

# SCV-CAMFT News

VOLUME 31, NO. 4

JULY / AUGUST 2012

## SPECIAL POINTS OF INTEREST

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## President's Column—

### Some Thoughts on Sexuality —President LaDonna Silva, LMFT

Homosexuality is a hot topic, and many therapists work with clients that explore their sexuality. Discovering my sexuality took several years, and I thought I'd share a little about my experience. I believe for some, sexuality is clear cut and obvious at a young age, while others stumble around until ready. With a staggering rate of teen suicide amongst queer youth, it feels extremely important to support our clients when their sexuality is at question.

I encourage therapists in training to remain open, loving and curious, and to follow the client's unfolding process, regardless of their



**LaDonna Silva, LMFT**  
**President, SCV-CAMFT**

issue. I don't believe we have to know what is best for the client, and if I have my own agenda, I only get in the way of the process. I believe it's our job to invite and support our clients to deepen their experience

with themselves, and within this process they can uncover their truth.

I remember being twelve years old when my friends teased me about "liking" girls. I remember feeling confused, but denied the claim. Then I was mesmerized by one friend in particular, and I now realize I had a crush on her.

There were a few of those moments in adolescence when I questioned my sexuality, but was unconscious of the unfolding process. I don't remember any role models in my small world, so I set aside

**Cont'd on Pg 18**

## Spanish Language Special Interest Group

—Jane Kingston, Director of Law and Ethics, SCV-CAMFT

Our first Special Interest Group (SIG) has launched. It is the Spanish language SIG for people interested in providing therapy in Spanish. The Spanish-speaking community in the Bay Area is large and largely underserved by the mental health community. Our SIG welcomes all levels of Spanish-speaking abilities, and we hope to have meet-

ings, in-person or online, to develop our Spanish therapy abilities, to discuss actual cases, to share resources, and to deepen our knowledge of the culture of our Spanish-speaking community. I promised to get this SIG started when it was suggested by a guest at the New Member Tea at La Donna's house earlier this spring. So, I sent out

the following to the Chapter Exchange:

*¿Habla a español en su práctica? ¿Desea hablarlo? El capítulo de SCV-CAMFT quiere em-pezar un grupo de interés especial para usted. Si le interesa, por favor regístrese, y comenzare*

**Cont'd on Pg 19**

# SCV-CAMFT Calendar

## JULY

**27 Chapter Luncheon**  
South Region; Los Gatos

## AUGUST

**31 Chapter Luncheon**  
North Region; Burlingame

## SEPTEMBER

**28 Chapter Luncheon**  
Mid Region; Mtn. View

## OCTOBER

**19 Legal & Ethical Training**  
Michael's at Shoreline  
Mountain View

**26 Chapter Luncheon**  
South Region; Los Gatos

## NOVEMBER

**9 Annual Meeting**  
Michael's at Shoreline  
Mountain View

**30 Chapter Luncheon**  
Mid Region; Mtn. View

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Sacramento, CA 95834  
**Phone:** 916/574-7830  
**Email:** [bbswebmaster@bbs.ca.gov](mailto:bbswebmaster@bbs.ca.gov)  
**Website:** <http://www.bbs.ca.gov>

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**All articles and advertisements must be submitted either via e-mail to [mail@scv-camft.org](mailto:mail@scv-camft.org) or via the chapter's Website at <http://www.scv-camft.org>. Articles & Announcements must be submitted typed and double-spaced. Please see advertising policy and information on page 16.**

Unsolicited articles are welcome, but the Editorial Committee accepts no responsibility for their return. We reserve the right to edit all articles. Opinions expressed are those of the authors and do not necessarily represent views of SCV-CAMFT.



*Howard Scott Warshaw received his Master of Arts degree from JFK University and his Master of Engineering degree from Tulane University. After decades as a software designer/programmer, award winning film maker, celebrated video game developer, author, teacher and engineering manager, Howard has integrated his eclectic skill set in the service of others as a psychotherapist. He is currently in private practice under the supervision of Maria Klein, LMFT where he focuses on the unique needs of Silicon Valley's Hi-Tech community. Howard can be found at [www.hswarshaw.com](http://www.hswarshaw.com).*

## Pre-Licensed Corner— Roll Confusion by Howard Scott

I undertook this column knowing full well my primary goal as a pre-licensee (much like a therapist) is to obsolete myself. And now my role as pre-licensee is drawing to a close. This got me thinking about roles and the role I want to talk about today is payroll! Something happened recently in private practice. My supervisor and I discovered something very significant -- something every intern/supervisor pair in private practice needs to understand.

First, a brief review: when a supervisor brings an intern into private practice, the intern must be an employee, and there must be an agreement as to how the intern will be paid. All fees go directly to the supervisor (by law), and the supervisor divvy's up the proceeds as outlined in their agreement. Many supervisors like having interns, but they don't like having employees (because of paperwork and taxes), so they hire a payroll service to handle that part, and everyone is happy. Such is the case with my supervisor and me. Here's what happened next: when I got my first pay stub from the payroll service, I noticed my gross pay was reduced. I asked my supervisor about this, and she said this is how they've always done it. We wrote to the payroll service and they explained the reduction. They take the "Employer Payroll Tax" out first, and then do the regular payroll processing on the remainder. I asked them, "Shouldn't the employer pay the Employer Payroll Tax?" They said most of their clients are MFTs or LCSWs and 90% of them handle it exactly this way, and *they recommend we do it too*.

So my supervisor and I decided to take some consultation and several things emerged. First, employers are indeed responsible for Employer Payroll Taxes (it's *illegal* to have the employee pay them). Second, the topic of Employer Payroll Taxes rarely comes up when making a supervisor/intern fee split agreement. Third, most MFT's and interns are not very financially sophisti-

cated, particularly when it comes to tax laws, or employment stuff, which is why... fourth, most supervisors hire payroll services which may set up situations just like this. I think we're all clear that MFTs are not doctors, lawyers and especially not tax accountants. Seriously, how many of us need help just counting our BBS hours? But who *should* know better about something like this?

I'm not into blaming here, not until I do more research first, but the fact remains this payroll service asked my supervisor for only one number: the employee's (my) share of the fees. They took the Employer Payroll Taxes out of that portion. They were the ones responsible for allocating these payments. In my opinion, *they* should know better than to take the Employer Payroll Taxes from the employee's share. Every supervisor and intern should know this too, and take appropriate action. According to CAMFT, this is illegal and creates a potential liability for the supervisor. I wonder if this is why many qualified MFT's elect not to host interns in private practice.

You can make an open agreement to deal with the tax however you like, but you can't split the gross and then take the Employer Payroll Tax out of the employee's share.

I believe supervisors and interns are unaware of these rules. I'm proud to say my supervisor had the integrity to pursue this directly, and see it through to an ethical and appropriate conclusion. Thank you, Maria. I never doubted it, but I so appreciate it.

One other thing, though my pre-licensee status will be discontinued, this column won't be (though we will likely reframe the title). My editor asked me if I wanted to continue writing for the newsletter. Being a child of the 60's, I naturally told her, "Write On!"

## Broken Love: The Intersection of Divorce and Therapy

A Legal Perspective by Dina Haddad, Esq., LL.M



Dina Haddad, Esq., LL.M, is the founder of Families First Mediation, a family law mediation boutique in San Jose. She is a panel neutral for Agency for Dispute Resolution, headquartered in Beverly Hills, and sits as judge pro tempore for the Santa Clara County personal property arbitration program.

For more information, visit [www.ffmediation.com](http://www.ffmediation.com).

### I'm Getting a Divorce. Now what?

Welcome to *Broken Love*, a regular column in the SCV-CAMFT News to address issues related to the intersection of divorce (family law) and therapy. Over the last few months, I have had the opportunity to meet several of you, and had requests for information about the divorce process to help inform your practices when dealing with clients facing divorce. My hope is that this column will provide you that information, and be useful to your practice. Always feel free to send in any questions you may have.

