

**SPECIAL
POINTS OF
INTEREST**

- **President's
Column by
Nanette
Freedland, MFT**
- **SCV-CAMFT
Opportunities**
- **Pre-Licensed
Corner Pg 3**
- **Save the Date
Pg 5**

**INSIDE THIS
ISSUE:**

September Luncheon Review	6
Calendar of Events	8
Benefits of Membership	9
Upcoming Luncheons	10
Support Groups	12
Marketing with SCV-CAMFT	14
Classifieds	20

SCV-CAMFT News

VOLUME 30, NO. 3

MAY / JUNE 2011

President's Column—

Preparing for Disaster

—Nanette Freedland, MFT

Hello everyone,

Like many of you, my email inbox is always on the verge of bursting. But last week, one note cut through the clutter, and I thought I'd share it with you all.

*Dear Nanette,
I would like to commend you and your staff for sponsoring the CISM (Critical Incident Stress Management) Training this weekend in Mountain View. I had come a long way and did not know what to expect. However, I came away feeling that this was one of the best and well put together workshops I have attended. Special*



Nanette Freedland
President, SCV-CAMFT
freedlandn@gmail.com

thanks to Mary Kay Bigelow and Pamela Eaken. They both did a terrific job in hosting the event. You should be very proud of them.

What struck me about this email was that the sender is not even part of our Santa Clara Valley Chapter. With pride, I quickly sent a response and forwarded the exchange to all of the Chapter Board of Directors. In my reply, I thanked my colleague and mentioned our pleasure in providing the annual workshop.

But the attention to CISM is a valuable one today, as the terrible devastation in Japan continues to highlight how important it is to have a team of professionals trained in times of

Cont'd on Pg 14

Current SCV-CAMFT Opportunities

Interested in meeting colleagues and getting involved??

We would like you to consider joining us...

There are many benefits to serving with the Santa Clara Valley Chapter of the California Association of Marriage and Family Therapists. You are allowed the satisfying oppor-

tunity to serve your local therapist community. Turn your passions for profession and insight to your needs as a therapist, and turn that into action as you provide opportunities to serve your peers in the way you have always needed.

Whenever you give of your time, you also benefit. You will expand your net-

working presence as you will be able to meet many other members on a regular basis, increasing your visibility in the community.

We are currently looking for three chapter members who are interested in getting involved in one of the following ways:

Cont'd on Pg 4

SCV-CAMFT Calendar

Santa Clara Valley Chapter California Association of Marriage and Family Therapists Board of Directors

MAY

12-15 CAMFT Annual Conference
South San Francisco

15 Newsletter Deadline
July / August Edition

20 Chapter Luncheon
North Region; San Mateo

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pam@pamelamilliken.com

Judith E. McFarland, (Director Pre-licensed & Newly Licensed) 408/566-3119
jm@judithmcfarland.com

JUNE

20 Chapter Luncheon
Mid Region; Mountain View

Shazad Contractor, Chief Financial Officer 408/666-6791
shazad@jjacoustics.com

Debra D. Rojas, Secretary
650/561-3764
debra@debrarojasmft.com

Pamela Eaken, Director (Special Events) 650/504-1982
pamelaeaken@gmail.com

JULY

22 Chapter Luncheon
South Region; Los Gatos

15 Newsletter Deadline
September / October Edition

Liaisons To Other Community Agencies

Red Cross (Santa Clara County):
Judith Boore, 650/948-9138
Jane Kingston, 650/726-6774

BBS Contact Information
1625 N. Market Blvd. S #200
Sacramento, CA 95834
Phone: 916/574-7830
Email: bbswebmaster@bbs.ca.gov
Website: <http://www.bbs.ca.gov>

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North Region Programs:
Jacqui Gerritsen, 650/315-7207
Mid-Region Programs:
Wendy L. Wegeforth, 408/888-6630
South Region Programs Co-chairs:
Verna L. Nelson, 408/379-7747
Carol Marks, 408/736-5093

August

26 Chapter Luncheon
North Region; San Mateo

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All material must be submitted either via e-mail to mail@scv-camft.org or via the chapter's Website at <http://www.scv-camft.org>. Articles & Announcements must be submitted typed and double-spaced.

Please see advertising policy and information on page 21.

