



Santa Clara Valley Chapter
of The California Association of
Marriage and Family Therapy

SCV-CAMFT News

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President's Column

by **Debra Rojas, LMFT, President, SCV-CAMFT**



Debra Rojas, LMFT

Happy New Year! I'm writing this the day after our 2014 annual meeting. The annual meeting was a festive event with great food, music, and extended time to network with colleagues.

It was a privilege to introduce the 2015 board of directors. I introduced the re-branding project the board worked on throughout 2014, and unveiled our new logo. As

board members distributed a mug and other small gifts featuring our new logo to each member, the room exploded with excitement. There was lively conversation and everyone was enthusiastic about the chapter's new look. As I watched and listened, I realized we are truly united as a community. Feedback was very positive and the evening was filled with energy and enthusiasm.

It was one year ago when Kate Viret and I went to the chapter's storage unit in search of some corporate records. The unit was messy and lacked organization. As we sorted through the clutter and organized the records, we discovered boxes containing newsletters dating back to January 1981. I took them home, sorted, and filed them in chronological order.

Once the newsletters were organized, I just couldn't help

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Our 2015 Board of Directors



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Mentor Program Relaunch

By Catherine Rodriguez, LMFT, Mentor Program Chair

*Tell me and I forget, teach me and I may remember,
involve me and I learn.*
- Benjamin Franklin

Most of us would admit that having some extra support as we traverse our professional path is a helpful advantage. To that end, one of the benefits of SCV-CAMFT membership is the Mentor Program.

Mentoring is a semi-formal relationship between an individual who desires support and a more experienced clinician who can provide guidance and wisdom. It is semi-formal in the sense that it has defined parameters for engagement. It has a beginning, middle, and end. It entails a commitment of time and energy over a six-month period. Participants commit to mutually agreed-upon ground rules such as confidentiality, respect, and keeping commitments. As is fitting to the profession, mentoring can develop into a very rewarding and potentially long-lasting relationship.

Although it may provide support around the following topics, mentoring is *not* the provision of supervision, case consultation, or therapy. It is also not an opportunity for doing business together or engaging in a private practice internship.

In an MFT career, there are many possible opportunities to benefit from mentoring. As a student in practicum, entering the profession can be very uncertain. During the internship period, new questions emerge, such as whether to work in an agency or in private practice, or both, how to best prepare for the exam process, and what to do once licensed.

There are other transition points, as well, where mentoring can be helpful. You may be moving from agency work to private practice (or visa versa). You may want to learn more about a particular theoretical orientation or clinical topic. Larger issues such as defining your professional identity, incorporating more creativity into the work, or working on developing your strengths and growth areas can also be addressed. These topics and more provide great opportunities to learn from someone who is further along on the path.

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So, what do you need to do to participate in the Mentor Program? The SCV-CAMFT website will soon include links to the Mentor Program. There will be program guidelines, a profile to complete, and brief articles and videos on how to make the most of your mentoring experience.

Here is how it works. Once a profile is submitted, the mentee reviews the list of current mentors and selects a few individuals who match their interests and goals. The mentee makes contact with potential mentors and interviews them briefly to determine who is the best match. Once the engagement is agreed upon, each person signs the mentor program engagement agreement, so the chapter can keep track of participation in the program. From there, meetings are set up between the mentor and mentee, and the process is on its way.

We hope that many members will take advantage of this valuable program. Mentoring benefits both mentor and mentee. It is a powerful tool that can help to develop contacts, confidence, competence, and clarity in the MFT journey.

Watch the newsletter and website for more information!





Edna Wallace

Community Focus

Edna Wallace, MA, MFT, LPCC, CGP

Pam Eaken, Interviewer

We are pleased to focus our community lens on Edna Wallace this issue. You may recognize Edna if you've attended the mid-region luncheon program—she is on the luncheon committee. We learn more about Edna in this interview, and about the breadth of her work in the community.

Interviewer: Who do you admire most as a teacher in the therapy world?

Edna: I loved my first supervisor, Carol Bellone, MFT, at the YWCA where I worked during my practicum year. What I loved was her compassion for the interns, her gentle wisdom and guidance, and her humor. She accepted me—doubts, warts and all—and the message she conveyed throughout that practicum experience was that nothing I did in session had been explicitly “wrong” (whereas I definitely felt like everything I did in the room was wrong). Carol just gently and kindly redirected me. She listened closely, she supported me, and then thankfully, her guidance was toward pertinent interventions “that might have worked better.” Or, she’d suggest trying x,y,z, or maybe seeing what was happening through these lenses rather than those less helpful ones. Everything was offered with a huge vat of kindness. Years later, after I was licensed, I sought her out as my professional consultant for a number of years. I also currently work at an Intensive Outpatient Program (IOP) at El Camino Hospital with Kathy Taylor, RN, MFT, who, at age 69, has more energy and dedication to her vocation than almost anyone else I know. Kathy has a full private practice in addition to her part-time employment at El Camino Hospital. She consistently approaches her work with loyalty, commitment, a tough realism borne of her decades of experience, unending compassion for whatever comes up in the room, and one huge heart. She’s been one of my foremost teachers in our seven years of close collegiality and teamwork.

Interviewer: What was your most difficult challenge with a client?

Edna: My most difficult challenge with a client (let’s call this blended case “John”) was becoming aware of and then addressing boundary and limit-testing around the therapy process itself—that is, John’s unconscious acting

out against the therapy frame. The painful content that John was sharing with me in sessions was totally bearable; what wasn’t bearable were the diverse ways in which John acted out (in terms of time demands, outside-session contact and emails, splitting, etc.). I was swept up in a projective identification process reflecting the abuse cycle he had been in—only the tables were turned, and I was being “perped” in ways that I wasn’t even owning to myself. Most importantly, like John, I was isolating and “putting up with” the frame fractures; I was not getting consultation. When I finally woke up to the projective identification process, I broke the silence, sought consultation, and talked about it in my own therapy. I took charge by setting firm boundaries with John around time limits, email contact, and other “frame” factors. We also verbalized the projective identification process at play, and have continued to process these changes.

Interviewer: What was the hardest decision you’ve had to make about a client?