Suppose you are working with a couple, and one or

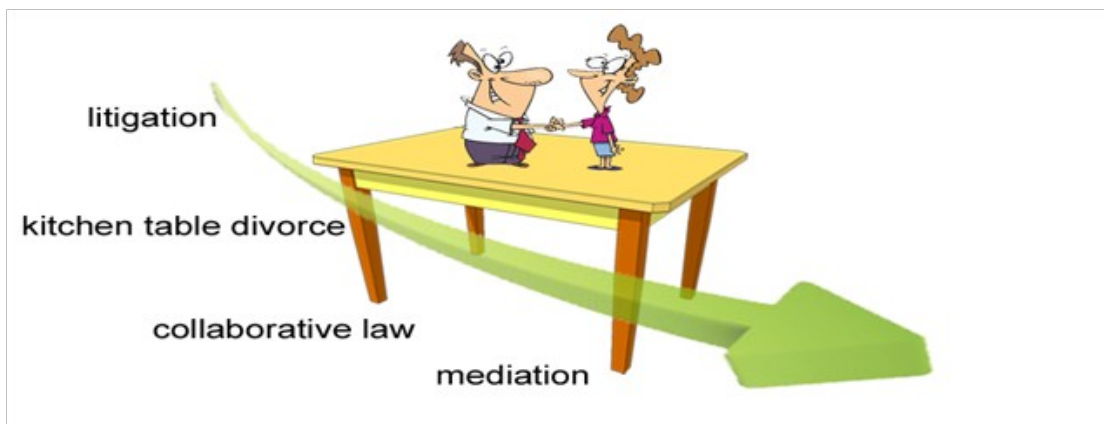
suggest to a client traumatized by the divorce process, or stuck in years of post-divorce legalese?

An appropriate place to begin our column would be discussing the basics of a divorce case, and the options available to each couple to process a divorce. In this article, I'll provide some general information, and then in the following columns, we'll discuss these in more detail.

**The 411:** In California, it only takes one spouse to initiate and finalize a divorce. This is important when you are working with a couple, and only one spouse wants the divorce. The spouse who does not want the divorce should be encouraged to participate in

amount. If the couple cannot agree, the divorce will go to trial, and the judge will ultimately decide. As you can imagine, requiring a divorcing couple to make healthy decisions during one of the most traumatizing life events, is highly improbable. The process the couple selects plays a crucial role in determining the end result, including what emotional and financial consequences they are likely to confront.

In general, there are three approaches to resolving a divorce matter: litigation, alternative dispute resolution options (which include mediation and collaborative law), and the kitchen table divorce. Imagine a spectrum. On the far left is litigation



both have decided to file for divorce. What options are available to them? How much time will different options take? What are the advantages or disadvantages of each? Are some options less emotionally intense than others? What practical things can you

the process. If s/he does not, s/he puts her/his legal rights at risk!

During a divorce, the couple works to divide their assets and debts, arrange a child custody agreement, and agree to an appropriate child and spousal support

tion, considered an *attack response*, and on the far right is mediation, a *peace-making response*. The kitchen table divorce falls in the middle. Let's begin with the far left.

In litigation, the couple goes before a judge,



argues for their side of the story, and the judge issues a ruling. If attorneys are retained, typically each lawyer will require between \$5,000-\$25,000 as a retainer. Lawyers will prepare for hearings, negotiate, and appear at court, costing thousands of dollars in the lawyer's time. This cycle continues until all issues are settled, or the unsettled issues are brought to trial. On average, this process takes a minimum of two years, even for couples who have little to divide or disagree about. The process is draining, both emotionally and financially.

The second process is the kitchen table divorce. This couple decides they can complete the divorce on their own, without the use of other professionals or a judge. The couple might download forms online, or read divorce guides. Working together, or electing one spouse to do the work, the couple will do their best to complete their divorce. If the couple can manage, and there are minimal assets, they stand to save money. However, they run the risk of legal complications and getting stuck along the way. Those who choose this route are most successful when they take their final agreement and documents to a mediator, or attorney, for review. This process lands them in the middle of our spectrum.

The third process encompasses alternative dispute resolution (ADR) options, such as collaborative law and mediation. ADR options are non-adversarial options available to resolve disputes outside of court.

In collaborative law, each spouse retains a collaborative law attorney, a joint mental health professional, and a forensic accountant. The couple then works with this team of professionals to resolve their divorce, all who have agreed not to use the court process. This is one of the chief benefits of collaborative law, as well as having a concentrated group of professionals for support. However, these also are its downfalls. Collaborative law runs the risk of stalemate, because there is no external force to overcome obstacles, and the team may not be united on every point. If the couple cannot resolve their dispute, or at any time someone breaks rank and uses the court system, both husband and wife must fire all their professionals and start over with new attorneys. Despite these shortcomings, collaborative law can be very useful when there is a significant power imbalance between the spouses, especially to keep the couple on the "right side" of the spectrum.

At the far right of our spectrum is mediation. In mediation, the couple works with a mediator, who guides them through the divorce issues in a safe space, without representing either party. Mediation gives the couple plenty of time to discuss the issues and create workable solutions. The mediator is not limited by the court's time frame or procedures. For example, in mediation, the couple could make agreements about adult children (over the age of 18), where a court could not. Both husband and wife must agree

to mediation, but it is a misnomer that only "amicable" couples can mediate. The mediator will adjust power imbalances to assist the couple. Similar to collaborative law, the couple never goes to court. The mediator will formalize their agreement in a court order. Typically, mediation is the most cost-effective approach, and results in the most workable custodial arrangements. For instance, one extensive study showed 30% of nonresidential parents who mediated their divorce saw their children weekly 12 years later, compared to 9% of those parents who pursued litigation. Mediation is quicker than litigation because the couple receives concentrated time and only needs to work with the mediator's schedule.

A couple can pursue any one of these routes, and practically at any time, can switch routes to use another (although the costs and benefits might discourage it). For instance, a couple litigating their divorce might become worn out from the divorce fight and decide to go before a mediator for a settlement conference to resolve their entire matter. A wise idea. In the next column, I'll discuss in detail the disadvantages couples will face when they choose litigation. In the meantime, feel free to send me questions or comments to me by email at [dina@ffmediation.com](mailto:dina@ffmediation.com).

## The 411:

**"In California, it only takes one spouse to initiate and finalize a divorce. This is important when you are working with a couple, and only one spouse wants the divorce. The spouse who does not want the divorce should be encouraged to participate in the process. If s/he does not, s/he puts her/his legal rights at risk!"**

# SCV-CAMFT 2012 Calendar of Events

July 15, 2012; Sunday

September / October Newsletter Deadline

July 21, 2012; Saturday

**Innovative Programs Workshop: "I Have Been Told That I'm An Expert, What Does That Mean?"**

July 27, 2012; Friday

**SCV-CAMFT South Region Luncheon & Board Meeting**

August 31, 2012; Friday

**SCV-CAMFT North Region Luncheon & Board Meeting**

September 15, 2012; Saturday

November / December Newsletter Deadline

September 30, 2012; Friday

**SCV-CAMFT Mid Region Luncheon & Board Meeting**

October, 19 2012; Friday

**Legal and Ethical Issues Workshop with David Jensen, JD**

October 26, 2012; Friday

**SCV-CAMFT South Region Luncheon & Board Meeting**

November 9, 2012; Friday

**SCV-CAMFT Annual Meeting**

For more information and to register for upcoming SCV-CAMFT events, please visit our website at [www.scv-camft.org](http://www.scv-camft.org).

## Please Note Newsletter Deadlines:

THE DEADLINE FOR NEWSLETTER SUBMISSIONS IS SIX WEEKS PRIOR TO PUBLICATION. (THE DEADLINE FOR THE SEPTEMBER / OCTOBER ISSUE IS JULY 15TH.) IN ORDER TO GET THE NEWSLETTER TO YOU ON TIME, WE MUST STRICTLY ADHERE TO THIS TIME FRAME. SUBMISSIONS RECEIVED LATE WILL BE HELD OVER FOR ANOTHER ISSUE.