Unsolicited manuscripts are welcome but the Editorial Committee accepts no responsibility for their return. We reserve the right to edit all articles. Opinions expressed are those of the authors and do not necessarily represent views of SCV-CAMFT.

Pre-Licensed Corner— "Intern-alized" by Howard Scott Warshaw



Howard Scott Warshaw received his Masters degree from JFK University's Graduate School of Professional Psychology. He is an Intern at JFKU's Sunnyvale Community Counseling Center. After working as programmer, video game developer, teacher, film maker and software manager, Howard believes his past experience will serve him well as a psychotherapist. He plans to focus on the specific needs of people in Silicon Valley's Hi-Tech Industries.

"To be is to do." -Socrates

"To do is to be." -Sartre

"Do be do be do." -Sinatra

More on this in a moment.

As of this column, I am no longer a Trainee. I have made the leap to registered MFT-Intern. This is a purely titular transition of course (based solely on completing my Masters degree), and does not warrant any actual change on my part. Nonetheless, it does invite reflection. Has anything really changed since beginning this journey nearly four years ago?

Back then, I envisioned practicing therapy as sitting in a comfy chair, doling out life-altering insights to idealized clients, who receive them with sincere gratitude in a spirit of bonhomie, followed immediately by a generous check. Now, as my clinical hours approach four figures, I'm finding this is not my typical experience in the room. I'm not *working on* clients so much as *being with* clients. Instead of a convivial and analytically removed experience, I'm engaging my clients by building intimate connections, or at least holding open the possibility. This not only serves my clients, but also comes back to me in so many marvelous growth lessons. The reality is fulfilling rather than disillusioning. I feel truly blessed. Even more so, since the fantasy was so sweet!

Another realization I've gained from seeing clients, is that holding therapeutic space for a person is a difficult task. Being with a distressed client, without turning off, without judging, without drifting, staying present and connected while sitting in a place of empathy, is a tough thing to do. One challenge of therapy is earnestly facing the fact that being a healer means regularly confronting real pain, distress, and damage. "Self-care" sounds trite in introductory seminars, but, the more I learn, the more this concept deepens for me.

Then there's the unconscious facet of my transformation. I had a dream a few weeks ago, in which I met a per-

son who became angry with me, upon learning I was becoming a therapist. He told me, "I don't like that you're becoming a therapist. My wife wants us to go to marriage counseling. You therapists think you know people, but you don't know #%&! You sure as hell don't know anything about me!" So my dream response was, "I know one thing about you. I know you really don't like my becoming a therapist. This shows me you get pretty upset over things that have nothing to do with you. Maybe you expect people around you to support you, or make you feel good about yourself. This is a lot to put on others, particularly when it's a covert demand. And the one person you likely hold most responsible for supplying this good feeling is your partner, which isn't automatically bad for your relationship. You might have a partner who lacks self-confidence, is highly dependent, and needs help defining goals and behavioral norms. That could be very symbiotic. On the other hand, if your partner is an independent person who expects you to support them just as they support you, then that might become a source of tension in your relationship. It could go either way I suppose. But didn't you just say she wants to try couples counseling? Hmmm, perhaps that's a second thing I know about you." And I woke up smiling.

I smiled because this dream simply made me feel I'd learned a lot about clinical thinking in the last few years, and that is a very nice feeling for me.

Upon reflection, the three opening quotes reveal some key lessons for me in becoming a therapist. As a writer, filmmaker, and high tech denizen, for decades I was all about doing. Now, I have come to believe that therapy is all about being. Being is more attuned than doing. My main challenge as an Intern is relaxing into being (no small task for a recovering doer). These three quotes guide me in this pursuit. Socrates affirms my goals, Sartre warns me of my habits, and Sinatra alludes lyrically to my ongoing "Intern-al" struggle.

Current SCV-CAMFT Opportunities (continued from page 1)

Serve as the Volunteer Coordinator

~a newly developed position that will be reporting to the President Elect on the Board of Directors.

The Volunteer Coordinator position participates in recruiting, coordinating and honoring chapter volunteers. This position will collaborate with committee chairs and board members to fill volunteer opportunities at chapter events. If you enjoy working with others and like to network with fellow therapists this is a great opportunity for you! This position is for a 2 year term (2012/2013) in addition to the remaining months in the 2011 calendar year, and this is not a board position.

