 1PM
Upcoming dates: Sept. 7, Oct. 5

Facilitator: Renee Cordobes, LMFT

Location: 1930 Camden Avenue, Suite 2C, San Jose, CA 95124

RSVP and contact: reneecmft@gmail.com or 408-412-3901

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SCV-CAMFT News

Attention: Editor

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Palo Alto, CA 94306

www.scv-camft.org

**Serving San Mateo and Santa Clara Counties
Creating a Community and Culture of Connection**

Mid-Region Luncheon

Friday, Sept. 28

11:15AM – 1:30PM

***How to Stop Your Teens
From Being Sleep-deprived,
Irritable Messes***

Presented by
Jacob Towery, MD

Michael's at Shoreline
2969 N. Shoreline Blvd.
Mountain View, CA

Chapter Events

Friday, Sept. 14

9:00AM - 4:00PM

***Law and Ethics Workshop:
The Psychotherapist as
the Creator of Outcomes***

presented by
Dave Jensen, JD

Michael's at Shoreline
Mountain View, CA

South Region Luncheon

Friday, Oct. 26

11:15AM – 1:30PM

***Domestic Violence:
Beyond Power and Control***

Presented by
Richard Ferry, LMFT

Los Gatos Lodge
50 Los Gatos/Saratoga Blvd
Los Gatos, CA

RESERVATIONS: Go to our website, www.scv-camft.org, and visit our Events page. You can pay with credit card, paypal, or check. Send your check, payable to SCV-CAMFT, to SCV-CAMFT, P.O. Box 60814, Palo Alto, CA 94306. Payment must be received by the Monday before the event. Luncheon reservations will be held until noon. "Walk-in" registration is available if there is seating, but a meal is not guaranteed without a reservation. Telephone reservations cannot be accepted. Please visit our website at www.scv-camft.org for registration details, CEU information, auditing information, cancellation policy, grievance policy, accommodation for disabilities, and additional information.