SEPTEMBER / OCTOBER 2012 ISSUE  
DEADLINE JULY 15, 2012

NOVEMBER / DECEMBER 2012 ISSUE  
DEADLINE SEPTEMBER 15, 2012

## Change of Status

SCV-CAMFT would like to acknowledge those members who recently negotiated the difficult task of completing the MFT licensing process.

**Congratulations to Nancy B. Andersen and Wendy Bravo —  
Newly Licensed MFT**

If you have received your notice of licensure, it is important to remember to inform your local chapter as well as the state organization of CAMFT. Please inform our chapter coordinator of any status change as soon as possible by telephone, 408/235-0210, or by e-mail, [mail@scv-camft.org](mailto:mail@scv-camft.org).

## ONGOING PSYCHOTHERAPY GROUPS



In this dynamic psychotherapy group experience, clients explore relationship patterns & learn about healthy connection with others. Issues such as depression, dating, shyness, codependency, ACOA, and self-esteem, are explored with the support and feedback of peers.

**Nancy Wesson, Ph.D. CGP (Psy9621)** is a licensed psychologist with 25 years of clinical experience. Dr. Wesson has 20 years of experience leading groups using a group process-interpersonal approach. She receives consultation from Dr. Irvin Yalom. **Contact:** Nancy Wesson, Ph.D. at (650) 965-7332 or Dr.NWesson@sbcglobal.net. Articles about group psychotherapy can be found on her website at: [www.wespsych.com](http://www.wespsych.com).

## FAMILIES FIRST MEDIATION

Have a couple who **can't reconcile** or a client **traumatized** by on-going divorce drama?

Dina Haddad, **divorce mediator**, has the legal & mediation background to **guide** them through their divorce, child custody dispute, or other family related matters **quickly** and **cost-effectively**.

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## Women's Group

Helping Women Access Their Inner Wisdom

- Assertiveness · Childhood concerns
- Life transitions
- Anxiety · Depression
- Personal growth
- Relationships · Self esteem

**Wednesday evenings**

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Facilitated by:

**Claire Adalyn Wright**

**408-998-7098**

Certified Group Psychotherapist  
Licensed Marriage & Family Therapist  
California License #MFC44491

Call for details and for a pre-group interview

# SCV-CAMFT July South Region Luncheon

(1.5 CEU hrs. available, PCE 1134)

## MY PARENTS ARE HAVING A HORRIBLE AWFUL DIVORCE:

### A LOOK AT DIVORCES WHERE ONE (OR MORE) PARENTS ARE BEHAVING BADLY...VERY BADLY

Presented by Beth Proudfoot, LMFT and Keith Britany, LMFT

**Date:** Friday, July 27  
**Place:** Los Gatos Lodge, 50 Los Gatos—Saratoga Blvd., Los Gatos  
**Register:** At [www.scv-camft.org](http://www.scv-camft.org), or mail your payment to  
SCV-CAMFT, PO Box 60814, Palo Alto, CA 94306

**Time:** 11:15 am—1:30pm  
**Menu:** Buffet Lunch  
**Fee:** Members—\$26 + \$7 for CEUs  
Non-members—\$30 + \$7 for CEUs

**Register:** Please make your payment by Monday, July 23 for the early registration fee, or just show up and pay the higher "Walk-in" fee.

Child therapist Beth Proudfoot, and Divorce Coach, Child Specialist and family therapist Keith Britany, will discuss contentious divorces from the points of view of the children...and the therapists. Included will be information every therapist needs to know about alienation, false accusations of abuse, the allure of the "poor victim," and other minefields therapists have to navigate in these challenging cases. Can divorces be handled in healthier ways that preserve the integrity of the family and the individuals involved? We believe that the answer is 'Yes', and will introduce the child-friendly methods available to do so.



**Beth Proudfoot** received her MFT license in 1985, and has worked with children and parents ever since. She is currently the Director and Owner of the Child & Family Counseling Group, a private practice clinic which specializes in working with children. A co-author of "The Magic of Positive Parenting," and author of the "Parenting the Millennium Kids" series, she has presented at conferences for the National Center for Self Esteem, the National Association for Educators of Young Children, and the National Mothers of Twins Clubs, in addition to a diverse set of local and regional audiences.

**Keith Britany** is a Licensed Marriage and Family therapist. In addition, he is a Collaborative Divorce Coach, Child Specialist, and Mediator. He has over 20 years of experience working with people in a therapeutic environment. Keith has offices in San Jose, Santa Cruz, and Cupertino. The focus of Keith's therapy practice is on helping men, adolescents, and their families live healthier lives. He does this by assisting individuals and families to be their most effective, by making use of their strengths to build more positive outcomes. Keith is currently on the board of the Santa Cruz Chapter of CAMFT, where he is the Pre-licensed Support Group Chair.



**Note:** While there are sometimes a few seats left for walk-ins (\$33 / \$40), pre-registration is required. We give the food counts a few days before the luncheon and cannot be accurate without pre-registration. If you find you must cancel, please call the chapter voicemail (408/235-0210). **Refunds are not always available and are never available without this notification.** It *may* be possible to transfer your payment to the following month *if* you call at least 24 hours in advance. The contact persons are available to answer questions about the speaker and the topic. If you have questions about the procedure for registering, call the chapter voicemail. Guests are welcome to attend with you—please provide their names along with your payment. Also be sure to specify your entrée choice with your payment. See the back cover for more information on registration. **Please remember that telephone reservations cannot be accepted.**

- ◆ Chapter board meetings are generally held on the fourth Friday of each month (some major holidays and other chapter functions move the date) from 9:00AM to 11:15AM at the same location as, and immediately prior to, the chapter's monthly luncheon event.
- ◆ All luncheon programs are held from 11:15AM to 1:30PM. Look for locations and other specifics in the newsletters, on the chapter's website, and in e-mail sent directly to those members who have e-mail.
- ◆ In order to make the luncheon registration process as efficient as possible, please register early. Send your payments, with your entrée selection noted, to the chapter by the Monday prior to the event.



# SCV-CAMFT August North Region Luncheon

(1.5 CEU hrs. available, PCE 1134)

## GOOD GRIEF:

### STRATEGIES FOR WORKING WITH CHILDREN AND TEENS DEALING WITH THE IMPACT OF DEATH AND LOSS

Presented by Liz Powell, MA, LMFT and Jonathan Frecceri, MA, MFTI

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<b>Date:</b>	Friday, August 31	<b>Time:</b>	11:15 am—1:30pm
<b>Place:</b>	Crystal Springs Golf Course, 6650 Golf Course Lane, Burlingame.	<b>Menu:</b>	Buffet Lunch
<b>Register:</b>	<b>At <a href="http://www.scv-camft.org">www.scv-camft.org</a>, or mail your payment to</b> SCV-CAMFT, PO Box 60814, Palo Alto, CA 94306		
		<b>Fee:</b>	Members—\$26 + \$7 for CEUs Non-members—\$30 + \$7 for CEUs

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**Register: Please make your payment by Monday, August 27 for the early registration fee, or just show up and pay the higher “Walk-in” fee.**

Adults are often bewildered by their children's and teens' grief behavior, and uncertain of how to meet their needs. A surviving parent claims her preschooler doesn't really know what has happened, intent on protecting her from the truth of their father's suicide. A father expresses concern that his 10 year-old “didn't cry at the funeral and seems to be living in denial of his mother's death.” A grandmother reports, “My granddaughter keeps mentioning wanting to go to heaven to be with her mommy and daddy. Is she suicidal?” A teen boy's guardian exclaims, “I know that he lost his father in the accident early last year, but a full year has gone by and he is still acting out and getting into trouble at school. Is this adolescence, or is this grief?”

Scenarios like these abound as therapists work with children, teens, and families in the wake of tragedy and loss. At Kara, we view the grieving process as a normal response to loss, encompassing a wide range of symptoms and timelines for healing, and aim to suspend judgment in imposing “right” or “wrong” ways to grieve. At the same time, we hear from even the most experienced therapists, parents, teachers, and spiritual advisors that it can be difficult for them to tease apart the effects of grief from other mental health and developmental challenges, and find the most helpful interventions.