This position will include high visibility and interaction with our membership.

Volunteer Coordinator



The following positions are openings on the Board of Directors:

Business Development Director

~ Develops new business opportunities commensurate with the needs of the chapter and establishes strategic partnerships with other CAMFT chapters or other organizations.

Director of Luncheon Programs

~ Oversees luncheon committees, evaluates luncheon speakers and fee structures and negotiates luncheon venues and contracts.



All board members attend monthly board meetings and the annual chapter membership meeting held in October. These positions are for a 2 year term (2012/2013) in addition to the remaining months in the 2011 calendar year.

For further information or to express your interest, please contact our President-Elect, LaDonna Silva at (408) 358-2218 x421 or ladonna@processes.org

Board of Directors: Business Development & Luncheon Programs

SAVE THE DATE!!! SAVE THE DATE!! SAVE THE DATE!!! SAVE THE DATE!!!

SCV~CAMFT presents...

Diversity and Multi-Cultural Competency for Therapists

Presented by Lee Mun Wah from Stirfry Seminars

The workshop will focus on multi-cultural topics, including learning practical skills to address therapeutic issues, working with couples, and on having an experiential day of creating awareness and sensitivity in our professional community. Attendees will be able to develop skills to assess situations where diversity/multi-culture are issues, and where effective communication skills are needed, as well as learn appropriate and useful interventions.

Lee Mun Wah is an internationally renowned Chinese American documentary filmmaker, author, poet, Asian folk-teller, educator, community therapist and master diversity trainer. Oprah Winfrey did a one-hour special on Lee Mun Wah's life and work that was seen by over 15 million viewers internationally. In 2005, Lee Mun Wah directed and produced the film, *Last Chance for Eden*, a three-part documentary on sexism and racism. His newest book, *Let's Get Real – What People of Color Can't Say & Whites Won't Ask*, along with the film, *If These Halls Could Talk*, dealing with college students and their perspectives on race and racism, will both be released in 2011.

Lynn E. Fritz will begin the day with a Native American Welcoming Ceremony and close the day with a drumming ceremony for release and attunement. Lynn is an LMFT in private practice, a Karuk Tribal descendant, Indian Child Welfare Consultant, Chair for Shasta County Interfaith Forum, public speaker and educator, presenting workshops in Multiculturalism, Spirituality, Women's History/Issues and Exceptional Living.

When: Friday, September 30, 2011 9:00am - 4:00pm Registration 8:30am

Where: Michael's Restaurant, 2960 North Shoreline Boulevard, Mountain View

Cost: All fees include CEU's, breakfast, and buffet lunch
 Before August 15: SCV-CAMFT members \$120
 Non-chapter members \$130
 After August 15th: SCV-CAMFT members \$130
 Non-chapter members \$140

How: **Must register by September 19, 2011.**
 Register online at www.scv-camft.org/calendar
 For reservation information contact (408)235-0210
 or email mail@scv-camft.org.

For information on the workshop call Pam Eaken at (650)504-1982, or email pamelaeaken@gmail.com

Cancellation Policy: Due to the contracted costs of offering this event, cancellations must be received at least 14 days prior to the date of the event in order to ensure a refund, less a \$35 administrative processing fee. Cancellations received after that date will be credited to your account if we are able to sell your seat for the event. By sending payment you are agreeing to this cancellation policy. Cancellations may be sent by e-mail to mail@scv-camft.org or voicemail (408)235-0210.

Special Needs: SCV-CAMFT is committed to providing a presentation that is accessible by all who wish to attend. If you have a special need and plan to attend, please request an accommodation by making contact with us at (408)235-0210 or mail@scv-camft.org so the chapter has ample time to arrange your accommodation.

Speakers at SCV-CAMFT events are provided as a service to members & non-members of our chapter and represent their own professional work and opinions.

September Luncheon Review—Emerging Sexual Trends Among Our Youth

By Melissa Miller

SCV-CAMFT member, **Melissa Miller, MFT** enjoys working with a wide variety of clients. Her areas of interest and expertise include working with at-risk adolescents, families in crisis, ADHD, and survivors of sexual and physical abuse. She also has experience working with chronic pain; with substance abuse and/or gambling; with eating disorders; with Post-Traumatic Stress Disorder (PTSD) and other aftereffects of trauma; and with smoking cessation.

