

**SPECIAL
POINTS OF
INTEREST**

- **President's
Column by
Nanette
Freedland, MFT**
- **Introducing
Elizabeth Basile**
- **Pre-Licensed
Corner Pg 3**
- **Save the Date
Pg 5**

**INSIDE THIS
ISSUE:**

SCV-CAMFT 4
Opportunities

April Luncheon 6
Review

New Member 7
Tea Report

Upcoming 10
Luncheons

Support Groups 12

Mentoring with 13
SCV-CAMFT

Classifieds 19-21

SCV-CAMFT News

VOLUME 30, NO. 4

JULY / AUGUST 2011

President's Column—

Being Part of a Larger Organization

—Nanette Freedland, MFT

Whoever said that before the beginning of great brilliance, there must be a bit of chaos, would have appreciated the 2011 CAMFT Conference. This is not to say the event was disorderly, of course. But as I walked through the Marriott's lobby on May 12th, the collective frenzy of activity was remarkable. There was a palpable buzz of excitement, as people ruffled through registration packets, pinned on their name badges and exclaimed greetings to friends and associates. And in the middle of the reunions and introductions, I managed to find a peaceful oasis – the assigned



Nanette Freedland
President, SCV-CAMFT
freedlandn@gmail.com

spot where the host table would be stationed for the conference. Sitting there were volunteers from our chapter and the San Francisco chapter, welcoming conference attendees,

helping folks make sense of the commotion, and handing out morning energy bars. Under the leadership of Carol Marks and Pamela Eaken, these volunteers did marvelous work, not just in offering salutations and treats, but also supporting State CAMFT staff when they could. In fact, several times throughout the weekend, I was approached by members of the CAMFT Board of Directors, to thank our chapter for our hard work. I accepted their appreciation on behalf of the chapter, knowing full well that it was the efforts of

Cont'd on Pg 14

Introducing Elizabeth Basile

SCV-CAMFT's New Director of Programs and Evaluations



Elizabeth graduated from John F. Kennedy University with a Master's degree

in Counseling Psychology in 2003. Her curiosity about different cultures and cultural ideas led her to an internship at JFK University's Community Counseling Center in Sunnyvale, where she had many opportunities to work with individuals and families from countries and cultures worldwide. This

setting also allowed her to work in a middle school setting for five years. She gained experience working with issues ranging from school behavioral problems and family conflict, to domestic violence, sexual assault, and schizophrenia.

Cont'd on Pg 14

SCV-CAMFT Calendar

Santa Clara Valley Chapter California Association of Marriage and Family Therapists Board of Directors

JULY

22 Chapter Luncheon
South Region; Los Gatos

15 Newsletter Deadline
September / October Edition

Nanette Freedland, President
650/947-4044
nanette@nanettefreedland.com

Carol L. Marks, Director (Ethics)
408/249-8047
markscarol2000@yahoo.com

LaDonna M. Silva, President-Elect
408/358-2218 ext. 421
amitiel@earthlink.net

Pamela Milliken, Director (Membership)
408/794-0440
pam@pamelamilliken.com

AUGUST

26 Chapter Luncheon
North Region; San Mateo

Terryann Sanders, Past-President
408/410-9370
terrysanderslmft@sbcglobal.net

Judith E. McFarland, (Director Pre-licensed & Newly Licensed) 408/566-3119
jm@judithmcfarland.com

SEPTEMBER

15 Newsletter Deadline
November / December Edition

Shazad Contractor, Chief Financial Officer 408/666-6791
shazad@jjacoustics.com

Pamela Eaken, Director (Special Events) 650/504-1982
pamelaeaken@gmail.com

30 Workshop—Diversity and Multi-Cultural Competency for Therapists
Mountain View

Debra D. Rojas, Secretary
650/561-3764
debra@debrarojasmft.com

Elizabeth Basile, Director (Programs and Evaluations) 831/594-3085
ebasile.mft@gmail.com

OCTOBER

14 Annual Meeting
Guest speaker Peter Pearson of The Couple's Institute

21 Law & Ethics Workshop

28 Chapter Luncheon
South Region; Los Gatos

Liaisons To Other Community Agencies

Red Cross (Santa Clara County):
Judith Boore, 650/948-9138
Jane Kingston, 650/726-6774

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1625 N. Market Blvd. S #200
Sacramento, CA 95834
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Email: bbswebmaster@bbs.ca.gov
Website: <http://www.bbs.ca.gov>

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Disaster Preparedness:
Mary Kay Bigelow, 650/948-3400
Mentor/Mentee Program Coordinator:
Yvonne Blockie, 408/235-0872
North Region Programs:
Jacqui Gerritsen, 650/315-7207
Mid-Region Programs:
Wendy L. Wegeforth, 408/888-6630
South Region Programs Co-chairs:
Verna L. Nelson, 408/379-7747
Carol Marks, 408/736-5093

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Please see advertising policy and information on page 21.

Unsolicited manuscripts are welcome but the Editorial Committee accepts no responsibility for their return. We reserve the right to edit all articles. Opinions expressed are those of the authors and do not necessarily represent views of SCV-CAMFT.

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Vinutha Mohan
Terryann Sanders

Pre-Licensed Corner—Therapist in the Room by Howard Scott Warshaw



Howard Scott Warshaw received his Masters degree from JFK University's Graduate School of Professional Psychology. He is an Intern at JFKU's Sunnyvale Community Counseling Center. After working as programmer, video game developer, teacher, film maker and software manager, Howard believes his past experience will serve him well as a psychotherapist. He plans to focus on the specific needs of people in Silicon Valley's Hi-Tech Industries.

Empathy is a funny thing. In fact, yesterday, it made my personal therapist hysterical. I was sharing my challenges in working with a particularly vexing client when suddenly an empathetic thought struck me, "This was probably what I was like in *our* first sessions." We took a short break as she gasped for air while convulsing with laughter. Therapeutic karma? Who knows? Unique moments arise when therapists become clients.

Like the time my therapist gave me the same advice I had given a client earlier that day. I mean, she used the exact same phrase, word for word. Neither of us had ever said it before. This led to self questioning and a counter-transference witch hunt. Fortunately, my therapist happened to be there at the time.

But what was up with that?! Was I actually speaking to myself rather than my client? I must admit there are times in the room when I cast a pearl, and as I hear myself say it I think, "That's a pretty good idea, I should take that advice myself." I guess we are who we treat.

I certainly am... at least from one point of view. I find I'm very different in the room from client to client (my therapist says she's the same way, she just can't model it for me). On a good day, I'll frame this as being flexible, engaged, and attuned to my client's needs. I meet them where they are and stay present in that place with them. On a tough day, I might wonder if I'm just being erratic. Perhaps it comes down to my motivation.

As a therapist, I try to give my client what he or she needs. There are, however, many shades of "what my client needs." There's what they say they need, what I think they need, what they think I want to hear them need, what I need for myself but project onto them... and, somewhere, amidst all this, is what my client actually needs. This can coincide with any of the above, or be a whole other thing entirely. Contemplat-

ing client needs can lead to the need for aspirin.