Edna: In another case, at the hospital program where I work, I had to terminate a patient from the program because she was not doing the work. By insurance and program requirements, it was clear that “Mary” (blended case) was not benefitting. She implemented none of the mutually-agreed upon case management plans, nor was she using the program tools and skills. Mary just liked coming in, tinkering with art projects, and talking to the other group members at lunch. In no manner could she seem to translate those attributes or skills into setting up the same for herself in her outside life. So we needed to discharge her. Mary was sad and reluctant to go; she liked the folks in the program, and we liked each other; but nothing had changed. So obviously the therapy was-

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Community Focus, continued from p. 3

n't working. I do know from years of working at this hospital treatment program, however, that sometimes a patient will start activating at some time after they leave (something shifts for them post-discharge), so I'm hoping the same for Mary.

Interviewer: What did you do before you became a therapist? When did you decide to become a therapist?

Edna: I worked as a contract technical writer, writing user, service, and administrator manuals and marketing publications for various high-tech firms around the Bay Area. The pay was lucrative and the work more boring than a cardboard box! I decided to switch careers and become a therapist in 2002 after my mother died late in 2001. I was heavily grieving, and participating in both individual and group bereavement counseling. I was between writing contracts, and one day during our morning walk, my husband turned to me and said "If you're so unhappy as a technical writer, why don't you change careers? Your friends tell you their deep-down secrets, you love this peer counseling, marriage enrichment work, why don't you just make this your profession instead of the writing work?" What a concept—being paid to listen! I took the suggestion seriously, did a whole bunch of informational interviews with friends of mine in the profession, and hence began the big, scary, new journey. And I'm so glad I did! I went back for my Masters in Counseling Psychology at Santa Clara University in 2003, graduated in 2006, and got licensed in 2008. I'm most grateful to be working with people instead of creating technical tables in FrameMaker documents!

Interviewer: Where is your safe place?

Edna: My safe place is at home with my husband and children (when they come to visit), and with our cat, Hobbes. Also doing a craft-like embroidery or beading while listening to my favorite music. Or, alternately, my safe place is taking a long walk on a nearby trail (I used to love Shoreline and Rhus Ridge when I lived in Los Altos), or walking by the ocean, dipping my toes in the water lapping up against the shore.

Interviewer: Where do you go when you need quiet time?

Edna: I go for walks: "I walk, therefore I am." That's always been my number one self-care activity. Or, if I have an hour, I might take myself to a nearby coffee-shop, take out my embroidery, order a decaf, and just enjoy people-watching and eaves-dropping.

Interviewer: Why do you volunteer for SCV-CAMFT? How has the chapter contributed to your success?

Edna: I strongly believe in service (another teaching from my colleague, Kathy Taylor). There is something life-affirming, and deeply human and humane about serving others and giving back. SCV-CAMFT is not the only place where I volunteer. I volunteer with various community groups and in other settings (marriage enrichment, book group, library, meditation center). Certainly in my professional world, I wanted to get involved, give back, and become part of the local therapist community. I am so grateful to SCV-CAMFT for providing these opportunities. I have to say that I get much more from the support and the diverse chapter offerings, and workshops and trainings than I give as a volunteer. This chapter has contributed to my success in so many ways: by providing engrossing, compelling speakers; providing a venue and platform for connecting with other therapists; encouraging sharing and consultation on an informal basis, including a list-serve for advertising groups or other needs; and encapsulating all of this in the monthly newsletter that I look forward to. SCV-CAMFT keeps me current and keeps me included—thank goodness for that!

Interviewer: Why are you a therapist?

Edna: I am a therapist to be my most humane self; to listen, to witness and assist in simply sitting with pain; to allow another person to express all it is that they need to express. This is the most fundamentally intimate human endeavor I can think of. I want to practice empathic and mindful listening to others; to help (as I can) by giving my clients a place and space to work through their pain and obstacles, and to show themselves. I consider this to be transcendent and transformational work. What could be worth more than listening and being listened to? As one of my processors at Santa Clara University used to say, "That's worth a million dollars!"

Interviewer: How has becoming a therapist changed your life?

Edna: I think I'm more patient with people in general. I give them space. I give myself space. I like to think that "things will be better" when everything is allowed to be verbalized—even those things that you don't like very much about yourself, your yuckiest warts. There's room to hold it all. I trust the process, and I'm not in such a hurry to get past my own uncomfortable feelings or thoughts, or to try to ignore them and just push through life. I believe we're all in this together. It's really lovely to witness so much shared feeling and experience—to see myself in others and others in me. I believe in facing

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pain, and also in embracing goodness and joy. So I've been much more inclined to speak up and really be in touch with my own range of feelings (the places where I have confidence, the places where I doubt myself), and with my own heretofore "dark secrets". Opening up to others just makes my life that much easier. And, as a therapist who is also a devotee of Positive Psychology, I've also come to realize and deeply value all the wonderful things about my life and the "peeps" in it ... the beautiful events, people, and actions that are right in front of me ALL the time!

Interview: How do you get most of your clients?

Edna: I get most of my clients by referral from other therapists. Colleague referrals is another huge plus about being involved in the SCV-CAMFT chapter. If it weren't for all the therapists I know, and so many of whom I would consider close friends and colleagues, then I wouldn't have as much of a private practice flow. Call me a Luddite, but I actually believe in meeting with others in person (rather

than online), seeing them at SCV-CAMFT lunches, catching up, and connecting. And it's better for business to boot.



Edna is an LMFT, an LPCC, and a Certified Group Psychotherapist (CGP). She has been licensed as an MFT since 2008. She has a small, general, private practice in Los Altos, where she sees adults and couples and tends to specialize in older adults or in people following alternative lifestyles. She is also employed part-time at El Camino Hospital in their Older Adults Transition Services (OATS) program, which is an interdisciplinary, psychiatric day program that treats older adults suffering from severe depression, anxiety, or bipolar disorder. She is a program therapist there, which involves case management and group facilitation. In addition, she is planning to co-lead a weekly community process group in the mid-peninsula. She believes in these community movements and organizations, so she volunteers for the SCV-CAMFT luncheon program; for the group therapy professional organization (NCGPS); and out in the community where she lives.

President's Column, continued from p. 1

myself and I began reading, and reading, and reading! I recognized the names of so many of our current members who volunteered for board service, served on committees, and participated in many other capacities. I was impressed with the luncheon and workshop topics and presenters the chapter offered throughout the years. I also noticed the changes in technology, formatting, and even the choice of paper used over the years.

It was a rich experience to read through the old newsletters, and I absolutely fell in love with SCV-CAMFT! I realized our chapter has really grown up.

But our chapter needed a facelift so I presented the board with an idea of creating a new brand. What a great group of professionals I'm privileged to work with. They were very receptive and embraced the idea.