She is an EMDR Certified Practitioner, and previously was associated with the Mental Research Institute (MRI) and the EMDR Research Center.

Melissa graduated with a Master's degree in Counseling Psychology from Santa Clara University. She has been licensed since 2000.

On Friday, Sept. 24, 2010, Dr. Tonja H. Krautter addressed attendees at the SCV-CAMFT luncheon, held at Michael's at Shoreline. The title was *Emerging Sexual Trends Among Our Youth*.

The trends that we are seeing include: sexual activity starting at a younger age; the progression of intimacy moving faster; and sex being more casual. Sex games are more advanced, and often result in sexual intercourse in various forms. Both boys and girls are more forward and forceful. Boys are more disrespectful; there are many more sexual advances in a more casual way. Girls are more assertive; they are using sex to get attention, gain power and control in their relationships, and to earn money, clothes, and jewelry—but they do NOT consider this prostitution. Parents need to be able to talk to sons about how to deal with girls who are sexually aggressive, as well as talk with daughters about responsible use of the power of their



sexuality.

"Sexting" and sex messaging are extremely common. Individuals are

sending sexually charged material, such as nude pictures and videos via cell phone, text messages, or postings online. Boys and girls are soliciting photos from one another, as well as offering uninvited photos.



"The young people tend to be blind to the risks, which can include embarrassment, humiliation, shame, and guilt...."

They are also seeking attention, modeling their behavior after what they see on MySpace, and other places online, where youths are posing sexually in photos (often in the nude), strip-teasing, and performing real or mock sex acts. Many think it's the norm, and "everybody" wants to be famous—so they go along with it.

The young people tend to be blind to the risks, which can include embarrassment, humiliation, shame, and guilt; all these can lead to depression and/or anxiety, when "just one photo" ends up being forwarded everywhere, or posted online. A girl can be labeled as a slut or whore, etc., and other girls may punish her. Harassment by both boys and girls may lead to PTSD. Physical and sexual abuse may occur, but the greatest fear is that "sexting" can lead to suicide, as has happened already. A 2009 study revealed that two out of every five teens are sending or posting sexually suggestive photos, nearly half report receiving such photos, and 15% admit to forwarding these photos (usually after a break-up). The above can lead to severe legal ramifications, including charges of production, distribution, and possession of child pornography.

There is a high correlation between alcohol use and sexual activity among teens. Approximately two-thirds of sexually active teens have tried alcohol, and about one-third of sexually active teens reported getting drunk at least once in the past month, and engaging in more sexual activity than

they may have if sober.

On average, the first internet exposure to pornography is at age eleven.

Porn is now highly accessible, and leads to misconceptions about sex, what girls want, and how easily they may be willing to engage in sexual behavior. Porn addiction is increasing, both in teens and adults. Girls may feel inferior, because they can never look like the women in the videos; boys develop unrealistic expectations, and both see a skewed model of relationship between the sexes.

These changes are occurring because, in part, we live in a society that focuses on seeking immediate gratification.

Furthermore, in addition to their own anxieties about sex, youth are carrying their parents' stress and anxiety about (and fear of talking about) sex—and they have nobody to talk to. Teens may rely very little on verbal expression or exploration of their thoughts and feelings, and, instead act out, or act on, the feelings. Teens communicate their feelings through actions versus their words, such as, "I will show you how much I care about you by giving you oral sex", or "If you really loved me, you would have sex with me".

Bad behavior has become acceptable; it is so "in" that individuals volunteer to share their dysfunction with millions of viewers on national television. Boys think it's cool to be a "player", and girls like the attention of guys, which leads to "hooking up" with them.

Sex provides release from tension, and allows us to feel close, connected,



cared for, needed, and loved by another person. In our changing society, it is harder to be a "kid". There is more tension, pressure, and distress in their lives from all

sources, including school, family, sports, etc. They are looking for ways to reduce this tension, pressure, and distress. Outlets may include eating problems, substance abuse, and yes ... SEX. Parents need to help them find other outlets, such as exercise, down-time, reading, playing games, movies, etc.