All this is simplified by one of the best things I've learned on my journey: Being authentic and modeling congruency. It's not only good practice, it also saves a lot of mental energy. I simply follow Socrates' ancient dictum "Know Thyself," then live what I've learned. However, this raises another question: If I'm being so authentic, why am I so different from client to client? It seems a bit contradictory. The answer is found in another great thing I've learned along the way: Don't get bogged down in content, concentrate on process. What I'm trying to do is connect authentically with each client, that's my process. It's the same in each case, but it looks different from client to client, because every client is unique. It's like interpreters at the United Nations. They sound different when sharing a message in several different languages, but the process is the same in each case: communication. I have a lot of questions. As a registered intern having completed over half my hours, I'm tempted to think I should have more answers by now. But, like they say: Every answer spawns ten more questions. One that keeps coming back to me in different forms is this: What is therapy like for my clients? Are they getting something positive? Are they growing and moving forward? I always picture experienced therapists as being past these issues, but I'm not that experienced yet (and some experienced therapists tell me I never will be).

As empathetic as I may be, I still cannot directly experience my client's experience. However, as a therapist in therapy, I do get a special kind of validation. I can appreciate my therapeutic experience -- the comforts, the struggles, and the growth. I understand that the particulars of my therapy are different from everyone else's, but the process is similar. This reaffirms my sense of value about what I offer my clients, and on the occasional tough day, it buoys me.

Current SCV-CAMFT Opportunities

WE WOULD LIKE YOU TO CONSIDER JOINING US...

The following positions will be opening on the Board of Directors for the 2012-2013 term:

Chief Financial Officer ~ Responsible for overseeing the association's financial operation, coordinates with the Chapter Bookkeeper. The CFO is the key custodian of the money of the association and is responsible for collecting, depositing and disbursing of funds of the association. Previous financial experience recommended.

Ethics ~ Coordinates the annual law and ethics workshop and is generally available to chapter members to discuss pertinent ethical issues.

Membership ~ Enhances and expands chapter membership and coordinates the annual chapter membership meeting and new member gathering.

Pre-licensed and Newly Licensed ~ Supports pre-licensed and newly licensed therapists along their career path.

Business Development Director ~ Develops new business opportunities commensurate with the needs of the chapter and establishes strategic partnerships with other CAMFT chapters and organizations.



All board members attend monthly board meetings and the annual chapter membership meeting held in October.

For further information or to express your interest, please contact our President-Elect, LaDonna Silva at (408) 358-2218 x421 or ladonna@processes.org.

Thank you,

SCV-CAMFT

SAVE THE DATE!!! SAVE THE DATE!! SAVE THE DATE!!! SAVE THE DATE!!!

SCV~CAMFT presents...

Diversity and Multi-Cultural Competency for Therapists

Presented by Lee Mun Wah from Stirfry Seminars

The workshop will focus on multi-cultural topics, including learning practical skills to address therapeutic issues, working with couples, and on having an experiential day of creating awareness and sensitivity in our professional community. Attendees will be able to develop skills to assess situations where diversity/multi-culture are issues, and where effective communication skills are needed, as well as learn appropriate and useful interventions.

Lee Mun Wah is an internationally renowned Chinese American documentary filmmaker, author, poet, Asian folk-teller, educator, community therapist and master diversity trainer. Oprah Winfrey did a one-hour special on Lee Mun Wah's life and work that was seen by over 15 million viewers internationally. In 2005, Lee Mun Wah directed and produced the film, *Last Chance for Eden*, a three-part documentary on sexism and racism. His newest book, *Let's Get Real – What People of Color Can't Say & Whites Won't Ask*, along with the film, *If These Halls Could Talk*, dealing with college students and their perspectives on race and racism, will both be released in 2011.

Lynn E. Fritz will begin the day with a Native American Welcoming Ceremony and close the day with a drumming ceremony for release and attunement. Lynn is an LMFT in private practice, a Karuk Tribal descendant, Indian Child Welfare Consultant, Chair for Shasta County Interfaith Forum, public speaker and educator, presenting workshops in Multiculturalism, Spirituality, Women's History/Issues and Exceptional Living.

When: Friday, September 30, 2011 9:00am - 4:00pm Registration 8:30am

Where: Michael's Restaurant, 2960 North Shoreline Boulevard, Mountain View

Cost: All fees include CEU's, breakfast, and buffet lunch
Before August 15: SCV-CAMFT members \$120
 Non-chapter members \$130
After August 15th: SCV-CAMFT members \$130
 Non-chapter members \$140

How: **Must register by September 19, 2011.**
 Register online at www.scv-camft.org/calendar
 For reservation information contact (408)235-0210
 or email mail@scv-camft.org.

For information on the workshop call Pam Eaken at (650)504-1982, or email pamelaeaken@gmail.com

Cancellation Policy: Due to the contracted costs of offering this event, cancellations must be received at least 14 days prior to the date of the event in order to ensure a refund, less a \$35 administrative processing fee. Cancellations received after that date will be credited to your account if we are able to sell your seat for the event. By sending payment you are agreeing to this cancellation policy. Cancellations may be sent by e-mail to mail@scv-camft.org or voicemail (408)235-0210.

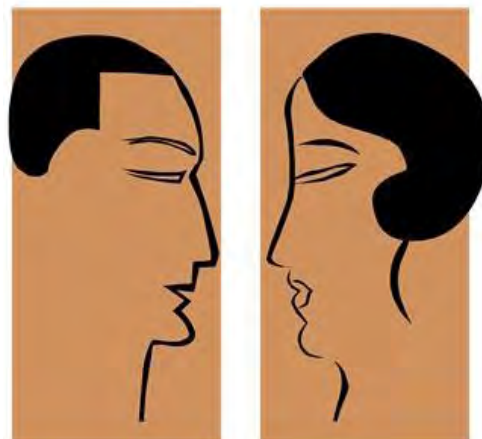
Special Needs: SCV-CAMFT is committed to providing a presentation that is accessible by all who wish to attend. If you have a special need and plan to attend, please request an accommodation by making contact with us at (408)235-0210 or mail@scv-camft.org so the chapter has ample time to arrange your accommodation.

Speakers at SCV-CAMFT events are provided as a service to members & non-members of our chapter and represent their own professional work and opinions.

April Luncheon Review—Working with High-Conflict Couples

By Linda Ringsrud

Dr. David Mineau, MFT in Menlo Park presented, “Working with High Conflict Couples” at the SCV-CAMFT April luncheon. I decided to attend as I found the topic interesting, and was very happy I did, because David used volunteers to model his techniques for working with such couples, rather than just telling us how he works.



Linda Ringsrud

worked in high-tech in the past and is happy to have switched to the healing arts as an MFT. She interns at Fremont High School in Sunnyvale where she works with teens and families, and at Process Therapy Institute in Los Gatos where she works with adults and couples. She can be reached at 358-2218 x418.

Two women volunteered from the audience and role-played having an argument. David asked, “Would you be willing to engage in an experiment to make sure you’ve been heard”? He went on to demonstrate an exercise taken from John Gottman’s first book, *Why Marriages Succeed or Fail and How You Can Make Yours Last*. He took out four pieces of paper and wrote one thing on each of them: +, -, 0, and Floor. The + sign was for the listener to hold up when having a positive response to the speaker, such as “I like hearing this”; the - was for a negative response, such as “I don’t like hearing this, or I’m overwhelmed”; a 0 was for a neutral response; and Floor was used when the speaker decided “I have

“When one person attacked the other, David said, “You’re spending much more energy talking about him; try focusing on you.” “

the floor and can talk uninterrupted.”

The two volunteers who role-played the exercise reported that using the cards took away the polarized positions of “I’m right and you’re wrong” of the argument, and that they actually listened better to one another. This enabled them, in turn, to emotionally regulate themselves by either speaking up or lowering their tone of

voice. When one person attacked the other, David said, “You’re spending much more energy talking about him; try focusing on you.” David emphasized the importance of processing the experience afterwards, explaining that the exercise is only as useful as the learning that follows.