In “Good Grief: Strategies for Working with Children and Teens Dealing with the Impact of Death and Loss,” Liz Powell, MFT and Jonathan Frecceri will facilitate a grief education program for licensed clinicians and therapy interns emphasizing the following training outcomes:

- 1) Understand normal grief, especially after a death, including death by suicide.
- 2) Identify the Developmental Stages of Grieving for children and teens, including primary developmental tasks, children's beliefs about death, common grief reactions, and ways adults can help.
- 3) Distinguish principles of grieving for children and teens vs. adults
- 4) Identify “helpful” versus “hindering” interventions that can be utilized with bereaved family members.

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**Liz Powell, MA, MFT**, is in private practice in Mountain View, specializing in trauma, anxiety disorders, grief, and the relational challenges that arise as teens, adults, children, and families cope with these issues. Liz began volunteering with children and teens in 1997 as a court-appointed special advocate, just as she was wrapping up a 25 year career in design management for high-tech companies. She joined Kara in 1999 as a volunteer, and began graduate studies in Counseling Psychology. In 2003, she became part of Kara's staff, working as Director of Youth and Family Services until 2011, when she started in private practice.

**Jonathan Frecceri, MA, MFT Registered Intern**, joined Kara in March 2010 as a Youth and Family Services volunteer, and has played a multi-faceted role within the agency as a teen bereavement group facilitator, Camp Erin grief counselor, and crisis response team coordinator. Jonathan assumed a staff position in June 2011 as the Director of Community Outreach and Education, and in his continued clinical role at Kara, specializes in his work with bereaved teens, children, and families suffering complications from acute stress, trauma, and addictions.

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## Luncheon Review — by Ann Langley, Ph.D.

### Collaborative Couples Therapy: Turning Fights Into Intimate Conversations



**Ann Langley, MFT**, has specialized in couples therapy and the treatment of addictions since 1989. She has taught couples therapy at JFK University, and courses in the treatment of addictions at the Institute of Transpersonal Psychology, and other training centers. She sees adult individuals and couples in her private practice in Redwood City. Dr. Langley is currently a Candidate at the Psychoanalytic Institute of Northern California.

Dan Wile, Ph.D., gave an informative talk on his approach to couples therapy at the March, 2012, Mid-Region SCV-CAMFT luncheon held at Michael's Restaurant in Mountain View, California. Wendy Wegeforth, MFT, noted Dr. Wile's impressive biography in her introduction.

Dr. Wile's approach has been developed over many decades of working with couples. In addition to writing several books on couple's therapy, Dr. Wile has been teaching at various graduate programs locally, as well as nationally and internationally. He also leads ongoing couple's consultation groups in Palo Alto, Oakland, and Sebastopol. These groups include his latest thinking about working with couples, and presentation of cases by participants. The meetings are reasonably priced, and are offered on a drop-in basis.

The lecture included three things critical to Dr. Wile's approach to couples therapy. These were: 1) his theory (solving the moment rather than the problem), 2) his method (he role-played his technique of 'doubling'), and 3) the basic sensibility from which he works (which includes, as the therapist, getting yourself back to a place of empathy when a client's words and behaviors are tempting you to attack or withdraw emotionally).

In a general way, Dr. Wile believes these three components involve helping the couple with their conversation, as opposed to specifically solving problems. As therapists, one way we've been trained to think about this is to focus on the process (the quality of the conversation), rather than the content (specifics of the conflict or problem). One of the ways Dr. Wile accomplishes this is to 'double' — that is, speak as if he were each partner. By doing this, he helps them better express their needs and also become

less defensive as listeners. The goal of this process is to help clients obtain a third perspective — being able to see both their side and their partner's position, or "platform," as he calls it. In individual therapy, we think of this as helping the client strengthen their observing ego; when this is accomplished, clients have more ability to objectively view their interactions with others.

A helpful example of achieving this third perspective was one that involved Dr. Wile and his partner. She asked him during a heated conversation, when he was somewhat overwhelmed by his own emotional reactivity, what he would say to a couple he was treating who were having this same conversation. When he stopped to think from that position, it enabled him to arrive at this third perspective, and be more thoughtful and creative in continuing the conversation.



Dr. Wile then spent some time discussing the three cycles couples can find themselves in. The first is the **adversarial cycle**, in which each partner feels too unheard to listen, too misunderstood to be understanding, and too

**Cont'd on Pg 19**

# SCV-CAMFT Innovative Program

## I Have Been Told That I'm an "Expert". What Does That Mean?

**Ron Digesti, Esq.**  
**Saturday, July 21, 2012**  
**10:00 am - 12:30 pm**  
**El Camino Hospital**  
**2500 Grant Road**  
**Mountain View**

**REGISTER BY JULY 17!**  
On our website at  
**[www.scv-camft.org/calendar](http://www.scv-camft.org/calendar)**  
**This is a FREE event!**  
**1.5 CEUs are**  
**available for \$7**

This is SCV-CAMFT's first **Innovative Program Workshop**, and we're offering this gathering on a **Saturday** like you've requested. We'll be networking for the first 30 minutes, listening to Ron Digesti for 1 1/2 hours, then having an open conversation about the topic listed. Join us, and get to know your colleagues in a casual setting,

### More About the Topic

You have been named as an expert in a lawsuit involving your client. In this day of increased litigation, this has become a common occurrence. We will discuss:

- the definition of "expert"
- the types of experts
- how/why you were "chosen"
- what to watch out for
- what you have to do
- how you get paid (yes, you are entitled to payment).



For those of you who are apt to be involved in litigation (most of you), this discussion should not be missed.

### More About the Presenter

Ron Digesti, Esq., is managing partner of the San Francisco office of Callahan, Thompson, Sherman & Caudill, LLP.

Ron specializes in the representation of mental health care practitioners.

# CASE CONSULTATION AND STUDY GROUP

## FOCUSED ON

## DEEPENING THE PSYCHOTHERAPY

Led by Alan Kessler, Ph.D.

In my experience, deeper treatment in terms of addressing fundamental psychological conflicts is much more beneficial to the individuals we treat and gratifying to us as therapists. At the same time, it is much more difficult for the patient and therapist, as intense transference and counter-transference, inseparable and essential components, threaten to bury the gaining of insight. Mining the interaction between patient and therapist as it progresses so that good occurs, and harm does not, requires the ability to formulate what is going on, and the technical skills to turn it into words that will emotionally and cognitively move the patient in a salubrious direction. It is in a spirit of acknowledging both the potential rewards of deep work and how complex, and emotionally difficult it is, that this consultation group proceeds.

### Group Framework:

Members will rotate in the presentation of process with a particular individual they are treating. Ideally, these presentations will last for at least a month, so as to allow for the development of a deeper sense of the individual being presented and the consolidation of a sense of having learned something by the presenter and the group. In-between each case presentation will be a meeting devoted to discussion of readings. The topics for reading will be chosen by the group as particular interests develop out of the case presentations.

It is my experience that being a member of a group of therapists, especially when presenting, can be a very vulnerable experience. For this reason, a premium will be placed on mutual respect for each other's clinical work and opinions. Members of the group will have been interviewed beforehand so as to maximize the cohesiveness of the group.

### My Background:

I am a certified psychoanalyst, licensed clinical psychologist and licensed marriage and family therapist. In addition, I am a supervising and training analyst, as well as faculty member at the San Francisco Center for Psychoanalysis. Over the past twenty-five years, I have worked in a diversity of settings (e.g., in-patient, HMO) with a psychologically and ethnically diverse group of individuals. For the past fifteen years, I have been exclusively in private practice. The perspective I predominantly work from emphasizes the influence of relationships, particularly early relationships on an individual's psychological functioning. Similarly I highly value the therapeutic relationship as a tool for psychological change.

The proposed time of the group is Wednesdays from 2 to 3:30 P.M; depending on the schedules of the group. The fee for the group will be \$50.

For further information please call me at (408) 358-5777.