As therapists, we can support parents talking to their children about sex; they may need us to script "The Talk" for them. Parents need to start talking about sex much earlier in the child's life than they may think is necessary; we can help them provide information

that fits with the child's age and maturity level.

Encourage parents to tell children the truth, and use correct body part names.

We also can encourage parents to talk to their children about relationships –

how to treat someone they care for, and how different relationships call for different behaviors. Parents can talk about boundaries and respect, trust and understanding, and how to deal with sexual advances, including how to say "no". Therapists can help parents communicate with their children before the topic of sex comes up.

Dr. Krautter has written and published a book, "What Every Parent Needs to

Continued on Page 14

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SCV-CAMFT 2010 Calendar of Events

May 12-15; Thursday—Saturday

CAMFT Annual Conference in South San Francisco

May 15, 2011; Sunday

July / August Newsletter Deadline

May 20; Friday

SCV-CAMFT North Region Luncheon & Board Meeting

June 24; Friday

SCV-CAMFT Mid Region Luncheon & Board Meeting

July 15, 2011; Saturday

September / October Newsletter Deadline

July 22; Friday

SCV-CAMFT South Region Luncheon & Board Meeting

August 26; Friday

SCV-CAMFT North Region Luncheon & Board Meeting

September 15, 2011; Thursday

November / December Newsletter Deadline

September 16; Friday

WORKSHOP: Open Your Heart to Diversity

Please Note Newsletter Deadlines:

THE DEADLINE FOR NEWSLETTER SUBMISSIONS IS SIX WEEKS PRIOR TO PUBLICATION. (THE DEADLINE FOR THE JULY / AUGUST ISSUE IS MAY 15TH.) IN ORDER TO GET THE NEWSLETTER TO YOU ON TIME, WE MUST STRICTLY ADHERE TO THIS TIME FRAME. SUBMISSIONS RECEIVED LATE WILL BE HELD OVER FOR ANOTHER ISSUE.

**JULY / AUGUST 2011 ISSUE
DEADLINE MAY 15, 2011**

**SEPTEMBER / OCTOBER 2011 ISSUE
DEADLINE JULY 15, 2011**

Change of Status

SCV-CAMFT would like to acknowledge those members who recently negotiated the difficult task of completing the MFT licensing process.

**Congratulations to
Tanya Gulevich
Newly Licensed MFT**

If you have received your notice of licensure, it is important to remember to inform your local chapter as well as the state organization of CAMFT. Please inform our chapter coordinator of any status change as soon as possible by telephone, 408/235-0210, or by e-mail, mail@scv-camft.org.

Benefits of Your SCV-CAMFT Membership

In an effort to make sure all SCV-CAMFT members are aware of the many benefits available to chapter members, the SCV-CAMFT Board of Directors has decided to reprint the following list of your member benefits, which also appears on the chapter's website .

- **Networking** at monthly SCV-CAMFT luncheons. Chapter luncheons, held in Santa Clara and San Mateo counties, provide time for you to meet with colleagues, make and receive referrals, build new relationships and renew existing ones, all while enjoying up-to-date presentations.
- **Professional Development** through monthly luncheons and workshops that feature presentations on a wide variety of topics addressing the professional and business needs of our members. Additionally, SCV-CAMFT is a BBS state-approved provider of CEUs, so you can fulfill your BBS requirements for a nominal fee.
- **The Membership Directory** is a wonderful resource for referrals. It contains members' specialty listings, languages spoken, and identification of those who have handicap access or accept low fees. In addition, the directory is available to agencies in the community for their use in making referrals. The directory is published annually and is available to members for free in Adobe PDF format on the chapter's Website or at cost on a print-on-demand basis.
- **Our Bi-monthly Newsletter, SCV-CAMFT News**, keeps members up-to-date on job opportunities, legislative alerts and new developments in the field. Chapter members may place one classified advertisement per issue free of charge and receive discounted advertising rates.
- **SCV-CAMFT's Website, www.scv-camft.org**, contains information important for members and the community. As a chapter member you are entitled to a free listing in the online "Therapist Search" referral database. You may also sign up for an Expanded Web listing and get your own Web page! Additionally, members have access to the members' area of the Website and the SCV-CAMFT Chapter Exchange, which is a convenient means of distributing announcements and keeping involved with the chapter's membership.
- **SCV-CAMFT's Pre-licensed Support Services** are extensive. The chapter offers on-going support groups, a regular pre-licensed column in SCV-CAMFT News, and various pre-licensed focused events.
- **The Internship Directory** includes detailed information on internships in Santa Clara and San Mateo counties, contact numbers for pre-licensed support services, and information about the internship process. It is updated continuously and is available to members free of charge on the chapter's Website.
- **SCV-CAMFT's Mentoring Program** allows members at an early stage of professional development to connect with more experienced chapter members who offer support and guidance.
- **Involvement in Chapter Groups & Committees** allows you to effect solutions in an area that interests or concerns you. You are welcome to participate in any of the current groups (Newly Licensed Support, Pre-licensed Support), or committees (Editorial, Regional Luncheon), or to explore starting a new group or committee.
- **Volunteer Opportunities** abound. You are encouraged to join our board of directors, contribute articles to our newsletter, provide editorial input for the newsletter, and bring your expertise and leadership skills to one of our committees.