Working with a graphic design company, the board emphasized the intent to create a new look while maintaining the chapter's mission and vision. We looked at dozens of other websites for ideas about the look and feel, as well as colors suitable for our chapter. Our goal was to choose new colors that are crisp, clean, modern, and energetic. We had to go back to the drawing table several times until we settled on the new logo. I believe this new logo design reflects our professionalism, accessibility, and dedication to our profession.

We are in the process of carrying forward our new brand in the newsletter, e-mail blasts, and our website. In addition, business cards have been designed with the chapter information on the front and resources within our geographic area on the reverse. These cards will be available for all our

members. You can get them at our luncheons and workshops, from board members or you can contact Nancy Orr, the chapter coordinator, at scvcamft@gmail.com.

The new board will meet in January for an annual planning session. We will review goals from last year and set new goals for 2015. Additionally, we will review our current member benefits and explore ideas to enhance our offerings. For instance, a revived mentor/mentee program is rolling out in the first quarter, coordinated by Catherine Rodriguez.

We say goodbye to Jane Kingston, who is moving from the area, and to Pam Eaken who is leaving the board but will continue as the chapter's volunteer coordinator. Continuing in 2015 are Kate Viret (past president), Merrett Sheridan (chief financial officer), Michal Sadoff (secretary), Nancy Andersen (law and ethics), Elizabeth Basile (luncheons and innovative programs), Jenna Benson Sholl (membership), Kelly Kilcoyne (newly and pre-licensed), Mike Lysaght (technology and communications), and Kim Panelo (special events). I'm delighted to welcome our new board member, Melissa Risso (business development).

I'm looking forward to 2015. As president, I'm dedicated to continuing the legacy that began so many years ago, to ensure the chapter provides offerings that meet your needs for professional development.

SCV-CAMFT is YOUR chapter. If you have ideas you would like the board to consider, or any other suggestions or constructive criticism, I invite you to contact me or any board member. Our contact information is on the website at www.scv-camft.org.

I look forward to hearing from you.





Dominique Yarritu,
MFT Intern

SCV-CAMFT 2014 Survey: The Results Are In

By **Dominique Yarritu, MFT Intern**

The results are in, and they look very good! As you may already know, this past summer, the board of directors decided to take the pulse of the membership. Jane Kingston, LMFT, designed a survey to assess the value of and overall satisfaction

with the chapter's activities. In the process of running the survey, we have learned a lot from your input and suggestions. The board of directors had not run a survey in a long time, and more than 22% of the membership took the time to answer the 40 questions, and provide us with thoughtful comments. Survey professionals assure us that this is a good turnout. We are grateful for those who took the time to share their thoughts with us.

What you liked...

The general consensus is that you are satisfied with the current membership benefits (close to 52%). To start with, the most valued is the online SCV-CAMFT chapter exchange (our listserve), which received high approval rates (valuable to extremely valuable for 70%). One member called it "the biggest value" of the membership, while another feels that it "has truly opened up communication" and has promoted "sharing of information between both known and unknown colleagues!" Most read it on a daily basis and find it to be good cyber support. The newsletter is similarly very well received (60% find it valuable to extremely valuable) and is overwhelmingly read (91%). The majority of respondents report spending an average of 10-30 minutes to read the newsletter. The majority (65%) read their mailed paper copy and 30% read the online version, and 5% report not reading it at all. The majority (69%) find its content to be good to excellent with 68% reporting no favorite content.

In spite of some confusion between the various programs such as the luncheons, innovative programs and annual workshop, most of you find these gatherings to be valuable in terms of networking and socializing. These programs provide a feeling of "being part of a community" and keep the membership informed on various topics as well. The best value and delivery is awarded to the annual workshop, with a whopping 56% value, 60% good to excellent delivery, and 86% attended the 2013 event. One

member summed it up as, "This event is usually a bigger production and the speakers have been amazing and the content valuable information."

Forty-four percent find the innovative programs to be valuable and close to 54% find the delivery to be good to excellent. "The topics have been excellent! Also, as an intern, it is a huge plus that they are free! Thank you for offering them!" Along the same lines, the annual law and ethics workshop received the most positive response with 59% valuable to extremely valuable. The luncheons come last with only 30.85% who find them valuable to extremely valuable, even though their delivery is thought to be good to excellent (66%). Members report liking "the program and the speakers," and "especially those who impart applicable information," which "makes CEUs effective!"

The website is another valuable to extremely valuable resource (57%) to access "information, articles, events, people," the online chapter exchange and the minutes of the board of directors. "It has been good and convenient to use when I needed to quickly research a specialty and/or find a clinician by geographic area for a client."

What you didn't like...

Any negative responses, you ask? Yes, the majority of the negative responses focused on the timing, location and pricing of the various programs. Most of the responders have indicated that they usually work on Fridays, are in class, or have other time constraints and have not been able to attend the luncheons on a regular basis. Some have "never" been able to attend due to work and are hesitant to cancel clients, with the consequence of loss of income, while others in agency or school settings are unable to take the required time off. In the case of the annual workshop, having a summer session creates a conflict with vacation time ("family travel"), and other seasonal activities.

We wanted to know why attendance was low at our north region luncheons, in Burlingame. We learned that many find the commute too long for only a 1.5 hour program. Some cited the lack of carpooling options, which could potentially increase attendance.

The pricing seems to be an issue as well. The luncheons are perceived as too pricey for a 1.5-hour presentation and only 1.5 CEUs; members are wondering about having brown bag lunches instead.

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The website's navigability, content, and interface seem to be an issue for some members who describe it as having "potential" but needing "more content." Also, "it could be a little more user friendly, particularly for registered SCV-CAMFT members, as sometimes, it seems that information and/or links are buried in the website, or users have to do more navigating than what seems reasonable to access what they need."

What needs work...

In spite of the overwhelmingly positive response to the chapter exchange feature, many find it "confusing in its format": "people reply to a post and you cannot figure out who they are talking to per se... it can be tricky in tracking all the dialogue." There could be "more posting guidelines, particularly concerning referrals." "A header with contents" would avoid having to scroll down through all topics and postings and would offer the ability to respond directly to the person posting the question or referral request. Some of you deplore the "blog-type entries" for "self-promotion," or having to sign in again to the website to reply to a referral request. To ease the process of posting or replying to a post, some of you have suggested using a feature closer to an email group or having the ability to reply directly from the email.

The bulk of members who responded are licensed therapists (87%), yet the newsletter and the membership benefits are also enjoyed by pre-licensed therapists who would appreciate having more content adapted to their level of experience.