\*\*\*This is a paid advertisement\*\*\*



## Young Adult Psychotherapy Groups

Young Adult Psychotherapy groups provide:

- Increased opportunities to develop social skills
- Inter-member feedback that enhances self-awareness
- Opportunities to learn how to help and be helped by peers
- New perspectives about personal issues
- Experiences of universality, trust, and understanding

Many young adults feel relieved after joining a psychotherapy group, as meeting others who have struggled with similar issues and have improved offers hope and renewed determination. For more information, contact:

**Alice J. Sklar, MFT, CGP**  
**(650) 961-3482**

Marriage and Family Therapist  
License Number: #20662

Certified Group Psychotherapist  
License Number: #179092

## **Terryann Sanders, LMFT**

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## ADVERTISING OPPORTUNITIES AND PRICES!

Since the launch of the chapter's Website in the fall of 2004, all classified advertisements have been published on the Website concurrently with their run in the chapter newsletter. Now, your display advertisements can as well! The following is a list of the prices, effective August 1, 2005, for display advertisements for publication in SCV-CAMFT News. Please remember, you can always receive an additional discount by paying for multiple publications of your advertisement in advance.

	Member Advertising Rates			Non-member Advertising Rates		
<b>Newsletter or Online Display Ad</b>	<b>2 months</b>	<b>6 months</b>	<b>12 months</b>	<b>2 months</b>	<b>6 months</b>	<b>12 months</b>
Full Page	\$200	\$510	\$900	\$400	\$1,020	\$1,800
Half Page	\$125	\$319	\$563	\$250	\$638	\$1,125
Quarter Page	\$75	\$191	\$338	\$150	\$383	\$675
Eighth Page	\$50	\$128	\$225	\$100	\$255	\$450
<b>Combined</b>	<b>2 months</b>	<b>6 months</b>	<b>12 months</b>	<b>2 months</b>	<b>6 months</b>	<b>12 months</b>
Full Page	\$300	\$765	\$1,350	\$600	\$1,530	\$2,700
Half Page	\$188	\$478	\$844	\$375	\$956	\$1,688
Quarter Page	\$113	\$287	\$506	\$225	\$574	\$1,013
Eighth Page	\$75	\$191	\$338	\$150	\$383	\$675

These prices and more information about our advertising policies, are also available on the chapter's Website, [www.scv-camft.org](http://www.scv-camft.org). If you have questions or comments, please contact the chapter at 408/235-0210 or [mail@scv-camft.org](mailto:mail@scv-camft.org).



The  
**Newly Licensed**  
Support Groups are  
designed to meet  
the needs of those  
just starting in the  
field after licensure,  
on up to  
**three years after**  
**licensure.**

You will find support,  
great ideas, and  
develop  
relationships with  
your peers.



**Find encourage-  
ment and advice  
from those who  
have already  
walked in your  
shoes on the  
road to  
licensure.**

## Support Group Calendar

A great way to create  
your long-term  
support network....

**North Region Newly Licensed—July 14 and August 4**

**South Region Newly Licensed— July 21 and August 18**

**North Region / Peninsula Pre-Licensed— July 13 and August 10**

**South Region Pre-Licensed— No meeting in July, and August 3**

## Free Newly Licensed (within 3 years) Support Groups

**North Region—**The purpose of this group, which meets monthly, is to provide support to members who have recently become licensed, within the last three years. This support group meets the first Saturday of each month from 10:00 AM to 12:00 PM.

**Jamie Moran, LCSW,** is the current group facilitator. The location is 661 Live Oak Avenue, Suite One, Menlo Park, CA 94025. To RSVP, and for further information

about upcoming meeting dates and times, please contact Jamie Moran at [Jammoran@aol.com](mailto:Jammoran@aol.com) or 650/598-8877.

Be sure to take advantage of this valuable group and resource as you begin your journey as a licensed therapist.

**South Region—**This support group meets monthly from 10:00 AM to 12:00 PM. The purpose of this group is to provide support to mem-

bers who have recently become licensed, within the last three years.

**Verna Nelson, MFT,** is the current group facilitator and meetings are held on the border of Campbell and Los Gatos, close to the intersection of 85 and 880. To RSVP, and for further information, please contact Verna Nelson at 408/379-774 or email her

[vernelnelson@gmail.com](mailto:vernelnelson@gmail.com)



## Free Pre-licensed Support Groups

**North Region— Debra Rojas, LMFT,** facilitates our pre-licensed support group for the north bay and peninsula. This group meets the needs of our pre-licensed members in the north region. Debra is a graduate of Trinity College of Graduate Studies, has been licensed for three years, and has a private practice in Menlo Park. Debra's group will meet the second Friday of each month from 10:00am to 12 Noon, at Debra's home in

Menlo Park.

For more information or add your name to the email list for this group, please email Debra at [debra@debrarojasmft.com](mailto:debra@debrarojasmft.com).

**South Region—**At each meeting, **Karen Taylor, LMFT,** plans to have a structured topic, as well as open check-in/discussion time. Meetings are scheduled

for the first Friday of each month from 9:30am to 11:15am at Karen's office. To get on an email list for this group, to ask for more information, or to give input about desired topics for upcoming meetings, please contact **Karen** at [Karen@karenytaylor.com](mailto:Karen@karenytaylor.com), or by phone at 408-455-8220. Additional information about Karen, as well as directions to her office, are available at [www.karenytaylor.com](http://www.karenytaylor.com).

*We are thankful for the time authors have taken to write thoughtful articles.*

Have you considered submitting a paper or article of your own? Have you considered the benefit of having your material read by more than 500 members who regularly receive and read the SCV-CAMFT Newsletter?

- ⇒ Length: Articles 500-1,200 words; Announcements 75-250 words
- ⇒ Double-space to provide room for editing
- ⇒ Indent paragraphs
- ⇒ Do not right justify
- ⇒ Submit typed or printed copy only
- ⇒ Check punctuation and spelling, particularly of names



- ⇒ Please note deadlines, which the production staff must observe—the 15th of every odd month. The more time we have to edit and check facts, the better your article will be.
- ⇒ Submit articles via the chapter's Website, <http://www.scv-camft.org>, or email to [mail@scv-camft.org](mailto:mail@scv-camft.org).
- ⇒ For more information, email Vinutha Mohan, Editor, [vinutham@gmail.com](mailto:vinutham@gmail.com)
- ⇒ All submissions are subject to review and approval by the SCV-CAMFT Editorial Committee

## SCV-CAMFT News—Advertising Policy

Adopted by SCV-CAMFT, April 3, 1992;  
last revised August 2004

ALL ADVERTISING MATERIAL MUST BE SUBMITTED TYPED, BY DEADLINE, AND VIA E-MAIL OR THE CHAPTER'S WEBSITE NO LATER THAN THE FIFTEENTH OF ODD-NUMBERED MONTHS

PRECEDING PUBLICATION.

e-mail: [mail@scv-camft.org](mailto:mail@scv-camft.org)

Website: <http://www.scv-camft.org>

### NEWSLETTER CLASSIFIED ADS:

- SCV-CAMFT members in good standing will be allowed one 35-word free ad per issue.
- Members running additional ads, beyond their free one-per issue will pay \$25 for each additional ad of 35 words or less.
- Non-members will pay \$50 per 35-word ad. This surcharge should be an incentive for current non-members to join the chapter
- **Members and non-members alike will pay \$1.00 per word for each word over 35.** The following units of information count as one word. Phone number, zip code, each degree or licensure abbreviation (e.g. "Tom Jones, MFT, Ph.D." = four words).

### NEWSLETTER DISPLAY ADS:

- Display ads must be typeset, with a border, and not merely typewritten. See samples from this issue. Ads must be sized exactly and camera-ready (i.e. ready to be pasted into layout with no further copy or graphic manipulation necessary). Discounts are available for purchasing multiple "flights" for the same ad.