David also used volunteers to demonstrate an exercise taken from Harvel Hendricks’ first book, *Getting the Love You Want*, that used the metaphor of crossing a bridge. He said it is simple and may be



Cont’d on Pg 15

New Member Tea Report

By Pam Milliken, MFT—SCV-CAMFT Director of Membership



Food, conversation, laughter and, of course, tea flowed at the first SCV-CAMFT New Member Tea held on April 9, at the home of President-elect LaDonna Silva. A small but remarkable group of members, who have joined our organization in the past year, helped launch the event. Several of the board members were there to welcome the new members, and to provide delicious treats that included tea sandwiches, quiche, fruits and a variety of sweets such as scones with home-made Devonshire cream, cookies, and lemon bread. The purpose of the New Member Tea was to welcome our new chapter members, provide them with the opportunity to meet their colleagues and board members, to network, and to share ideas. We all had a wonderful time, sitting around in a casual setting, talking a bit about our experiences as therapists, and a bit about ourselves. Since we don't typically do that in our regular work, it was a joy to have the opportunity to share and to hear about the path each of us have

taken to get to where we are today. In addition, we invited new members to talk about ways that SCV-CAMFT can better serve its members. One surprising response was, to paraphrase a famous Presidential Inaugural speech, *"it isn't what the chapter can do for the members, but what the members can do for the chapter"*. We then talked about ways that individual members can contribute to make this chapter an even better professional organization.

The Board members were so impressed with the experience that we would like to make it an annual event. We will be holding our next New Member Tea early next year. If you are a new member who has joined SCV-CAMFT this calendar year, be looking for an invitation in the future. We will see you in 2012!



SCV-CAMFT
Creating a Community
and Culture of Connection



Pam Milliken is the SCV-CAMFT Director of Membership, and has served on the board since 2009. She is a Licensed Marriage and Family Therapist with a private practice in Campbell, California; She has been in practice for over twelve years. Her specialty is helping individual adults and couples have relationships that work.

SCV-CAMFT 2011 Calendar of Events

July 15, 2011; Saturday

September / October Newsletter Deadline

July 22; Friday

SCV-CAMFT South Region Luncheon & Board Meeting

August 26; Friday

SCV-CAMFT North Region Luncheon & Board Meeting

September 15, 2011; Thursday

November / December Newsletter Deadline

September 30; Friday

WORKSHOP: Diversity and Multi-Cultural Competency for Therapists

October 14th; Friday

Annual Meeting with Peter Pearson of The Couple's Institute

October 21st; Friday

Law and Ethics Workshop

October 28th; Friday

SCV-CAMFT South Region Luncheon & Board Meeting

November 18th; Friday

SCV-CAMFT North Region Luncheon & Board Meeting

Please Note Newsletter Deadlines:

THE DEADLINE FOR NEWSLETTER SUBMISSIONS IS SIX WEEKS PRIOR TO PUBLICATION. (THE DEADLINE FOR THE SEPTEMBER / OCTOBER ISSUE IS JULY 15TH.) IN ORDER TO GET THE NEWSLETTER TO YOU ON TIME, WE MUST STRICTLY ADHERE TO THIS TIME FRAME. SUBMISSIONS RECEIVED LATE WILL BE HELD OVER FOR ANOTHER ISSUE.

SEPTEMBER / OCTOBER 2011 ISSUE
DEADLINE JULY 15, 2011

NOVEMBER / DECEMBER 2011 ISSUE
DEADLINE SEPTEMBER 15, 2011

Change of Status

SCV-CAMFT would like to acknowledge those members who recently negotiated the difficult task of completing the MFT licensing process.

Congratulations to
Brianna Ferreira
Newly Licensed MFT

If you have received your notice of licensure, it is important to remember to inform your local chapter as well as the state organization of CAMFT. Please inform our chapter coordinator of any status change as soon as possible by telephone, 408/235-0210, or by e-mail, mail@scv-camft.org.

Women's Group

Helping Women Access Their Inner Wisdom

- Assertiveness · Childhood concerns
- Life transitions
- Anxiety · Depression
- Personal growth
- Relationships · Self esteem

Wednesday evenings

Bascom Avenue, San Jose
near Hamilton Avenue

Facilitated by:

Claire Adalyn Wright

408-998-7098

Certified Group Psychotherapist
Licensed Marriage & Family Therapist
California License #MFC44491

Call for details and for a pre-group interview

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terryannsanders.com
408 410-9370

PROCESS THERAPY GROUPS

Led by: **KIM IVES BAILEY, MFT**
License No. MFC32076

CERTIFIED GROUP PSYCHOTHERAPIST No. 43150

Supervised by Dr. Irvin Yalom

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Young Adult Psychotherapy Groups

Young Adult Psychotherapy groups provide:

- Increased opportunities to develop social skills
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- Opportunities to learn how to help and be helped by peers
- New perspectives about personal issues
- Experiences of universality, trust, and understanding

Many young adults feel relieved after joining a psychotherapy group, as meeting others who have struggled with similar issues and have improved offers hope and renewed determination. For more information, contact:

Alice J. Sklar, MFT, CGP
(650) 961-3482

Marriage and Family Therapist
License Number: #20662

Certified Group Psychotherapist
License Number: #179092

SCV-CAMFT 2010 Calendar of Events

South Region Luncheon

(1.5 CEU hrs. available, PCE 1134)

How Maybe Right Are YOU? Reliability, Bias, and the Pursuit of a Single Hypothesis in Child Sexual Abuse Cases
Presented by Harvey Shapiro, Licensed Private Investigator, with special guest, Tracy Watson

Date:	Friday, July 22	Time:	Lunch will be served promptly at 11:30
Place:	Los Gatos Lodge, 50 Los Gatos-Saratoga Road	Menu:	Buffet
Register:	At www.scv-camft.org	Fee:	Members—\$26 + \$7 for CEUs Non-members—\$33 + \$10 for CEUs

Register: Please make your payment by Monday, July 18 for the early registration fee, or just show up and pay the higher "Walk-in" fee. To volunteer to write the summary of this presentation for the Newsletter, and **receive a free lunch**, please email Sunnie Weber at mail@scv-camft.org.

This will be a brief, but critical training in what is involved in child sexual abuse cases and what therapists need to know to "First do no harm." Our perception becomes our reality, but is that perception true for the "truth of the matter?"

This training will benefit all of us, and in particular those of us who have had, currently have, or might have in the future a role, in a child abuse case.

We will:

1. learn what therapists need to know that they may currently not know
2. become aware of our own perspectives, points of view, and biases
3. talk about the mistakes that have been made in the past in regard to interviewing children, influencing them, and assuming guilt
4. learn how to make sure that we protect ourselves from liability
5. understand how labeling people as "victim" and "perpetrator" biases us and those with whom we interface
6. be able to increase the science and reduce the theory and opinion in our work
7. be able to increase our chances of "autographing your work with excellence"
8. hear from one father, who has been through the ordeal of having his children removed for several years and weathered the stigma of being considered a "child molester". You will be especially interested in how this case ended.

Our trainer is **Harvey Shapiro**, who is a retired Riverside County Sheriff's detective. He is a Subject Matter Expert (SME) for the California Police Officers Standards and Training (POST) Institute for Criminal Investigations, and trains law enforcement in the Child Abuse mandated class. Harvey is a California and Florida licensed Private Investigator, and has testified as an Expert on the Interviewing of Children.