Many of you work in organizations as opposed to having your own practice and would enjoy innovative programs dedicated more to your needs and specialties. In the same vein, some of you requested luncheons with more depth and information as opposed to the speakers' viewpoints. See the table for the most requested topics for the annual workshop. See more survey results on p. 10.

Finally, most of you regard your membership as a means to get together, converse, network, and share common interests. It is not surprising therefore that the members polled have requested "more opportunities for fun activities and get-togethers" and "ice breakers" at the beginning of programs to help people mix and network more effectively.



Dominique Yarritu, MA is an MFT Intern (number pending) providing therapy to children and adolescents at Family and Children Services of Silicon Valley in San Jose. She is a first year PhD student at Pacifica Graduate Institute, specializing in somatic studies. She is also an active flight instructor at Palo Alto airport. She can be reached at dominique.yarritu@my.pacifica.edu.

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South Region Luncheon

(1.5 CEU hrs. available, PCE 1134)



Saul Wasserman, MD

Current Issues Regarding the Use of Psychiatric Medications with Children: How Do Meds Fit into the Big Picture?

Presented by Saul Wasserman, MD

There has been much controversy regarding the use of psychiatric medications with children. As therapists, it is vitally important to understand what drugs are being prescribed, the conditions for which they are being used, and the potential benefits and risks to children taking them. We also should have an informed understanding of when therapeutic techniques may be inadequate in treating the specific behaviors we are tasked to treat.

According to data, in some contexts psychiatric medications are overprescribed for children and in other contexts they are under utilized. A recent investigation by the *San Jose Mercury News* strongly suggested that foster children are being over-treated in order to manage their behavior. We also know, however, that many of these children present with a host of biological and psychosocial burdens that require serious treatment.

In this talk, Saul will discuss aspects of this conflict and how various groups have responded to the question of how meds fit into the big picture. He will lay out criteria for appropriate use of "psych meds" and how to approach the use of medication as part of an integrated treatment plan.

About the Speaker:

Saul Wasserman served for twenty years as the director of a child/adolescent psychiatric inpatient unit in San Jose and then went into office practice. He also served as the child psychiatrist for the Santa Clara County Multi-Disciplinary Child Abuse and Child Death Review Teams. For many years he has taught forensic child psychiatry to the child fellows at Stanford.

Saul has written a monograph, published by the Child Welfare League, about the treatment of severely abused children; he has authored several articles on issues related to the treatment of children in foster care. He was awarded the 2004 SCCASP (School Psychologists) Achievement Award and the 2010 Al DeRanieri Award for lifetime achievement by the Northern California Regional Organization of Child and Adolescent Psychiatry. He currently is co-chair of the Government Affairs Committee for CALACAP, the state organization of child psychiatrists.

Date: Friday, January 23
Time: 11:15 a.m.—1:30 p.m.
Place: Los Gatos Lodge
 50 Los Gatos/Saratoga Blvd, Los Gatos
Menu: Buffet Lunch
Register: At www.scv-camft.org, or mail your payment to
 SCV-CAMFT, PO Box 60814, Palo Alto, CA 94306

Fees (pre-registered) :
 Members—\$26
 Non-members—\$33

Fees (walk-in) :
 Members—\$33
 Non-members—\$40

CEUs: Members and non-members — \$7

Register: Please make your payment by Monday, January 19 for the early registration fee, or show up and pay the higher "walk-in" fee. Lunch is not guaranteed for walk-ins, but is available on a first-come, first-served basis. Please visit our website at www.scv-camft.org to review CEU info and our cancellation policy.

All luncheon programs take place from 11:15 a.m. to 1:30 p.m., usually on the 3rd Friday of the month. Locations and other specifics are provided in 3 locations: in the newsletter, on the chapter website, and in emails sent directly to members.

North Region Luncheon

(1.5 CEU hrs. available, PCE 1134)



Ruth Patrick

Domestic Violence and the Affluent Community

Presented by Ruth Patrick, Executive Director, Women/SV

Based on her experience as a domestic violence consultant to over 250 clients, Ruth will discuss topics such as the profile of an affluent abuser; types of abuse (including emotional, verbal, financial, legal, and technological); emotional and physical health consequences of abuse for women and children; anxiety, depression, and PTSD as symptoms of domestic violence and abuse; why women stay; why couples counseling, family therapy, assertiveness training, and anger management typically do not work when one partner is an abuser; and what types of support and resources tend to be more effective in working with victims of affluent abusers.

About the Speaker:

Ruth has a background in education, social research, and domestic violence advocacy. She holds the state certification in domestic violence advocacy. Ruth is the executive director of Women/SV, a program sponsored by the Los Altos Community Foundation which was designed to provide professional training to providers as well as education to the community on domestic violence in affluent areas. Providing a helpline, individual client contact, and support groups, Ruth's program fills a gap in services for victims of domestic violence in northern Santa Clara County, in particular for victims of affluent abusers.

Date: Friday, February 27
Time: 11:15 a.m.—1:30 p.m.
Place: Crystal Springs Golf Course
 6650 Golf Course Way, Burlingame
Menu: Buffet Lunch
Register: At www.scv-camft.org, or mail your payment to
 SCV-CAMFT, PO Box 60814, Palo Alto, CA 94306

Fees (pre-registered) :
 Members—\$26
 Non-members—\$33
Fees (walk-in) :
 Members—\$33
 Non-members—\$40
CEUs: Members and non-members — \$7

Register: Please make your payment by Monday, February 23 for the early registration fee, or show up and pay the higher "walk-in" fee. Lunch is not guaranteed for walk-ins, but is available on a first-come, first-served basis. Please visit our website at www.scv-camft.org to review CEU info and our cancellation policy.