### ADDITIONAL ADVERTISING POLICY

- **Advertisements appearing in this newsletter do not imply SCV-CAMFT endorsement either of their content or of the persons placing them.**
- **Copy for classified ads should be typed and double-spaced.** Count words before e-mailing. You may pay for any words over the 35 allotted by using PayPal or credit card. Ads will be run for one issue only. If you wish to repeat ads., you must resubmit them by deadline each issue.
- **Members may only use free or member-rate display advertisements to promote only their own office space or services.**

# PROCESS THERAPY GROUPS

*Led by:*

**KIM IVES HICKS, CGP, MFT**

***(formerly Kim Ives Bailey)***

*Supervised by:*

**DR. IRVIN YALOM**

**Burlingame**

**(650) 737-1818**



# Legal and Ethical Issues Workshop

What Does the Law Expect of Me? (Part I)

David Jensen, J.D.

October 19, 2012 - 9:00 a.m. to 4:00 p.m.

Michael's at Shoreline

## Register early and save money!

[www.scv-camft.org/calendar](http://www.scv-camft.org/calendar)

### Before September 15

Members: \$115

Non-members: \$130

### After September 15

Members: \$125

Non-members: \$145

Includes 6 CEUs (PCE1134), continental breakfast, and a buffet lunch.

### Location:

Michael's at Shoreline  
2650 Shoreline Blvd., Mtn View

**October 19, 2012. Check-in begins at 8:30am**



Presenter, David Jensen, J.D., is a CAMFT Attorney and regular contributor to *The Therapist* magazine.

David Jensen's presentations have always been well received by our chapter. Previous attendees have said,

"Bring him back!"

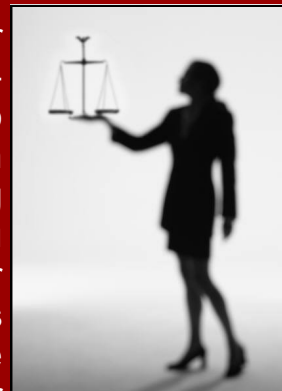
"Great sense of humor."

"Well presented."

"Even though the topic is dry and technical, he makes it interesting."

And everyone seems to love the venue of Michael's. It has been described as a mini-vacation, especially if the weather is nice and people can eat lunch outdoors.

Your SCV-CAMFT chapter annually presents a workshop on law and ethics to keep us up to date with these ever evolving issues, and to help you fulfill your requirements for license renewal. This year, the workshop will be on October 19<sup>th</sup> at the ever



popular Michael's restaurant in Mountain View. David Jensen, Staff Attorney with CAMFT since 2002, will present the first of a 4-part series titled, **"What Does the Law Expect of Me?"**

You have probably heard references to the **"standard of care"**, or the **"reasonably competent therapist"**, but how do these concepts affect you on a daily basis in your practice? In this six hour workshop, you will learn the details of **what the law has to say** regarding:

- ♦ A therapist's obligation to be a competent practitioner.
- ♦ The importance of properly assessing and diagnosing your patients.
- ♦ The right to privacy, including the definition of confidentiality and privilege.
- ♦ Patients who may be dangerous to themselves.
- ♦ Patients who may be dangerous to others.
- ♦ Dual relationships.

Contact Jane Kingston at 650-726-6774 if you have questions.

**President's Column—**  
cont'd from page 1

this inner confusion for a number of years.

Eventually, I married my high school boyfriend. We raised my husband's daughter, and then decided to have a child of our own. I dreamt about women infrequently, which was confusing, however I didn't want to explore my sexuality yet. I wanted to focus on my marriage, and continue nurturing the family life I had created. My marriage became more challenging as I continued to work on myself. The more I grew, the more distance I put between us. Although my sexuality wasn't the focus, I felt unhappy and decided to end the marriage.

After divorcing, my curiosity about my sexuality ignited. I listened as one of my friends described exploring her sexuality. We spent hours talking about her bisexuality, and my inner excitement continued to grow. The idea of my sexuality was still at a safe distance while I continued to date men. My new excitement gave way to nightmares, when I imagined my ex-husband would threaten to take away our daughter.

I faced this huge fear while continuing to wrestle, question, and challenge my beliefs. In time, after witnessing my best friend marry another woman, and being in the community with others willing to express their sexuality freely, I was intrigued.

In the midst of my career transition, I began to trust that this confusion would subside, and I was ready to face my fear. I quit my career, declared my decision to return to school, and was supported by those who loved me. I started to develop a crush on a woman, went on my first date, and was excited about finally letting myself trust this attraction. Something internally had shifted; I was loving this newly discovered part

of me, and celebrating my new experience.

Most people in my life celebrated. Some didn't. Naturally, I struggled telling my mother, and when I did she replied, "What's wrong with you?" I wasn't willing to entertain this conversation with her, and decided I'd process this conflict in my therapy. I didn't feel like anything was wrong with me, I was actually feeling more alive and congruent. I was awake, open, facing life, and in my truth. Once again, I was claiming my choices and feeling empowered, yet tender and sensitive to what others thought.

My ex-husband never threatened me, and he knew that my parenting and love for our daughter wouldn't change because I was dating a woman. My daughter's ultimate dream that her father and I would get back together, was now shattered. She was eight years old when she cried and declared, "Mommy if you are gay, then you will never be with my Daddy again!" She was processing and struggling with my "coming out." It seemed as though she needed to grieve this loss of her "model" family. Both of us continued to process this major change in our lives.

After dating a woman for several months, and it not working out, I wondered if I would still be attracted to men. I was still attracted and dated a few times, however my sexuality had become clear -- I desired to be with women.

When my daughter was eleven, my current partner and I got together. We rode through the challenges of middle school when my daughter wanted to keep my sexuality on the "down-low". She liked my partner from the beginning, and they had a mutual friendship before we dated, but she didn't want to stand out in any way. We supported this process, yet struggled with it at the same time. I was ultra sensitive to my daughter's needs, while trying to care for myself. During the same time, my mother introduced my partner to others as my "friend." She

didn't have a language to describe her daughter's same-sex partner. This slowly evolved as both of my parents developed relationships with my partner.

Our family experienced a huge shift when my daughter was in high school and Proposition 8 was on the ballot. We all worked the phone banks calling residents in our area in opposition to Prop 8. My daughter simply couldn't understand why someone else would be opposed to her same-sex "parents" getting married. She understood and appreciated our connection and love for one another. It was clear to her that we were a family -- one that loved, laughed, struggled, recovered, and shared experiences together, just the same as any other family.

I began to process the idea of marriage, and had to consider if it was the right time for me to marry again. It felt like a complex issue. I had the privilege of marriage, but also had the experience of divorce. I needed to take some time to explore my inner readiness and commitment. We ultimately chose to get married before the election and passing of Prop 8. It was a small gathering of family and a few of our closest friends, and yes, my mother was there to support and honor my marriage.

While I've had my struggles through this process, and continue to feel vulnerable when openly sharing my sexuality, I know that being transparent and authentic is important. Hiding my truth doesn't serve me in any way, nor can it support others in finding their truth, whatever that may be.

While I realize that not everyone shares my same experience, I hope this invites each one of us to stay open, curious, and willing to follow the unfolding process of our client's sexuality, as they venture down the uncertain road of life.

## Spanish Language SIG

cont'd from page 1

*mos a averiguar cómo hacer esto. Podemos tener discusiones de casos en línea, compartir recursos útiles, y tal vez podamos reunirse en persona. Por favor, contribuya todas sus ideas en este nuevo grupo. Para suscribirse, envíe correo electrónico a mí en la siguiente dirección. ¡Gracias! (Perdóneme si mi español no es perfecto.)*

So far, our members include Sarah Harkness (in Burlingame), Wendy Bravo (in San Jose), Kaye-Alisa Rowan (in San Jose), Lorena De La Torre (in San Carlos), and myself (in Half Moon Bay). Please contact Jane Kingston if you have any questions, or interested in joining.

## Luncheon Review

cont'd from page 10

stung by what the other partner just said to do anything other than sting back. This was the type of cycle Dr. Wile found himself in when his partner helped him get into a third position – a platform from which he had more objectivity. (The descriptions of the cycles are taken directly from Dr. Wile's comprehensive handout outlining his approach to couples therapy.)