Again, these are just some of the many benefits of SCV-CAMFT membership. If you have any questions regarding any of the member benefits listed above, or are interested in a benefit not mentioned on the list, please feel free to contact any of the board members (listed on page 2 of this newsletter) directly, or contact SCV-CAMFT by email at mail@scv-camft.org or phone at 408/235/0210.

SCV-CAMFT 2010 Calendar of Events

North Region Luncheon

(1.5 CEU hrs. available, PCE 1134)

Depositions — What Therapists Need to Know

Presented by Ron Digesti, Esq., Partner, Callahan, Thompson, Sherman & Caudill, LLP

Date: Friday, May 20

Place: Marriott San Mateo, 1770 South Amphlett Blvd.

Menu: TBD

Register: At www.scv-camft.org

Fee: Members—\$26 + \$7 for CEUs / Non-members—\$33 + \$10 for CEUs

Register: Please make your payment by Monday, May 16 for the early registration fee, or just show up and pay the higher “Walk-in” fee. To volunteer to write the summary of this presentation for the Newsletter, and **receive a free lunch**, please email Sunnie Weber at mail@scv-camft.org.

If you haven't had your deposition taken yet, you will. It is a fact of life for therapists, and something that you probably didn't anticipate during your training. This is a discussion that no therapist should miss. We will discuss what a deposition is (and what it isn't), how you are summoned to testify, interactions with the attorneys and your client, privilege issues, legal representation, payment for your time, your role in the litigation, how to answer the questions, and most important, how not to answer the questions. Please join us in the North Region for this informative talk and for the food and fun!

Directions:

From 101 Heading North or South: Take Highway 92 going West. Take the Delaware Street exit (located on the right side). Go right at the Exit light (Concar Drive). Follow Concar straight ahead, go through Delaware Street and Grant Street (DO NOT TURN ON THESE STREETS!) Concar Drive turns into South Amphlett Boulevard, which veers to the left and brings you in front of the San Mateo Marriott, which will be on your left.



Note: While there are sometimes a few seats left for walk-ins (\$33 / \$40), pre-registration is required. We give the food counts a few days before the luncheon and cannot be accurate without pre-registration. If you find you must cancel, please call the chapter voicemail (408/235-0210). **Refunds are not always available and are never available without this notification.** It *may* be possible to transfer your payment to the following month *if* you call at least 24 hours in advance. The contact persons are available to answer questions about the speaker and the topic. If you have questions about the procedure for registering, call the chapter voicemail. Guests are welcome to attend with you—please provide their names along with your payment. Also be sure to specify your entrée choice with your payment. See the back cover for more information on registration. **Please remember that telephone reservations cannot be accepted.**

SCV-CAMFT 2011 Calendar of Events

Mid Region Luncheon

(1.5 CEU hrs. available, PCE 1134)

Demystifying Transference-Countertransference: What Might We Be Missing? —
Presented by Teri Quatman, Ph.D., Licensed Clinical Psychologist

Date: Friday, June 24
Place: Michael's at Shoreline, Mountain View
Menu: TBA
Register: At www.scv-camft.org
Fee: Members—\$26 + \$7 for CEUs / Non-members—\$33 + \$10 for CEUs

Register: Please make your payment by Monday, June 20 for the early registration fee, or just show up and pay the higher "Walk-in" fee. To volunteer to write the summary of this presentation for the Newsletter, and **receive a free lunch**, please email Sunnie Weber at mail@scv-camft.org.