Tracy Watson, who will be with us in person, is a husband and father who was working and living peacefully with his wife and three children. Suddenly, his world was turned upside down when a report was made that his daughter may have been sexually abused. It was also implied that, possibly father Tracy had been his daughter's molester. The family, doing the smart and logical thing, took the child to be evaluated by her pediatrician, and Tracy consulted an attorney who specializes in working with and defending the accused. Despite this, all three children were removed from the family home and did not return for three years.

Note: While there are sometimes a few seats left for walk-ins (\$33 / \$40), pre-registration is required. We give the food counts a few days before the luncheon and cannot be accurate without pre-registration. If you find you must cancel, please call the chapter voicemail (408/235-0210). **Refunds are not always available and are never available without this notification.** It *may* be possible to transfer your payment to the following month *if* you call at least 24 hours in advance. The contact persons are available to answer questions about the speaker and the topic. If you have questions about the procedure for registering, call the chapter voicemail. Guests are welcome to attend with you—please provide their names along with your payment. Also be sure to specify your entrée choice with your payment. See the back cover for more information on registration. **Please remember that telephone reservations cannot be accepted.**

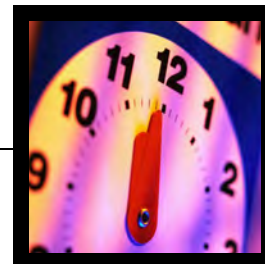
SCV-CAMFT 2011 Calendar of Events

North Region Luncheon

(1.5 CEU hrs. available, PCE 1134)

Couples—Reconnecting and Recovering from Sexual Abuse —

Presented by Holli Kenley, MA, LMFT



Date: Friday, August 26

Place: Marriott San Mateo, 1770 South Amphlett Blvd.

Menu: TBA

Register: At www.scv-camft.org

Fee: Members—\$26 + \$7 for CEUs / Non-members—\$33 + \$10 for CEUs

Register: Please make your payment by Monday, August 22 for the early registration fee, or just show up and pay the higher "Walk-in" fee. To volunteer to write the summary of this presentation for the Newsletter, and **receive a free lunch**, please email Sunnie Weber at mail@scv-camft.org.

As health care professionals, we are often confronted with couples who struggle with the painful and debilitating effects of past sexual abuse. To compound the issue, the past sexual abuse may not be disclosed to the partner, and the survivor may not be ready to disclose. How, then, do we as therapists and clinicians conduct an effective assessment? What questions do we ask and how do we proceed? What tools can we use that will provide couples with a safe platform from which to navigate? By utilizing three case studies, this talk will address the challenges and complexities of initial assessment, and will explore specific tools for intervention with emphasis on an integrated life-mapping strategy. In addition, this discussion will include specific practices and exercises for couples to integrate into their recovery. The role and posture of the therapist will also be discussed.

Holli Kenley, M.A., is an LMFT with an emphasis in trauma, abuse, addiction, codependency, grief/loss, and betrayal. For the past 10 years, Holli has worked in battered women's shelters and transitional housing, counseling centers, and private practice. She first became interested in promoting the wellness of others in the early 1990's by leading support groups for women struggling with Premenstrual Dysphoric Disorder (PMDD). Prior to becoming a therapist, Holli taught Humanities in high school for 30 years.

Holli Kenley, M. A.
Licensed Marriage & Family Therapist, MFC 39156
Therapist – Author- Presenter
E-mail: hklmft@gmail.com
Web: www.hollikenley.com
(760) 587-0820

Directions:

From 101 Heading North or South: Take Highway 92 going West. Take the Delaware Street exit (located on the right side). Go right at the Exit light (Concar Drive). Follow Concar straight ahead, go through Delaware Street and Grant Street (DO NOT TURN ON THESE STREETS!) Concar Drive turns into South Amphlett Boulevard, which veers to the left and brings you in front of the San Mateo Marriott, which will be on your left.

- ♦ Chapter board meetings are generally held on the fourth Friday of each month (some major holidays and other chapter functions move the date) from 9:00AM to 11:30AM at the same location as, and immediately prior to, the chapter's monthly luncheon event.
- ♦ All luncheon programs are held from 11:30AM to 1:30PM. Look for locations and other specifics in the newsletters, on the chapter's website, and in e-mail sent directly to those members who have e-mail.
- ♦ In order to make the luncheon registration process as efficient as possible, please register early. Send your payments, with your entrée selection noted, to the chapter by the Monday prior to the event.



A great way to create
your long-term
support network....

*North Region and
South Region
Newly Licensed
Support Groups
are a valuable tool
when you're just
getting started.*



Free Prelicensed Support Group

South Region—The group meets the second Saturday of each month from 10:00 AM—12:00 PM. The current facilitator is **Judy Hanf, MFT**. The group is held at the office of Verna Nelson—800 Pollard Rd., Ste B207, Los Gatos. Please call Judy at 408/440-6274 or e-mail her at judy@betterlivingtherapy.com, if you are interested

in taking advantage of this valuable support group!



Free North Region Newly Licensed Support Group



North Region—The purpose of this group, which meets monthly, is to provide support to members who have recently become licensed. This support group meets the first Saturday of each month from 10:00 AM to 12:00 PM.

Jamie Moran, LCSW, is the current group facilitator. The location is 661 Live Oak Avenue, Suite One, Menlo Park, CA 94025. To RSVP, and for further information about upcoming meeting dates and times, please contact Jamie Moran at Jammoran@aol.com or 650/598-8877.

Be sure to take advantage of this valuable group and resource as you begin your journey as a licensed therapist.



Free South Region Newly Licensed Support Group

South Region—This support group meets the third Saturday of each month from 12:00 PM to 2:00 PM. The purpose of this group is to provide support to members who have recently become licensed.

Verna Nelson, MFT, is the current group facilitator and meetings are held on the border of Campbell and Los Gatos, close to the intersection of 85 and 880. To RSVP, and for

further information, please contact Verna Nelson at 408/379-774 or email her vernalnelson@gmail.com



Mentoring with SCV-CAMFT

~ Mentoring is a brain to pick, an ear to listen, and a push in the right direction. ~
John Crosby

What is Mentoring?

SCV-CAMFT provides a mentoring program that allows experienced members to offer support and guidance to members at an earlier stage of professional development. It provides the opportunity for Mentees to seek out guidance at various stages in the MFT journey. It might be

in graduate school, in the intern process, during licensing exams, or once you are newly licensed. The mentoring relationship is not designed to be therapy, but a collaborative process meant to guide members along the MFT path.

How it works!

Potential mentors list their names on the chapter website, in an area

visible only to members, with a brief description of their credentials and interests. Potential mentees view the list and select someone they would like to work with. The mentee then contacts the potential mentor to discuss how they might work together. If both think there is a good match, they decide how they will proceed. If it is not the right fit, the men-



tee then contacts someone else on the list. The mentoring agreement is for a 6-month period. To access the program you must be a current SCV-CAMFT member.

Where can I find out about it and how do I access it?

Log into the www.scv-camft.org website.

After the "Log IN" page comes up go into My Ac-

count.

There is a list of membership services. Go to Mentor/Mentee Description and then Find a Mentor.

For those people interested in becoming a Mentor, you can sign up under the "Mentor-Mentee Program Settings".

As the coordinator of this program, I have found this volunteer opportunity to be extremely rewarding. What is given comes back in many wonderful ways. If you have questions or would like further information please contact me, Yvonne Blockie,

LMFT, at

yvonnemft@comcast.net, or call 408-235-0872

~ We make a living by what we get, we make a life by what we give. ~

Winston Churchill

Yvonne Blockie, MFT has been involved in the SCV-CAMFT Mentoring program for several years. She believes strongly that mentoring is a way of giving back the coaching and encouragement that all of us have received along this MFT journey. In past years, Yvonne has served on the luncheon committees. Yvonne has also consulted with high tech companies and non-profits regarding mentoring and career development.