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More Membership Survey Results

LUNCHEONS				
VALUE				
Not valuable	Somewhat	Average	Valuable	Extremely
13.60%	26.63%	17.01%	35.37%	7.48%
DELIVERY				
Not good	Below average	Average	Good	Excellent
2.29%	2.29%	25.85%	53.49%	12.88%
INNOVATIVE PROGRAMS				
VALUE				
Not valuable	Below average	Average	Valuable	Extremely
15.67%	4.48%	35.83%	38.06%	5.87%
DELIVERY				
Not good	Below average	Average	Good	Excellent
8.55%	2.56%	35.64%	47.01%	6.84%
ATTENDANCE IN THE PAST YEAR				
1 time	2 times	3 times	Unsure	
28.10%	13.22%	6.61%	52.07%	
ANNUAL PROFESSIONAL WORKSHOP				
VALUE				
Not valuable	Below average	Average	Valuable	Extremely
17.04%	1.48%	25.19%	28.88%	27.11%
DELIVERY				
Not good	Below average	Average	Good	Excellent
6.84%	2.56%	36.62%	33.33%	26.64%
ATTENDANCE IN 2013				
Yes	No			
14.38%	85.62%			
ARE YOU PLANNING TO ATTEND THIS YEAR'S WITH RICK HANSON?				
Yes	No	NOT SURE		
26.50%	64.18%	8.46%		
ANNUAL MEMBERSHIP MEETING				
VALUE				
Not valuable	Below average	Average	Valuable	Extremely
27.06%	16.18%	38.15%	19.12%	12.30%
DELIVERY				
Not good	Below average	Average	Good	Excellent
3.48%	2.89%	36.21%	36.10%	15.52%
LAW AND ETHICS WORKSHOP				
VALUE				
Not valuable	Somewhat	Neutral	Valuable	Extremely
11.85%	6.67%	20.78%	33.56%	25.90%
DELIVERY				
Not good	Below average	Average	Good	Excellent
2.60%	5.26%	78.07%	40.35%	23.68%
ATTENDANCE IN 2013				
Yes	No			
31.69%	68.31%			
WEBSITE				
VALUE				
Not valuable	Somewhat	Neutral	Valuable	Extremely
2.78%	21.33%	18.35%	38.88%	18.16%
DELIVERY				
Poorly	Somewhat alright	Neutral	Good	Excellent
3.70%	12.59%	38.32%	43.19%	8.15%

ONLINE CHAPTER EXCHANGE				
VALUE				
Not valuable	Somewhat	Neutral	Valuable	Extremely
7.55%	10.69%	15.65%	34.75%	35.45%
DELIVERY				
Poorly	Somewhat alright	Neutral	Good	Excellent
2.99%	5.98%	27.61%	36.10%	26.87%
NEWSLETTER				
DO YOU GET THE NEWS LETTER?				
Yes	No	Unsure		
92.80%	4.00%	3.20%		
DO YOU READ THE NEWSLETTER?				
Yes	No			
92.74%	7.26%			
VALUE				
Not valuable	Somewhat	Neutral	Valuable	Extremely
13.00%	23.20%	16.80%	48.00%	12.00%
DO YOU READ THE PRINTED OR ONLINE COPY?				
Hard copy	online copy	neither		
65.00%	30.16%	4.76%		
DELIVERY				
Poorly	Somewhat alright	Neutral	Good	Excellent
1.59%	4.76%	12.70%	65.20%	16.17%
HOW WOULD YOU RATE THE CONTENT?				
Poor	Somewhat ok	Neutral	Good	Excellent
3.20%	12.00%	16.00%	61.60%	7.20%
DO YOU HAVE PREFERRED COLUMNS/SECTIONS?				
Yes	No			
31.98%	68.07%			
HOW MUCH TIME DO YOU SPEND READING THE NEWSLETTER?				
0-10 mins	10-30 mins	30-60 mins	don't read it	save for later
26.60%	56.55%	13.71%	3.23%	0.00%
WOULD YOU PAY A FEE TO RECEIVE A PRINTED NEWSLETTER?				
Yes	No			
24.80%	78.20%			
MEMBERSHIP				
HOW SATISFIED ARE YOU WITH YOUR MEMBERSHIP?				
Unsatisfied	Somewhat	Neutral	A little	It's great!
3.17%	12.70%	8.73%	23.81%	51.59%
DO YOU SUPPORT HIGHER FEES TO SUPPORT A STUDENT MEMBER?				
Yes	No	Unsure		
15.08%	54.76%	30.16%		
ARE YOU ENTITLED TO A COPY OF THE MEMBERSHIP DIRECTORY?				
Yes	No	Unsure		
24.60%	15.08%	60.32%		
MEMBERSHIP DIRECTORY				
IF YOU RECEIVE A PRINTED COPY, HOW VALUABLE IS IT?				
Not valuable	Somewhat value	Neutral	Valuable	Very valuable
24.57%	15.53%	32.04%	18.45%	9.71%
SATISFIED WITH ACCESS TO ONLINE MEMBERSHIP DIRECTORY?				
Satisfied	Unsatisfied	Unsure		
62.48%	14.75%	23.77%		



Get Published!

Got a hankering to see your name in print? Always meant to write that article about working with difficult patients or using expressive arts in treatment? Well, now is your chance!

SCV-CAMFT News welcomes your submissions on a wide variety of topics. You can write about anything that is relevant to being a therapist. We as a chapter are an interesting group of people - we have many interesting things to share. How great it would be to see the richness and diversity of our chapter displayed in the newsletter!

- Depression
- Specific diagnoses
- Supervision topics
- Private practice vs. agency work
- Practice building ideas
- Book review
- Movie review
- Case studies
- Your experiences as a therapist, intern, supervisor...
- Area of expertise or special interest
- Working with children, teens, or families
- Substance abuse
- Multicultural issues
- Transgender Issues
- Seniors
- Addictions
- Theoretical orientation
- Medications – use of it, pros, cons
- Personality disorders
- Trauma
- Anxiety

Editorial committee members are available to discuss ideas with you and answer questions. Their contact information is listed on [page 17](#).

ADVERTISING OPPORTUNITIES AND PRICES!

Each chapter member is entitled to run a free classified ad in the newsletter. These ads run concurrently online and in the newsletter. Display advertisements run concurrently as well in both the newsletter and online. The list of prices for a display ad follows. A discount is available for paying in advance for multiple publications of your display ad.

	Member Advertising Rates			Non-member Advertising Rates		
Newsletter or online ad	2 months	6 months	12 months	2 months	6 months	12 months
Full page	\$200	\$510	\$900	\$400	\$1,020	\$1,800
Half page	\$125	\$319	\$563	\$250	\$638	\$1,125
Quarter page	\$75	\$191	\$338	\$150	\$383	\$675
Eighth page	\$50	\$128	\$225	\$100	\$255	\$450
Combined	2 months	6 months	12 months	2 months	6 months	12 months
Full page	\$300	\$765	\$1,350	\$600	\$1,530	\$2,700
Half page	\$188	\$478	\$844	\$375	\$956	\$1,688
Quarter page	\$113	\$287	\$506	\$225	\$574	\$1,013
Eighth page	\$75	\$191	\$338	\$150	\$383	\$675

These prices and more information about our advertising policies are available on the chapter's website, www.scv-camft.org. Please contact the chapter coordinator, Nancy Orr, at 408-235-0210 or mail@scv-camft.org with questions.