The second cycle is the **withdrawn cycle**, in which each partner's carefulness, politeness, considerateness, restraint, flatness muted tone, unresponsiveness, and de-vitalization or walking on eggshells, stimulates the same in the other, much as whispering stimulates whispering. One way to help couples get out of this cycle is to name the withdrawal, and then be able to talk about what is going on, and what each is doing to contribute to the cycle.

The third cycle is the **collaborative cycle**, in which each partner's confiding, admitting, comforting, reassuring, and looking at things from the other's point of

view, makes the other automatically feel like doing the same. The example of this cycle included one partner confiding a vulnerable feeling (an 'I feel' statement), and thereby eliciting a more compassionate and less defensive response from his/her partner. This is the cycle we are attempting to help couples experience in the session, and subsequently have this experience more often at home.

Dr. Wile demonstrated his technique of doubling through a role play with two admirably willing participants from the audience, Beth Proudfoot, MFT and Svetlana Kreimer, MFT. He asked one participant to play an aggressive role, and the other to be more withdrawn. They each voiced their complaints, after which he stood by each partner and translated through doubling her highly emotionally reactive complaints and responses into words and tones that were more vulnerable and less defensive. This had the effect of greatly improving the quality of their conversation.

I wasn't aware of this technique before the lecture, but realized after the meeting that I do this all the time with couples, but in a more subtle and less deliberate way. I'm constantly restating things clients say to help them be more vulnerable or to speak more clearly. This translation or 'doubling', as Dr. Wile calls it, will usually evoke a more compassionate response from the partner.

I've trained with Ellyn Bader and Pete Pearson over the years and have used their "Initiator-Inquirer" technique with great success. This way of teaching more effective communication is similar, in that it is also highly structured and directive, and I often speak for one or both clients in a similar way to what Dr. Wile calls 'doubling'. I have not, however, utilized Dr. Wile's technique, in which he gets up and kneels

down next to one member of the couple as he speaks for them. He reflects or 'doubles' what the partner just said, checks the accuracy of the restatement, makes corrections, and then gets the other partner's response. He then moves to the other partner and does the same thing.

I think this technique is especially effective because I often hear couples say, "We went to see therapist X but all she did was sit there and say, 'Ummm'. We needed a lot more intervention and direction from the therapist in order to get somewhere." 'Doubling' is highly active, directive, and usually helpful in opening up the space for more possibilities of expression and understanding. When partners feel understood by each other, it tends to have a calming effect on both of them.

I read Dr. Wile's first book, Couples Therapy: A Non-traditional Approach, almost 20 years ago (it was first published in 1981), and appreciated the eclectic approach he had taken in blending three theoretical approaches. These included the psychoanalytic, behavioral, and systems approaches. Although my training had been primarily in the Bader/Pearson Developmental Model of couples therapy, I enjoyed the way Dr. Wile wove several approaches together in a compassionate and non-pathologizing way. I was happy to be brought up to date on Dr. Wile's work with couples, and found myself incorporating several aspects of his approach in my work the following week. For me, this is the signature aspect of an educationally rich experience – beginning to immediately apply concepts and techniques in the clinical setting. Thank you, Dr. Wile for this lively and clinically informative experience.



## GROUPS AND WORKSHOPS

**SUPPORT GROUPS- TEEN**

**GIRLS-** friendships, feelings, communication, self-esteem and stress using art and drama. **WOMEN-** relationships, depression, stress, transitions, parenting, balance and grief starting September 22 (8 weeks) Lori Levitt, MFT #43329. 650/794-4828 [www.lorilevittmft.com](http://www.lorilevittmft.com)

**Women's Therapy Group**

Ongoing group for women who want to improve their relationships, develop healthy communications skills, and pursue personal development. Issues addressed include assertiveness, self-esteem, grief and loss, anxiety, depression, and childhood concerns. Please contact Claire Wright, MFT, CGP at 408/998-7098 for details.

**Knowing Me, Loving Me** - Join a supportive circle of women and learn to create more of what you want in your life, through therapeutic dialog and supportive relationship. Marialena Malejan-Roussere, [www.relationshipharmony.com](http://www.relationshipharmony.com), 408-702-7429

**Psychotherapy Groups** - For Adults and Young Adults who want to improve their interpersonal skills. These weekly ongoing groups offer support, new perspectives, safe interpersonal experiences, opportunities to help and be helped. Contact Alice Sklar, MFT, CGP for details: 650-961-3482. Two low fee spots available for women.

**Is Anger Hurting Your Relationship?**

- It doesn't have to! Learn Keys skills to break the anger habit. Ongoing groups for women and men. San Mateo/San Francisco. Call Michael G. Quirke M.F.T. 415 820-3943 or [www.michaelgquirke.com](http://www.michaelgquirke.com)

**Upcoming Bi-Lingual Courses at the Mental Research Institute!**

3-DAY INTENSIVE with Jerome A. Price, M.A. — Brief Treatment with

## GROUPS AND WORKSHOPS

Challenging Adolescents: Strategies for working with the high risk adolescent and the family August 23rd - 25th, 2012 18 Continuing Education Credits \*this course is bi-lingual (simultaneous interpretation in Spanish); COST: \$600 \*Students & Groups - please contact mariapiaallende@mri.org or (650) 321-3055.

**3-DAY INTENSIVE Brief Treatment with Challenging Adolescents:**

Strategies for working with the high risk adolescent and the family - August 23rd - 25th, 2012 Presenter: Jerome A. Price, M.A. LOCATION: MRI Conference Room at 555 Middlefield Rd, Palo Alto, CA 94301; 18 Continuing Education Credits; MRI is approved to provide continuing education for MFT's and/or LCSW's as required by the California Board of Behavioral Sciences, Provider #PCE 14. View our other upcoming courses at [www.mri.org](http://www.mri.org) For more information, please contact mariapiaallende@mri.org, or (650) 321-3055.

**5-DAY INTENSIVE COMPREHENSIVE STRATEGIC FAMILY THERAPY TRAINING**

- August 27th - 31st, 2012; Presenter: Eileen Bobrow, LMFT, 30 Continuing Education Credits; MRI is approved to provide continuing education for MFT's and/or LCSW's as required by the California Board of Behavioral Sciences, Provider # PCE 14. Location: Mental Research Institute, 555 Middlefield Road, Palo Alto, CA 94301; View our other upcoming courses at [www.mri.org](http://www.mri.org) For more information please call (650) 321-3055 or email Maria Pia Allende at mariapiallende@mri.org.

**Deepening the Psychotherapy - Case Consultation Group**

- Focused on Deepening the Psychotherapy, Wednesdays, 2 to 3:30 P.M. in Los Gatos, Led by Alan Kessler, Ph.D. For further information, please call me at (408) 358-5777.

## GROUPS AND WORKSHOPS

**SUPPORT GROUPS- TEEN**

**GIRLS-** friendships, feelings, communication, self-esteem and stress using art and drama. **WOMEN-** relationships, depression, stress, transitions, parenting, balance and grief starting September 22 (8 weeks) Lori Levitt, MFT #43329. 650/794-4828 [www.lorilevittmft.com](http://www.lorilevittmft.com)

**Women Who Love Too Much**

- A group for Women Who Love Too Much, based on Robin Norwood's book, has openings. The group meets Mondays from 6:30-8:00 in Redwood City. For more information contact Lori Gortner at 650-248-3122 or [lgortner@gmail.com](mailto:lgortner@gmail.com)

**Process Groups for Women in Transition:**

Examining internal, external, second-half-of-life changes. Redwood City. Now forming Mondays and Wednesdays. Please call Deborah Dowse Runyeon, MFT at 650-363-0249 x111 for information.

**Women's Group** - A group for Women Who Love Too Much is forming in Redwood City on Tuesday evenings from 6:30 - 8:00. This group is for women who feel incomplete without a man in their lives. Price is \$40/session and a complimentary interview is required. Contact Lori Gortner for more information.