President's Column—
cont'd from page 1 -

volunteers that made all the difference.

Soon, the business of the conference began, and on Saturday the CAMFT Board of Directors held their Annual Business Meeting. One personal highlight was our having an opportunity to meet the new Executive Director, Jill Epstein. She had been on the job only two weeks at that time, but still ably managed to hold her own. Throughout her presentation, Jill reiterated several times that membership satisfaction and support were two of her priorities. She planned to spend the first several months listening and learning. I hope that she takes the time to travel to chapters outside the southern California region and meet with leaders and members around the state. I plan to invite her to our Chapter, and will publicize the event when we have a firm date.

Also of interest during the meeting, was a presentation on the Marketing Research Report, conducted by an independent research group. Their conclusions will be posted on the CAMFT website and detailed in future editions of *The Therapist*, but from what the group was able to say in the short time they had, didn't surprise me. Their concerns are the very issues our own marketing committee have been discussing: MFT's are not perceived by the general public to be able to help the full array of concerns presented by clients; that we focus primarily on issues involving family, school, marriage, infidelity and divorce, but not individual psychological problems; clients have an impression that we charge more than we actually do, and do not realize that they often have insurance that covers treatment with us. Other highlights from the session include the fact that respondents to the survey only had a 25% likelihood of seeking treatment with us as opposed to others mental health providers; that medical doc-

tors and personal friends make up the strongest referral sources; and that websites do make a difference with most clients researching prospective therapist on line before contacting them. State CAMFT will be creating a strategic marketing plan in the near future to respond to this data. Our own marketing committee will look to State CAMFT for ideas and direction, so we can build a suitable plan for our community.

I spoke earlier about the wonderful volunteers that helped at the conference. It is in this spirit of recognizing volunteers, that I wanted to thank all of the members who work behind the scenes to ensure that chapter programs and events run smoothly and effectively. We have many activities that require so much hard work: monthly luncheon programs, pre and newly licensed support group, bimonthly newsletter publications, frequent special events, website supervision, financial oversight, and many others. Volunteers support the SCV-CAMFT Chapter in myriad ways, and we can be very proud of all that is accomplished by this wonderful group of dedicated members. A new person to add to this list is our new Director of Programs and Evaluations, Elizabeth Baisile. Please take a moment and read more about her background in this newsletter. We are very excited about this addition to the Board of Directors. Thank you to LaDonna Silva for soliciting names and interviewing candidates for this position. We are very excited about Elizabeth joining the Board of Directors. And to Elizabeth – and any new members we may have – let me just say that things may look chaotic from time to time, but this chapter will always have its host table in the middle of it all – connecting people, helping where we can, and just maybe adding something sweet to the difficult work we do.

Nanette Freedland, LMFT
SCV-CAMFT President

Introducing Elizabeth Basile—
cont'd from page 1 -

During her internship, Elizabeth was given permission to develop and implement a unique parent education program, with an emphasis on collaboration with parents. This program bases "best parenting practices" on the participants' parenting ideas, which are rooted in their cultural beliefs, and ways those ideas can be incorporated into American culture.

Before starting a private practice, Elizabeth worked at Community Solutions in Morgan Hill. While there, she received specialized training and worked with clients with histories of domestic violence and sexual assault. Additionally, she worked with the Restorative Justice Program and the SOS (spell out whatever this stands for) Program for high-risk children ages 6-12, and their families.

In her private practice she also works with clients who have chronic medical conditions, as well as clients who are struggling with eating disorders, and, in particular, people who have both Type 1 Diabetes and anorexia or bulimia. She is currently pursuing her eating disorder certification at JFK University.

Elizabeth is both excited and honored to serve on the Board of Directors for SCV-CAMFT. She has been a member of CAMFT since 2002, and joined this chapter in 2009, when she relocated from Monterey. Volunteering has been a part of her life since her high school days, and she was impressed with the programs and activities our chapter offers its members. She is looking forward to meeting fellow members of SCV-CAMFT, as well as working to maintain the high quality of the Luncheon and Speaker Program.

April Luncheon Review—
cont'd from page 6 -

considered trite, but has proven to be profound for some high conflict clients. This exercise involves an initiator, who invites the other person to cross the bridge to their world, and a responder who travels over the bridge for a visit. During the journey, they are unencumbered by their own judgments, as if going on a visit to a foreign land, willing to experience the world as lived by the other.

David shared that one of his techniques in working with conflict couples is to SLOW things down. He has two chairs in his office that he calls the "working" chairs. They are on wheels, and he invites his clients to sit in them to do work. By facing each other, rather than him, it reduces their tendency to look to him as the authority, allowing them to focus on their experience with their partner. He had the volunteer "couple" turn their chairs back-to-back and continue the argument they were having, and then asked them to process their experience. One person's response was "I get overwhelmed when he talks like that." David then knew it was a facial or body cue that triggered her overwhelm. If the couple had experienced no difference when sitting back-to-back, then, it could be that their frustration was cuing off of the partner's voice. He invited them to speak from the other's point of view, and they experienced that compassion was created, as well as a real sense of being heard.

David said he found something to like about every theory that he came across and named many theoretical influences on his work: Accelerated Experiential Dynamic Psychotherapy (AEDP) Intensive Short-Term Dynamic Psycho-dynamic (ISTDP), Emotionally Focused Therapy (EFT), Strength Focused Therapy (SFT), the work of Michelle Weiner-Davis (Divorce

Busting), Hakomi Methods for the somatic aspect of therapy, Rob Fisher's book on experiential couple's work, Stan Tatkin who applies the developmental psychobiological work to understanding and doing couple's therapy, a Gestalt book title, "Awareness," and the therapist team of Hedy and Yumi Schleifler.

Dr David Mineau is in private practice in Menlo Park and can be reached by email at dlmineau@aol.com, by phone: 650 321-2588, and at his website: www.dmineau.com. Dr. Mineau has taught couples communication at Kaiser San Mateo for many years, teaches human sexuality at the Institute for Transpersonal Psychology (ITP), and serves on the board at ITP.

***We are thankful for the time
authors have taken to write
thoughtful articles.***

Have you considered submitting a paper or article of your own? Have you considered the benefit of having your material read by more than 500 members who regularly receive and read the SCV-CAMFT Newsletter?

If you are interested in contributing to the SCV-CAMFT Newsletter, please submit your article on our website at www.scv-camft.org, or send an email to mail@scv-camft.org. We would be happy to review your submission!

MARKETING WITH SCV-CAMFT

LUNCHEONS:

We encourage you to bring marketing materials and other information to place on the literature table at chapter events. Missed the last newsletter deadline? Then this table is the perfect place to advertise your:

- ♦ **Workshops**
- ♦ **Office Space**
- ♦ **Job Opportunities**
- ♦ **Conferences**

ONLINE:

Login to your account at www.scv-camft.org and you can submit your classified or display advertisement almost immediately. When your classified ad is submitted online, it is automatically included in the newsletter as well. Simply find the Advertisement Tab at the top of the webpage, and pull down to the Place a Classified Ad for quick and easy advertisement submission.

NEWSLETTER:

When you submit your classified advertisement online, it is automatically included in SCV-CAMFT News. The ads are free for members up to 35 words. You may also purchase a display ad for more visible advertising.