CENTER FOR THE STUDY OF GROUP PSYCHOTHERAPY

Proudly presents a conversation with:



Dr. Irvin Yalom

Discussing his work
and newest book:
“Creatures of a Day,”
a book of therapy tales.

Dr. Irvin Yalom is a Professor Emeritus of Psychiatry at Stanford University, prolific author, and the best known group psychotherapist today.

He is the recipient of numerous awards and author of the classic and highly acclaimed textbook:

Theory and Practice of Group Psychotherapy.

Saturday March 14, 2015 11AM-1 PM
The Ballroom at Lucie Stern Community Center
1305 Middlefield Road, Palo Alto, Ca.

To register go to: CSGP.org

Fee: \$40 Two CE Units available for MFTs, LCSWs, LPCCs, and Psychologists.

This course meets the qualifications for 2 hours of continuing education credit for MFTs, LPCCs, and LCSWs as required by the California Board of Behavioral Sciences. The Provider is Nancy Wesson, PhD.: PCE5391. Psychologists can receive 2 CE units through CSGP Provider CEN061. For further information and refund policy: **CSGP.org**

Center for the Study of Group Psychotherapy is a nonprofit corporation.

Adult and Young Adult Psychotherapy Groups

- ♦ Safe Peer Environments
- ♦ Interpersonal Feedback
- ♦ New Perspectives
- ♦ Trust and Understanding
- ♦ Social Skills

Many people feel relieved after joining a Psychotherapy Group. Meeting others who have overcome similar problems offers hope and new determination. For more information, contact:

Alice J. Sklar, MFT, CGP
(650) 961-3482

Marriage and Family Therapist
Certified Group Psychotherapist

Lic. # 20662
Lic. # 179092

FAMILIES FIRST MEDIATION

Have a couple who **can't reconcile** or a client **traumatized** by on-going divorce drama?

Dina Haddad, **divorce mediator**, has the legal & mediation background to **guide** them through their divorce, child custody dispute, or other family related matters **quickly** and **cost-effectively**.

Give us a call!

Dina Haddad
Family Law Mediator
(408) 357-3486
www.ffmediation.com



Women in Transition Group (Women Helping Women)

Ongoing women's group. A supportive group to explore concerns around separation, divorce, loss, grief, change in job status or career, empty nest, age related transitions and/or just trying to live a balanced life in our hectic Silicon Valley environment.

This is a supportive, safe place where women can come together to foster growth and change in each other.

Time: Wednesdays, 7:00 PM - 8:30 PM

Two individual sessions required prior to entering the group. Both may be covered by your insurance.

Facilitator:

Christine Broderick, M.S., MFT
(Lic.22084)

2901 Moorpark Ave. Ste. 270
San Jose, CA 95128
408-912-5262



Newsletter Deadlines

The deadline for newsletter submission is six weeks prior to the publication date.

In order to get the newsletter to you on time, we must strictly adhere to this time frame.

Submissions received late will be held over for another issue.

Mar/Apr 2015 Issue
Deadline: Jan. 15, 2014

May/June 2015 Issue
Deadline: March 15, 2015

GROUPS AND WORKSHOPS

NEW MENLO PARK MEN'S GROUP

Men fostering connection, community, and support Group will meet on Mondays from 8:00-9:30pm. For more information please contact Jamie Moran, LCSW, CGP 650.598.8877 | jammo-ran@aol.com | www.jamiemoran.com

Sacred Journey Women's Group

Personal and spiritual growth - trust, authenticity, empowerment, awareness, and transformation. Every other Monday, 3:15-4:45pm, Menlo Park. 4-6 participants. <http://awakeningself.com/counseling/womens-psychotherapy-groups/> Connie Habash, LMFT 650-996-2649

Process Painting Workshop

Paint. Play. Discover. A monthly drop-in group to develop your creativity, exercise your intuition and learn more about yourself. No painting skills required. Elizabeth Batson LMFT #51584 408-462-2443 <http://www.processpainting.info>

Two process groups offered:

LGBT Adults "Coming Out" Tuesday's 5-6:30pm Sexual Abuse Survivors Wednesday's 6-7:30pm Both are on-going weekly groups, \$40/session, San Jose <http://www.ladonnasilva.com/therapy-services.html> LaDonna Silva, LMFT (408) 412-1207

Time-Out for Parents

Ongoing groups for parents focusing on how to take care of Self while tending to children. Saturday mornings, 10-11:30am, Menlo Park. Therese Inkmann, LMFT, www.thereseinkmann.com

Pregnancy and Postpartum Resiliency Circle

Pregnancy and Postpartum Resiliency Circle a free 6 weeks class offered in at El Camino Los Gatos for women experiencing high levels of stress. <http://www.dolatbolandi.com/Pregnancy-and-Postpartum-Resilience-El-Camino-June-2014.pdf>

"Knowing Me, Loving Me"

Process groups geared to illuminate the ways in which women help/hinder them-

GROUPS AND WORKSHOPS

selves, and increase understanding of what they do and how they are in the world. 408-702-7429 www.relationshipharmony.com

Tackling Anxiety Classes Teens & Adults

Clients struggling with anxiety? Refer to our 8 week anxiety classes for them to learn fundamental anxiety skills, great CBT methods & get social support. Contact 650-461-9026 info@PaloAltoTherapy.com

High-Functioning Men Struggling with Problematic Sexual Behavior

Explores the many reasons men in high-stress/high-responsibility positions act out sexually and begins addressing these. 12 week, psycho-educational process group. Elaine Brady, Ph.D., MFT docelaine@elainebrady.com

Teen Group

Ongoing and open ended group for teens. Supportive teen group (all genders) meets Mondays from 6:00 - 7:30 bgamegrouptherapy@gmail.com or call 650-539-4325 Bridget Bertrand, M.A. Registered Marriage and Family Therapist Intern #68069 Employed and supervised by Kim Ives Hicks LMFC # 32076

Creative Process Group for Anxiety

Ongoing process group for social anxiety, low self-esteem, and group support. It runs on Friday nights in Mt View, \$40/group. Contact Dr. Elena: elumen2000@yahoo.com or (831) 2970567

Co-ed adult group in Mountain View

Co-ed therapy group in Mountain View to practice coping skills and increase capacity for intimacy. Ildiko Ran, LMFT, CGP (650)353-8885 InnerExperience.com ildikoran@gmail.com

TEEN GIRLS and WOMEN'S GROUPS

TEEN GIRLS-Friendships, feelings, communication, self-esteem and stress using art and drama. WOMEN- relationships, depression, stress, transitions, and parenting starting Jan 24th. Lori Levitt, MFT #43329. 650-794-4828 www.lorilevittmft.com

FOR CLINICIANS

Mediation and Co-Parenting Counseling

Larry Stone, MFT, experienced Mediator and Co-Parenting Counselor, referrals welcome. 831-600-7665. StoneMFT.com, MediateCustody.com. Author of "Divorcing Peacefully: Why It's Essential and How To Do It", available at DivorcingPeacefully.com

Got insurance questions?