Dr. Teri Quatman will present her clear perspective for understanding and working with transference in therapy, using the therapist's countertransference and reverie as guideposts.

Key points to be explored will include:

- What is transference?
- Can we avoid it?
- Can we use it?
- How do we detect it?
- How (on earth) do we talk about it?
- The use of reverie.
- The gift of countertransference.
- Getting back to the Object Relations of it.

Teri Quatman, Ph.D. is a licensed Clinical Psychologist who specializes in psychodynamic psychotherapy. Dr. Quatman is an Associate Professor and former Chairperson of the Masters Program in Counseling Psychology at Santa Clara University. She is the author of a number of academic articles on teen developmental issues, and is currently finishing a book on psychodynamic psychotherapy entitled, *An Acquired Art: Psychodynamic Psychotherapy from Classroom to Clinic*, in which she presents the major theoretical tenets of psychodynamic psychotherapy in language accessible to new and developing therapists. In the book, she explores such topics as the use of the right brain to deepen our listening, the creation of therapeutic space, the reason for rules, Object Relations and its relevance in therapy, and the use of transference-countertransference in the change process. In her private practice, Dr. Quatman works with individual adults and teens, focusing her clinical work on long-term personality-level change. Dr. Quatman also is involved in the long-term group treatment of chronic overeating in adults. Dr. Quatman has been a member of the Santa Clara University faculty for 19 years, and maintains a private practice in Cupertino.

Directions:

From 101: Take the Shoreline Blvd. Exit. Turn Left if you were heading South on 101, and turn Right if you were heading North on 101 onto Shoreline Blvd. Go all the way down Shoreline Blvd. to the end. Go through the gates at Shoreline Park. Drive about .5 miles. Turn Left into the parking lot. If you get to a white Victorian Building, you have gone too far. There is extra parking to the left of the main parking lot.

- ♦ Chapter board meetings are generally held on the fourth Friday of each month (some major holidays and other chapter functions move the date) from 9:00AM to 11:30AM at the same location as, and immediately prior to, the chapter's monthly luncheon event.
- ♦ All luncheon programs are held from 11:30AM to 1:30PM. Look for locations and other specifics in the newsletters, on the chapter's website, and in e-mail sent directly to those members who have e-mail.
- ♦ In order to make the luncheon registration process as efficient as possible, please register early. Send your payments, with your entrée selection noted, to the chapter by the Monday prior to the event.



A great way to create
your long-term
support network....

*North Region and
South Region
Newly Licensed
Support Groups
are a valuable tool
when you're just
getting started.*



Free Prelicensed Support Group

South Region—The group meets the second Saturday of each month from 10:00 AM—12:00 PM. The current facilitator is **Judy Hanf, MFT**. The group is held at the office of Verna Nelson—800 Pollard Rd., Ste B207, Los Gatos. Please call Judy at 408/440-6274 or e-mail her at judy@betterlivingtherapy.com, if you are interested

in taking advantage of this valuable support group!



Free North Region Newly Licensed Support Group



North Region—The purpose of this group, which meets monthly, is to provide support to members who have recently become licensed. This support group meets the first Saturday of each month from 10:00 AM to 12:00 PM.

Jamie Moran, LCSW, is the current group facilitator. The location is 661 Live Oak Avenue, Suite One, Menlo Park, CA 94025. To RSVP, and for further information about upcoming meeting dates and times, please contact Jamie Moran at Jammoran@aol.com or 650/598-8877.

Be sure to take advantage of this valuable group and resource as you begin your journey as a licensed therapist.



Free South Region Newly Licensed Support Group

South Region—This support group meets the third Saturday of each month from 12:00 PM to 2:00 PM. The purpose of this group is to provide support to members who have recently become licensed.

Verna Nelson, MFT, is the current group facilitator and meetings are held on the border of Campbell and Los Gatos, close to the intersection of 85 and 880. To RSVP, and for

further information, please contact Verna Nelson at 408/379-774 or email her vernalnelson@gmail.com



I am pleased to announce that

KT Kaupert, MA
MFT Intern #IMF60101

has joined my private practice
in Menlo Park.