CHAPTER EXCHANGE:

Provides a fast way to communicate with other members of SCV-CAMFT. Members can post questions, seek or offer referrals, announce changes of address or opening of office locations, provide information on their own classes or workshops, and discuss topics or issues with other members. Login to www.scv-camft.org and select Chapter Exchange under the For Members Only Tab.

Please adhere to all guidelines posted on the website.

Strategic Family Therapy Center

**Solving family problems
Increasing family strengths**

The Strategic Family Therapy Center at the Mental Research Institute in Palo Alto offers psychotherapy services to families, couples, adults, and adolescents

- ♦ Affordable sliding-scale fees
- ♦ Focused on solving defined problems
- ♦ Approach based on over 30 years of experience and research at MRI and the Family Therapy Institute of Washington, D.C.

(650) 322-2252

**555 Middlefield Road
Palo Alto, CA 94301
<http://www.mri.org>**

ONGOING PSYCHOTHERAPY GROUPS



In this dynamic psychotherapy group experience, clients explore relationship patterns & learn about healthy connection with others. Issues such as depression, dating, shyness, codependency, ACOA, and self-esteem, are explored with the support and feedback of peers.



PSYCHOTHERAPY
CONSULTATION
WORKSHOPS

JAMIE MORAN, LCSW, CGP

Licensed Clinical Social Worker, LCS 14447
Certified Group Psychotherapist, 42559

Psychotherapy Group for Gay & Bisexual Men, Menlo Park

Psychodynamic process group focusing on
intimacy, relationships,
and communication.

Initial commitment sixteen weeks.

For more information please contact
Jamie Moran, LCSW, CGP,
(650) 598-8877 | jam Moran@aol.com |
www.jamiemoran.com

Nancy Wesson, Ph.D. CGP (Psy9621) is a licensed psychologist with 25 years of clinical experience. Dr. Wesson has 20 years of experience leading groups using a group process-interpersonal approach. She receives consultation from Dr. Irvin Yalom. **Contact:** Nancy Wesson, Ph.D. at (650) 965-7332 or Dr.NWesson@sbcglobal.net. Articles about group psychotherapy can be found on her website at: **www.wespsych.com**.

ONLINE PAYMENTS AVAILABLE VIA CREDIT CARD!

You may now use your credit card on the chapter's website to register for chapter-sponsored events (luncheons, workshops, etc.), submit and pay for advertising, and renew your SCV-CAMFT membership. All you need to do is log in to the chapter's website (<http://www.scv-camft.org>). You may renew your membership and submit ads from your "My Account" page or register for events from the event calendar. **Remember to log in** so you may receive your member discounts.

Check it out!

SCV-CAMFT News—ADVERTISING POLICY

Adopted by SCV-CAMFT, April 3, 1992; last revised August 2004

ALL ADVERTISING MATERIAL MUST BE SUBMITTED TYPED, BY DEADLINE, AND VIA E-MAIL OR THE CHAPTER'S WEBSITE NO LATER THAN THE FIFTEENTH OF ODD-NUMBERED MONTHS PRECEDING PUBLICATION.

e-mail: mail@scv-camft.org Website: <http://www.scv-camft.org>

NEWSLETTER CLASSIFIED ADS:

- SCV-CAMFT members in good standing will be allowed one 35-word free ad per issue. Free ads from persons with lapsed memberships will not be accepted.
- Members running additional ads, beyond their free one-per issue will pay \$25 for each additional ad of 35 words or less.
- Non-members will pay \$50 per 35-word ad. This surcharge should be an incentive for current non-members to join the chapter
- **Members and non-members alike will pay \$1.00 per word for each word over 35.** The following units of information count as one word. Phone number, zip code, each degree or licensure abbreviation (e.g. "Tom Jones, MFT, Ph.D." = four words).

NEWSLETTER DISPLAY ADS

- Display ads must be typeset, with a border, and not merely typewritten. See samples from this issue. Ads must be sized exactly and camera-ready (i.e. ready to be pasted into layout with no further copy or graphic manipulation necessary). Advertisements to be run in the newsletter and on the chapter's Website are double the amount below less 25% of the total. Discounts are available for purchasing multiple "flights" for the same ad.

		Members	Non-Members
Full page	7 1/2" x 9 3/4" vert	\$200.00	\$400.00
Half page horiz.	7 1/2" x 5"	125.00	250.00
Half page vert.	3 3/4" x 9 3/4"	125.00	250.00
1/4 page	3 3/4" x 5" vert.	75.00	150.00
1/6 page	2 3/8" x 5" (or less) vert.	50.00	100.00

ADDITIONAL ADVERTISING POLICY

- **Advertisements appearing in this newsletter do not imply SCV-CAMFT endorsement either of their content or of the persons placing them.**
- **Copy for classified ads should be typed and double-spaced.** Count words before e-mailing. You may pay for any words over the 35 allotted by using PayPal or credit card. Ads will be run for one issue only. If you wish to repeat ads., you must resubmit them by deadline each issue.
- **Members may only use free or member-rate display advertisements to promote only their own office space or services.**

San Jose Office Sublet

Well-decorated first floor room overlooking beautiful courtyard garden with fountain.

**Sublet 2 days per week.
Days are negotiable.**

Near I-880/The Alameda

**Please e-mail
adelinamft@yahoo.com
or call: 408-203-0135**

SANDPLAY and JUNGIAN CONSULTATION GROUP

Forming Now

Location: San Jose

When: **One Friday a Month**

Time: **10:00 a.m. to 12:00 p.m.**

Group Size: **Maximum of 6 People**

Call for more Information:

Olivia Heathcote 408-920-2990

Jill Kaplan 650-364-4670

ADVERTISING OPPORTUNITIES AND PRICES!

Since the launch of the chapter's Website in the fall of 2004, all classified advertisements have been published on the Website concurrently with their run in the chapter newsletter. Now, your display advertisements can as well! The following is a list of the prices, effective August 1, 2005, for display advertisements for publication in SCV-CAMFT News. Please remember, you can always receive an additional discount by paying for multiple publications of your advertisement in advance.

	Member Advertising Rates			Non-member Advertising Rates		
Newsletter or Online Display Ad	2 months	6 months	12 months	2 months	6 months	12 months
Full Page	\$200	\$510	\$900	\$400	\$1,020	\$1,800
Half Page	\$125	\$319	\$563	\$250	\$638	\$1,125
Quarter Page	\$75	\$191	\$338	\$150	\$383	\$675
Eighth Page	\$50	\$128	\$225	\$100	\$255	\$450
Combined	2 months	6 months	12 months	2 months	6 months	12 months
Full Page	\$300	\$765	\$1,350	\$600	\$1,530	\$2,700
Half Page	\$188	\$478	\$844	\$375	\$956	\$1,688
Quarter Page	\$113	\$287	\$506	\$225	\$574	\$1,013
Eighth Page	\$75	\$191	\$338	\$150	\$383	\$675

These prices are also available on the chapter's Website, www.scv-camft.org.

If you have questions or comments, please contact the chapter at 408/235-0210 or mail@scv-camft.org.

Guidelines for Authors of Articles For the Chapter Newsletter

FORMAT FOR ARTICLES

- ⇒ Length: Articles 500-1,200 words; Announcements 75-250 words
- ⇒ Double-space to provide room for editing
- ⇒ Indent paragraphs
- ⇒ Do not right justify
- ⇒ Submit typed or printed copy only
- ⇒ Check punctuation and spelling, particularly of names
- ⇒ Please note deadlines, which the production staff must observe—the 15th of every odd month. The more time we have to edit and check facts, the better your article will be.