Find answers in the newly-updated Navigating the Insurance Maze: The Therapist's Complete Guide to Working With Insurance (Barbara Griswold). View Barbara's workshop schedule, buy books/claim forms, schedule consultations: www.theinsurancemaze.com.

DEEPENING THE PSYCHOTHERAPY

CASE CONSULTATION GROUPS FOR PSYCHODYNAMIC/PSYCHOANALYTIC THERAPISTS -Gain skill in addressing unconscious fantasies and processes which underlay experience and behavior, as well as skill in engaging patients in deeper work. -Alan Kessler, Ph.D. is the group leader. He strongly believes that deeper psychodynamic/psychoanalytic work provides more comprehensive and enduring change and more satisfaction for many therapists. Alan is a certified psychoanalyst, clinical psychologist, MFT, supervising and training analyst as well as faculty member of several training institutions. Please call: (408) 358-5777.

FOR INTERNS

Groups Therapy for Interns/Trainees

Ad Description : Process Therapy Institute offers personal therapy groups for MFT interns and trainees (\$30.00 a session, times and dates determined by demand). Contact: carmackbeth@gmail.com.

HOPE for INTERNS process group

You're not defined by regulations and paperwork! Rekindle your passion with inspiring perspectives and healing community. It's Self-Care with BBS Bonus Hours! Contact Howard (MFT#52529): www.hswarshaw.com

JOB OPPORTUNITIES

Clinical Program Manager (CPM)

Chamberlain's Mental Health Services: seeking CPM 32-40 hrs/wk. Salary: to \$70k, DOE & % FTE. Benefits: medical/dental/vision. PTO & holidays. Program: OP Svs for children/youth/families. Duties: clinical supervision (MFTIs); pgm monitoring/admin. Qualifications: valid CA MH license; exp w/ Medi-Cal billing & documentation. Application: resume to ken.parker@chamberlainsmhs.com. Phone: 408-843-9504 Fax: 408-848-2099

FA

The Sequoia Center has a position available for any interested, qualified Clinician. See ad <http://sfbay.craigslist.org/pen/hea/4731820805.html> Email ay-oung@sequoiacenter.com with resume and/or questions.

2 IMMEDIATE openings - Mental Health Specialist II Bilingual (English/Spanish)

Bill Wilson Center (www.billwilsoncenter.org) in San Jose/ Santa Clara has 2 IMMEDIATE openings for Bilingual (English/Spanish) Mental Health Specialist II to work in our Youth & Family Mental Health program. Must have Masters and BBS registration as intern/trainee (MFTi, ASW) (or registration within 30 days of hire). Please send cover letter and resume to resumes@bwcmail.org.

Day Treatment Clinician

Salaried position: to \$48,000 Benefits: health/dental/vision. PTO & holidays. Supervision for licensure. Paid training. Hours: 32-40/wk Duties: Ind/Gp/Family Therapy w/children 3-11. Small case load. Documentation. Qualifications: Registered MFTI w/ BBS. Exp w/ children & Medi-Cal documentation a +. Application: send resume to Ann Hawkins, MFT ann.hawkins@chamberlainsmhs.com Fax: 408-848-2099 Phone: 408-843-9523

Temporary Clinical Supervisor

Temporary Clinical Supervisor. Chamberlain's Mental Health Services. Hours: 6-8 per week. Duties: conduct 1 session of Group Supervision + 6-8 Individual Supervision session/wk. Pay Rate: \$75+/hr Application: send resume to

JOB OPPORTUNITIES

ken.parker@chamberlainsmhs.com or Fax: 408-848-2099 Contact phone #: 408-843-9504

Program Manager

We are looking for a conscientious and organized master's level person to join our supportive work environment, providing in-home behavioral support to families with children who have developmental disabilities. Masters degree required, experience with developmental disabilities is not. Contact jbradley-weiss@aspiranet.org

OFFICE SPACE

Low-Cost Shared Office

Shared office in Gilroy: 831-431-0346

Psychotherapy

Share a very nice second floor office in a renovated Victorian. One to four days available on October 1. Contact: 408 984 3851 or emorr1519@AOL.COM.

Do you want to be part of a community of therapists?

Associated Counselors has been an established group of independent therapists for 17 years. We are looking to add two members. Weekly consultation/business meetings. Lovely quiet suite with many amenities. Separate client and therapist exits/entrances. Ample parking. Convenient location with easy freeway access (280/85/17) near Campbell and Santana Row. Call Tina St. Lorant (408) 236-2070 or Joanne Shurter (408) 340-8885.

One office on The Alameda, San Jose

Inviting, warm office in unique home-like setting. Sharing floor with other therapists. Will allow up to 2 therapists. Includes utilities and weekly janitorial. 510-528-1103 M-F.

OFFICE SPACE

Campbell Downtown, historic

Private and secure small office in downtown Campbell. Walk to all restaurants. I have 17 therapist in this building, join them and network/All utilities included and parking on site Contact Gene to see at 408-502-2600

West San Jose Full-time Office Rental

Office available January, 2015 in a comfortable, two-office suite. Lovely setting in the Chantel Building. Close to Los Gatos and Highway 85. Contact Karen at therapist@karensmithmft.com.

Los Gatos office

Beautiful & bright, lobby, accessibility, clerical station, ample parking, near freeway & bus, privacy exit, & more! Avail Wed-Sa for sublet and/or potential full time lease option. Contact: kristenwright.lmft@gmail.com

Great Los Gatos Location

Spacious offices available Monday 9-9 (half/full day) and after 6pm on Tuesday, Wednesday, Thursday. Off Hwy 9&17 interchange; easy access for South Bay. Call Vicki @408-375-7320 or Linda @ 408-399-6443.