## FOR CLINICIANS

**Resource for Clients Dealing with Divorce and Custody**

- Larry Stone - "Divorcing Peacefully: Why It's Essential and How To Do It", by Larry Stone, MFT. For anyone dealing with, considering, or recovering from divorce. [www.DivorcingPeacefully.com](http://www.DivorcingPeacefully.com). 831-600-7665.

**Families First Mediation**

- Have a couple who can't reconcile? Mediator Dina Haddad, divorce attorney, provides couples confidential and a safe space to finalize divorce without going to court! Location: San Jose. Visit [www.ffmpegiation.com](http://www.ffmpegiation.com).



## FOR CLINICIANS

**Peer Consultation Group** - New peer consultation group for child therapists has openings. Meeting Thursday mornings in San Jose. Contact Roberta Faust for more information: 408-410-5029.

### EXTERNSHIP TRAINING OPPORTUNITY FOR CLINICIANS—

\*Now accepting applications for 2012. The Strategic Family Therapy Training Center is offering a 6-month Externship Training Program in 3 modalities:

- Strategic Family Therapy,
- Ericksonian Hypnotherapy and Hypnosis
- Gestalt Therapy from a systemic perspective.

The program meets every Tuesday US Residents Tuition: \$2,500

In exchange for this six month comprehensive training, clinicians licensed in California and registered interns must be available to provide therapy at the Strategic Family Therapy Clinic, up to 2 cases per week and pay tuition. Clinicians may set their own schedule.

Trainers: Eileen Bobrow, LMFT, Lucanna Grey, LMFT, Carol Erickson, LCSW, MFCC

Tentative starting date: September 15th, 2012 – March 19th, 2013.

For more information, please contact the MRI Director Maria Pia Allende at mariapiaallende@mri.org. Our direct phone line is (650) 321-3055. Or visit [www.mri.org](http://www.mri.org)

## FOR INTERNS

**Psychotherapy Group for Interns and Trainees** - Through Process Therapy Institute I co-facilitate a personal therapy group for interns and trainees. We ask for a six week commitment and the price is \$25 a week. Please email me at [carmackbeth@gmail.com](mailto:carmackbeth@gmail.com) or go to: <http://processes.org/client-classes/personal-psychotherapy-group-for-interns-and-trainees-2/>

## OFFICE SPACE

**office to sublease** - Office to sublease in downtown Campbell! It is a great location in a wonderful & quiet

## OFFICE SPACE

building with lots of MFT's! It has a small waiting area, can be used for adults or children and comes with a sand tray. It is available to sublease by the day. The charge is \$150.00/day. Please call or email me for more information, 408-579-9806!

**Sublease Available** - in downtown Campbell for adults, children or groups! Space for groups up to 12. Sublease all day/evenings on Saturdays, Tuesday mornings, Wednesday evenings. Photos on [www.karenytaylor.com](http://www.karenytaylor.com) - Karen 408-455-8220

**Office Sublet** - Great office available for sublet in prime Cupertino location close to Hwy 85/280. Beautiful suite shared with two other therapists, includes waiting room with call-light system and alcove with tea for clients. Well-lit on-site parking. Office available 8am-5pm Monday, Tuesday, Thursday and Friday - \$150.00/day. Prefer one therapist for all four days. Please call for more details - 408-777-8804, or email [beverly@beverlyleftwich.com](mailto:beverly@beverlyleftwich.com).

**Sublet in Los Gatos** - Furnished office near Vasona's Oak Meadow Park. Quiet, windows facing greenery. \$150/month, per day. Available Monday, Thursday, Friday & Saturday. Convenient to San Jose, HWY 85 & 17. Melinda 408-279-2411

**Los Gatos** - Attractive, LMFT small office with large windows in 2 office suite in Los Gatos. Easy access to 17. Quiet. Excellent parking. Available for full time lease beginning July. Contact Pat Lynch at 356-4103

**Sublet downtown Menlo Park** - Monday, Thursday & Saturday + Friday afternoons. Family-friendly setting, child-friendly office in a small house shared with pediatric OTs. Full service & parking. Linda Stewart, PhD LMFT 650.323.3358

**MENLO PARK SUBLET** - 2 days per week available in quiet, furnished office with window on courtyard, waiting

## OFFICE SPACE

room, kitchenette, secure internet, parking. Walk to downtown restaurants and shops. Gail Price 650-329-0233

**Mountain View Office** - Great Location! Full-time office in beautiful business plaza. Amenities include waiting area, utilities, janitorial service, free Google WiFi, conference rooms and on-site deli. \$650/month. Contact Jim (650) 450-0102 [jimarjani@yahoo.com](mailto:jimarjani@yahoo.com)

**South Palo Alto Office** - Convenience with Ambiance, 80 sq ft ~ Rent in blocks of time. Beautiful adjacent classroom. Nancy Klimp 650 493-1935 x2.

**Beautiful PT Office** - Beautifully furnished office available for sublet Friday-Monday. \$215/mo for one full day plus \$10/hr on the other days. Lovely courtyard, fountain. Beautiful quiet space. San Jose near Campbell and Los Gatos. Celeste 408-914-5441

**Fabulous downtown Palo Alto office for sublease** - 451 Lytton Street, Beautiful office - call light, parking, new contemporary furnishings, Available: day/eve Mondays, Wednesday, Fridays, Saturday, Sunday; Tuesday, Thursday after 5pm, Contact [robin@robinmullery.com](mailto:robin@robinmullery.com) 650-352-4500

**Willow Glen Office for Rent** - Available full time in lovely suite with supportive therapists. Included: weekly case consultation group, waiting room w/call lights, janitorial, utilities, fax, phone. \$550/month. Call Carmen (408) 271-9779.

**Fabulous office space in Campbell** - Tastefully furnished office in a client convenient location available to sublease 1-3 days, Tuesdays, Wednesday afternoons, Fridays and Sundays. Conference rooms available for groups. Lots of amenities. Play therapy ready. \$150/day per month. Please contact Lisa Sullivan at 408-440-9047.



SCV-CAMFT News  
Attention: Editor  
P.O.Box 60814  
Palo Alto, CA 94306

Creating a Community and Culture of Connection



**Friday, July 27**  
**11:15 AM — 1:30 PM**

South Region Luncheon  
(1.5 CEU hrs. available, PCE 1134)

**“My Parents Are Having a  
Horrible Awful Divorce: A  
look at divorce when one (or  
both) parents are behaving  
badly, very badly.”**

Presented by:  
Beth Proudfoot, LMFT and Keith  
Britany, LMFT

Los Gatos Lodge  
50 Los Gatos-Saratoga Blvd  
Los Gatos

### Chapter Events

#### Dates to Remember

- ◆ September 28—Mid Region Luncheon in Mountain View
- ◆ October 19—Legal and Ethical Issues Workshop
- ◆ October 26 — South Region Luncheon in Mountain View
- ◆ November 9—SCV-CAMFT Annual Meeting
- ◆ November 30—Mid Region Luncheon in Mountain View

**Friday, August 31**  
**11:15 AM — 1:30 PM**

North Region Luncheon  
(1.5 CEU hrs. available, PCE 1134)

**“Good Grief: Strategies for  
Working with Children and  
Teens Dealing with the Im-  
pact of Death and Loss,”**

Presented by:  
Liz Powell, LMFT and  
Jonathan Frecceri, MFTI

Crystal Springs Golf Course  
6650 Golf Course Lane  
Burlingame

**RESERVATIONS: YOU CAN REGISTER ONLINE USING YOUR MASTERCARD OR VISA CREDIT CARD!** Go to our website at [www.scv-camft.org](http://www.scv-camft.org), enter the “Calendar of Events” page and click on the event to find the luncheon or workshop registration page. You can also register by PayPal or by sending a check, payable to SCV-CAMFT to SCV-CAMFT, P.O. Box 60814, Palo Alto, CA 94306. Payment must be received by the Monday before the event. Reservations will be held until noon. If seating is available, “standby” persons can pay at the door to attend. **Please note: telephone reservations cannot be accepted. Call the chapter voicemail, 408/235-0210, for reservation information and the chapter’s cancellations policy.**