STYLE OF SUBMISSIONS

- ⇒ Use an active voice "*We have all experienced...*" rather than a passive voice "*An experience that has been had by all of us...*"
- ⇒ Use short sentences and short paragraphs. Avoid loading sentences with unnecessary words; in general, strive to make your points as briefly as possible, with each word adding something.
- ⇒ Avoid clichés ("*like a ton of bricks*"), slang ("*humungous*"), and hyperbole ("*the worst problem e all face...*").
- ⇒ Document key assertions with which others may disagree ("(Farrell, 1933)" "Unified School District enrollment data").

IN GENERAL

As you prepare your article or announcement, ask yourself:

- ⇒ What is my goal—to inform, to persuade, to motivate, to challenge,?
- ⇒ What exactly is this article about? What are the 2 or 3 key points?
- ⇒ Who is my audience? How much knowledge of this subject do I assume my readers have?
- ⇒ For announcements, please make sure you include all necessary information: what, why, when, where, how, and who.
- ⇒ Before submitting anything, please read it once more, making sure it says what you want it to say as clearly as possible.
- ⇒ Submit articles via the chapter's Website, <http://www.scv-camft.org>, or email to mail@scv-camft.org.
- ⇒ For more information, email Vinutha Mohan, Editor, vinutham@gmail.com

GROUPS AND WORKSHOPS

Teen Depression Group

Peace-It-Together now offers a Teen Depression Groups for teens and their parents. Teens meet twice a week for two hours, and the parents group meets once a week for two hours. The program is based on a Cognitive-Behavioral treatment model. Please contact Deborah Licurse for questions about the program at 408-774-1009.

Women's Group

New group forming, "Women Who Love Too Much." The group will run on Tuesdays evenings. Please refer clients who might benefit from this group. Lori Gortner - 650-248-3122, lgortner@gmail.com

Upcoming Workshops at the Mental Research Institute!

5-DAY INTENSIVE - "Comprehensive Strategic Family Therapy Training" Monday, August 22, - Friday, August 26, 2011 Presenters: Eileen Bobrow, LMFT and John Frykman, M. Div., MFT, Ph.D

1-DAY INTENSIVE - "Using Brief Techniques in Business and with Teams" Saturday, August 27, 2011 Presenter: Lucy Gill

3-DAY INTENSIVE - "Brief Treatment with Challenging Adolescents: Strategies for working with the high risk adolescent and the family" Thursday, September 29th – Saturday, October 1, 2011 Presenter: Jerome A. Price, M.A. Co-director and founder of the Michigan Family Institute.

For more information please call (650) 321-3055 or email Maria Pia Allende at mariapiallende@mri.org.

Six-Week Healthy Mom's Group

In this group we will cover topics such as stress management, finding balance, communication and setting healthy boundaries. Groups in Santa Clara and Newark. Call Amber Hawley, (510)342-3263 or visit www.amberhawley.com for more information.

GROUPS AND WORKSHOPS

SUPPORT GROUPS- TEEN GIRLS-

friendships, feelings, communication, self-esteem and stress using art and drama. **WOMEN-** relationships, depression, stress, transitions, parenting, balance and grief starting September 17 (8 weeks) Lori Levitt, MFT #43329. 650/794-4828 www.lorilevittmft.com

Support Group for Adult Daughters of Mentally Ill Mothers

This group will be a safe space to explore the experience of being the adult daughter of a mentally ill mother. We will examine the impact this had on our development, and how it continues to impact our relationships and even our career choices, as many of us are in the helping professions. Co-facilitated by Anna Fernandez, LMFT and Rachel Zioulas, LMFT. Group begins May 4, 2011. Please call 408-899-7396 for an interview prior to attending the group.

Anxiety Coping Skills Class in San Jose

Practical cognitive and behavioral skills for anxiety disorders. A great adjunct to individual therapy. Call Laura Johnson, LMFT, at (408) 596-1770 or visit www.lauralcjohnson.com/anxiety-group-san-jose.html.

Begin to think analytically

through relevant readings and case discussion. Mondays 1:45-3:00, Palo Alto, \$45 weekly. Contact Diane Strongwater, MFT 408-737-1337 or Carol Harrus 650-328-8935.

Openings In Psychotherapy Group

for gay men, Menlo Park, focusing on intimacy, relationships, communication and other issues. Jamie Moran, LCSW, has been leading groups since 1984. www.jamiemoran.com Jammoran@aol.com 650 598 8877

Process Groups-

Openings in process groups in Burlingame, led by Kim Ives Bailey, a nationally certified group psychotherapist, 43150, supervised by Dr. Irvin Yalom. Call (650) 737-1818 or see www.counselingforyou.com.

GROUPS AND WORKSHOPS

Teen Depression Group

Peace-It-Together now offers Teen Depression Groups for teens and their parents. Teens meet twice a week for two hours, and the parents group meets once a week for two hours. The program is based on a Cognitive-Behavioral treatment model. Please contact Deborah Licurse for questions about the program at 408-774-1009.

Is Anger Harming Your Relationship or Career?

It doesn't have to! Learn key skills you need to break the anger habit. Ongoing Co-ed skills groups in San Mateo and San Francisco. Call Michael G. Quirke, M.F.T. @ 415 820-3943 or visit www.michaelquirke.com.

Women's Process Group for Sexual Abuse/Trauma Survivors

On-going weekly group held at the Process Therapy Institute in Los Gatos. <http://www.processes.org/womenstupg.php> Contact LaDonna Silva, MFT Intern (408)358-2218 x421

ONGOING PSYCHOTHERAPY GROUPS

In this dynamic psychotherapy group experience, clients explore relationship patterns and learn about healthy connection with others. Issues such as depression, dating, shyness, codependency, ACOA, and self-esteem, are explored with the support and feedback of peers. Leader: Nancy Wesson, Ph.D. with consultation from Dr. Irvin Yalom, M.D. Contact: Nancy Wesson, Ph.D. at (650) 965-7332 or Dr.NWesson@sbcglobal.net. Articles about group are on my website: www.wespsych.com

Midlife and Beyond: a Process Group for Women. Now forming in Redwood City. Contact Deborah Runyeon, MFT at 650-363-0429 x111.

FOR CLINICIANS

Peer Eating Disorder Consultation Group

Peer eating disorder consultation group in San Jose. No fee. Meets on the second Friday of every month from

FOR CLINICIANS

9:30am - 11:30am. Contact Terryann Sanders @ 408 264-5802 or terry-sanderslmft@sbcglobal.net.

Resource for Clients Dealing with Divorce and Custody

"Divorcing Peacefully: Why It's Essential and How To Do It", by Larry Stone, MFT. For anyone dealing with, considering, or recovering from divorce. www.DivorcingPeacefully.com. 510-964-1200.

Psychoanalytic-Oriented Consultation Group

Think analytically through case presentations focusing on primitive aspects of the patient as seen through the transference/countertransference in the here and now. Mondays at 1:45-3:00, \$45 weekly, Palo Alto. Contact Diane Strongwater, MFT 408-737-1337 or Carol Harrus, M.D. 650-328-8935.

Neuro-Emotional Technique

NET is a mind-body tool to help release old "stuck" emotions by using acupuncture meridians and muscle testing. Free half hour introductory session for therapists. Call Roberta Gelt at 650-558-9605/ netmindbody.com

Feeling Stuck?

If you are stuck in paperwork, it's time to get out. We will change how you spend your time and think about your business. LaVergne Poe, M.A., Your Personal CFO (650) 529-1489

Accepting New Clients

Rachel Talamantez, LMFT is endorsed in California as an Infant-Family and Early Childhood Mental Health Specialist. She is accepting new clients in West San Jose. Tel: (408) 922-9025, Web: www.therapywithrachel.com.