Mountain View Office Space

Mountain View Professional Office available to share. Tuesday, Thursday, Friday, Saturday, and Sunday. \$200 per one day a month for weekdays and \$175 per weekend day. We have a shared waiting room, private bathroom and bi-weekly consultation group. 650-238-4959 or email drnickelis@me.com.

Calendar of Events

JANUARY

- 2 South Region Pre-Licensed Support Group
- 10 North Region Newly Licensed Support Group
- 10 South Region Newly Licensed Support Group
- 10 North Region Pre-Licensed Support Group
- 15 March/April Newsletter Submission Deadline
- 23 **South Region Chapter Luncheon, Current Issues Regarding the Use of Psychiatric Medications with Children - How Do Meds Fit Into the Big Picture**, Los Gatos

FEBRUARY

- 6 South Region Pre-Licensed Support Group
- 7 North Region Newly Licensed Support Group
- 7 North Region Pre-Licensed Support Group
- 21 South Region Newly Licensed Support Group
- 27 **North Region Chapter Luncheon, Domestic Violence in the Affluent Community**, Burlingame

For more information and to register for upcoming SCV-CAMFT events, please visit our website at www.scv-camft.org

Free Newly Licensed Support Groups

The Newly Licensed Support Groups

are designed to meet the needs of those just licensed, and up to three years after licensure. You will find support and great ideas, and develop relationships with your peers. Be sure to take advantage of this valuable group and resource as you begin your journey as a licensed therapist.

North Region Newly Licensed Support Group

This group meets the first Saturday of the month from 10 a.m. - 12 p.m.
Upcoming dates: January 10, February 7
Facilitator: Jamie Moran, LCSW
Location: 661 Live Oak Avenue, Suite One, Menlo Park, CA 94025
RSVP and contact: Jammoran@aol.com or 650-598-8877.

South Region Newly Licensed Support Group

This group meets the last Saturday of the month from 10 a.m. - 12 p.m.
Upcoming dates: January 10, February 21
Facilitator: Verna Nelson, LMFT
Location: Near Hwy. 85 and 880 (address provided with rsvp)
RSVP and contact: vernanelson@gmail.com or 408-379-7747

Free Pre-licensed Support Groups

The Pre-Licensed Support Groups

are designed to support interns. These groups will help you find encouragement and advice from those who have already walked in your shoes on the road to licensure. Be sure to take advantage of this valuable group and resource as you begin your journey towards becoming a licensed therapist.

North Region Pre-Licensed Support Group

The group meets the second Saturday of each month from 10 a.m. to 12 p.m.
Upcoming dates: January 10, February 7
Facilitator: Kelly Kilcoyne, LMFT
Location: 205 E. Third Avenue, Suite 207, San Mateo, CA 94401
RSVP and contact: kkilcoynemft@gmail.com or 650-485-1512

South Region Pre-Licensed Support Group

This group meets the first Friday of the month from 10 a.m. to 12 p.m.
Upcoming dates: January 2, February 6
Facilitator: Janis Seiberlich, LMFT
Location: 4100 Moorpark Ave., Suite 212, San Jose
RSVP and contact: janis@healing-heart-therapy.com or 650-810-5680

Familiar With the Expression

“There is no such thing as a free lunch?”

Well...It's Not Completely True...

SCV-CAMFT is offering you a Free Lunch!

If you are planning to attend an upcoming luncheon, our chapter is always looking for volunteers to write a summary of these presentations for the newsletter. These summaries benefit all those members unable to attend.

After submitting your article, you will be entitled to **one free meal** at any future SCV-CAMFT luncheon.

Please contact the chapter coordinator at mail@scv-camft.org, if you are interested in getting a free lunch while doing something that feels great!

Chapter Coordinator

Nancy Orr

scvcamft@gmail.com

Editorial Committee

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650-619-4915

Mid-Region Luncheons:

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408-888-6630

South Region Luncheons Co-chairs:

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408-379-7747

Carol Marks, LMFT

408-249-8047

Useful Contact Information

CAMFT

7901 Raytheon Rd, San Diego, CA 92111

Phone: 858-292-2638

Email: InfoCenter@camft.org

Website: www.camft.org

BBS Contact Information

1625 N. Market Blvd. S #200 Sacramento, CA 95834

Phone: 916-574-7830

Email: bbswebmaster@bbs.ca.gov

Website: www.bbs.ca.gov

American Red Cross Silicon Valley

2731 N. 1st St., San Jose, CA, 95134

Phone: 877-727-6771

Website: www.redcross.org

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All articles and advertisements must be submitted either via e-mail to mail@scv-camft.org or via the chapter's website at www.scv-camft.org. Articles and announcements must be submitted typed and double-spaced. We reserve the right to edit all articles. Opinions expressed are those of the authors and do not necessarily represent views of SCV-CAMFT. Article guidelines are available online. Advertising guidelines are available online.



Santa Clara Valley Chapter
CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS

SCV-CAMFT News

Attention: Editor
P.O. Box 60814
Palo Alto, CA 94306
www.scv-camft.org

Serving San Mateo and Santa Clara Counties
Creating a Community and Culture of Connection

South Region Luncheon

Friday, January 23
11:15 a.m.— 1:30 p.m.

***“Current Issues Regarding the Use
of Psychiatric Medications with
Children—How Do Meds Fit into
the Big Picture”***

Presented by
Saul Wasserman, MD

(1.5 CEU hrs. available, PCE 1134)

Los Gatos Lodge
50 Los Gatos/Saratoga Blvd.
Los Gatos, CA

Chapter Events

Please visit
our online
Calendar of Events
to view and register
for these and
future events.



North Region Luncheon

Friday, February 27
11:15 a.m.— 1:30 p.m.

***“Domestic Violence and the
Affluent Community”***

Presented by
Ruth Patrick, ED, Women/SV

(1.5 CEU hrs. available, PCE 1134)

Crystal Springs Golf Course
6650 Golf Course Lane
Burlingame, CA

RESERVATIONS: YOU CAN REGISTER ONLINE USING YOUR MASTERCARD, AMEX, VISA CREDIT CARD or PayPal! Go to our website at www.scv-camft.org, enter the “Calendar of Events” page and click on the event to find the luncheon or work-shop registration page. You can also register by sending a check, payable to SCV-CAMFT, P.O. Box 60814, Palo Alto, CA 94306. Payment must be received by the Monday before the event. Reservations will be held until noon. If seating is available, “walk-in” persons can pay at the door to attend. **Please note: telephone reservations cannot be accepted. Please visit our website at www.scv-camft.org to review CEU information and our cancellation policy.**