Psychiatric Consultation Available

Psychiatric evaluation and medication treatment for your clients. I have over 25 years experience and will collaborate with you. I do not do therapy. Misao Kusuda, M.D. 408-930-2256. (408-930-CALM.)

FOR CLINICIANS

Licensed Therapists' Support Group

Ongoing, self-led support group for licensed therapists, meeting the first Friday of each month in midtown Palo Alto. Call Verne Rice for details 650/856-0232.

FOR INTERNS

Therapy Group for Trainees & Interns

in San Mateo. Meets monthly for group therapy in a supportive peer setting Triple Count Hours.

Mary Deger Seevers, MFT 650-655-2718 or seeversmd@aol.com

Teen Domestic and Family Violence Intervention Program

Peace-It-Together is expanding its services and has immediate openings in Santa Clara and Gilroy for registered interns and trainees. Training will be provided for our unique program. You will be able to receive children, group and family hours, as well as telephone hours. If you are interested, please email your resume to : peace2gether@yahoo.com. Our website is peace-it-together.org. This is a non-paid position.

Spanish Speaking MFT Intern Needed

Part-time MFT bilingual intern, Youth and Family Services Bureau, Alameda County Sheriff's Office. In San Leandro, \$15.63 per hour. Cover letter/resume to astarn@acgov.org or call (510) 667-3270.

JOB OPPORTUNITIES

Bilingual LCSW/LMFT

Bill Wilson Center has an immediate opening for a spanish-speaking (required), licensed therapist for our TAY Mental Health program to provide comprehensive assessments, treatment planning, risk assessment, clinical interventions, and service coordination as well as supervision and training for interns assigned to the program. Licensed eligible for waiver with Santa Clara County Mental Health (MFTi or ASW) may be considered. Email resume and cover letter to resumes@bwcmail.org.

OFFICE SPACE

Psychotherapy Office

Sublease, large, quiet office space located in professional building Mountain View. Available M/W/F all day. Shared waiting room, handicap access, ample free parking. \$400 per month. Call Susan 650.948.9224

Office for Rent \$130/Full Day

First Floor-Est Practice. Monday/Thursday/Friday-\$130 a day/month. Sep. exit, wait room, windows, signal syst. Great Location-Junction of Saratoga/Campbell/Cupertino/San Jose near 85/280/LawrExp. 408-757-6336

Los Gatos/Campbell Office for Rent – Medical Park!

Large, attractive 2nd floor corner office (windows/view of trees) available to rent F/T available soon. Located in recently recarpeted six-therapist office suite with shared waiting room, call lights and kitchen area. Wheelchair access. Prime location near Highways 17/85, Los Gatos/Campbell border. Contact: Verna (408) 832-2448 or Cheryl 379-3370.

Menlo Park

Prime psychotherapy Office. Sound proofed consultation room. Large view window. Private entry and exit. Patient and client parking. 300 sq ft \$1260/mo. Ken Woodrow, M.D. 650 324-1500

Office Space on The Alameda

Entire bottom floor, 5 offices, new wooden floors, plenty of natural light, 2 bathrooms including weekly janitorial, on-site & unmetered parking. Also available on 2nd floor are 2 carpeted office suites with same janitorial & parking; sharing floor with other psychotherapists. No smoking & no pets. Call 408-307-8871.

Psychotherapy Office --Los Gatos

Attractive Professional Building with a full service office (windows, balcony, views) in a 3 office suite. Furnished waiting room, call lights, friendly colleagues. Great location & parking. Contact: Christine 408-358-9396

OFFICE SPACE

Palo Alto Office Space

Palo Alto, 80 sq ft, \$80 per 4-hrs per mo, Contact: Nancy Klimp nklimp@gmail.com

Cupertino

Available two days/week. Near 280 and 85. Light, clean, quiet and comfortable. Suitable for seeing children, adults, families and small groups. Separate waiting room and exit. Call Jacki Moseley (408) 537-0747

San Jose Office Sublet

Well-decorated first floor room overlooking beautiful courtyard garden with fountain. Sublet 2 days per week. Days are negotiable. Near I-880/The Alameda. Please e-mail to: adelinamft@yahoo.com or call: 408-203-0135.

Very Nice Mountain View Office!

Full-time office in beautiful business plaza. Amenities include waiting area, utilities, janitorial service, free Google WiFi internet, conference rooms and on site deli. \$750/month. Contact Jim (650) 450-0102 jimarjani@yahoo.com

Office Space

12'x14' unfurnished office, full time, in attractive, new 4 office psychotherapy suite. Large window, view of foothills, trees. Great location, easy parking, handicapped access; quiet, collegial atmosphere. \$674/mo + variable extras. katyggg@earthlink.net, Louise - 408-255-0056

TWO Full-Time Offices \$565 - August 1 and September 1

South Winchester; 8 established therapists. Large waiting room, Call lights, Playroom, Kitchen, Wifi, Janitorial, IN-HOUSE REFERRALS, consultation, warm collegial atmosphere. Gail 408-296-2926

Great Office Near Pruneyard

Spacious full-time ground-floor office in attractive 3-office suite. Quiet, with furnished waiting room and shared office equipment. Includes janitorial service, easy parking, near 17 and 280. Anne Montagna 408-516-1926



SCV-CAMFT News
Attention: Editor
P.O.Box 60814
Palo Alto, CA 94306

Creating a Community and Culture of Connection



Friday, July 22
11:30 AM — 1:30 PM

Lunch served promptly at 11:30

South Region Luncheon
(1.5 CEU hrs. available, PCE 1134)

Los Gatos Lodge
50 Los Gatos—Saratoga Rd
Los Gatos

Cost: \$26.00 (CEUs add \$7, PCE 1134)

Menu: Buffet served at 11:30

Register by July 18

For information regarding the speaker or
topic, contact chairs:

Verna Nelson: 408-379-7747
Carol Marks: 408-736-5093

Chapter Events

Dates to Remember

- ◆ September 30, 2011
WORKSHOP: Diversity and
Multi-Cultural Competency for
Therapists
- ◆ October 14, 2011
SCV-CAMFT Annual Meeting
- ◆ October 21, 2011
Law and Ethics Workshop
- ◆ October 28, 2011
South Region Luncheon
- ◆ November 18, 2011
Mid Region Luncheon

Friday, August 26
11:30 AM — 1:30 PM

Lunch served promptly at 11:45

North Region Luncheon
(1.5 CEU hrs. available, PCE 1134)

Marriott San Mateo
1770 South Amphlett Blvd.

Cost: \$26.00 (CEUs add \$7, PCE 1134)

Menu: TBD

Register by August 22

For information regarding the speaker or
topic, contact **Pamela Eaken,**
650/571-6342

RESERVATIONS: YOU CAN REGISTER ONLINE USING YOUR MASTERCARD OR VISA CREDIT CARD! Go to our website at www.scv-camft.org, enter the "Calendar of Events" page and click on the event to find the luncheon registration page. You can also register by PayPal or by sending a check, payable to SCV-CAMFT, with entrée selection noted, to SCV-CAMFT, P.O. Box 60814, Palo Alto, CA 94306. Payment must be received by the Monday before the luncheon. Reservations will be held until noon. Lunch will be served promptly at 11:45. If seating is available, "standby" persons can pay \$33.00 at the door to attend the luncheon. **Please note: telephone reservations cannot be accepted. Call the chapter voicemail, 408/235-0210, for reservation information and the chapter's cancellations policy.**