KT is available to see couples, families,
and individuals on a sliding scale.
Appointments are available during days,
evenings, and weekends.

KT can be reached at:
(650) 276-3412
kt@annmargulies.com

Ann Margulies, MA
MFT #36559

Women's Group

Helping Women Access Their Inner Wisdom

- Assertiveness · Childhood concerns
- Life transitions
- Anxiety · Depression
- Personal growth
- Relationships · Self esteem

Wednesday evenings

Bascom Avenue, San Jose
near Hamilton Avenue

Facilitated by:

Claire Adalyn Wright

408-998-7098

Certified Group Psychotherapist
Licensed Marriage & Family Therapist
California License #MFC44491

Call for details and for a pre-group interview

THANK YOU RUSSEL WILKIE!

THE EDITORIAL COMMITTEE OF SCV-CAMFT NEWS
WOULD LIKE TO ACKNOWLEDGE RUSSEL WILKIE, MFT,
FOR HIS EXTENSIVE SERVICE AS AN EDITORIAL
COMMITTEE MEMBER. NOT ONLY DID RUSSEL AID IN
EDITING THE ARTICLES OF SCV-CAMFT NEWS WITH
EXCELLENCE FOR MORE THAN EIGHT YEARS, BUT HE
MADE THE PROCESS FUN FOR EVERYONE ELSE.

THANK YOU RUSSEL—
YOUR SERVICE IS GREATLY
APPRECIATED!



President's Column—
cont'd from page 1 -

crisis. Indeed, the coincidence is more than a bit striking. Just a few days after the CISM workshop, we all stood in horror as a 9.0 earthquake overwhelmed the northern region of Japan, and the ensuing tsunami wrecked unparalleled damage to the wider area. The 24-hour news networks broadcasted a steady stream of tragic images and stories from the country, and we all felt a little bit helpless.

Of course, the vulnerability felt from earthquake-caused desolation still lingers in our own Bay Area. As if we needed the reminder, the tsunami's reverberation came to our backyards, crashing into Santa Cruz and incurring millions of dollars of damage — thousands upon thousands of miles from Japan. Memories from the 1989 Loma Prieta earthquake shudder in our minds, though any comparison is rendered largely moot, given that the Japanese disaster was hundreds of times more powerful than the 1989 quake. Still, whatever the size of an earthquake, the fact remains that it is a calamity.

While MFTs are not necessarily trained to haul away heavy debris or perform in search-and-rescue teams, the CISM training we offer, and participate in, prepares us to help with the inevitable human distress. It's a role we are uniquely suited to serve, and we don't take the responsibility lightly. Looking at images of the recent Japanese survivors in shock, stumbling around foundations where their homes once stood, I can't help but wonder what the toll will be. The grief on their faces is impossible to miss today, and I hope that they will be helped by trained professionals to process their losses.

I am so proud that our chapter helps prepare responders to critical incidents. We hope that we never need the sort of training we see in CISM workshops, but as we've been forced to realize this week,

we never know when we might be called upon to help. And, help we will.

Nanette Freedland
President, SCV-CAMFT
freedlandn@gmail.com

September Luncheon Review—
cont'd from page 7 -

Know About Emerging Sexual Trends Among Our Youth", which covers these trends in detail, and provides specific recommendations about what parents should watch for in their children, what they need to teach girls, and what they need to teach boys. She provides information about how to intervene when a child is spending time online without adult supervision, some basics about on-line slang, and how to set limits on where, when, and how the computer is used.

Tonja H. Krautter, Psy.D., LCSW, has been a therapist for more than 15 years, and a licensed clinical psychologist in California for eight years. In 1998, she was given the Fox 5 Family-to-Family Award for outstanding clinical practice in the community, and, in 2006, was awarded Top Mental Health Professional by the Consumer Research Council of America. Dr. Krautter has worked extensively with children and teens, and specializes in the areas of eating disorders, cutting, and sexual practices within this population. In her private practice, she sees individuals, couples, and families; in addition, she runs groups focusing on eating disorders, rape crisis, domestic violence, self-esteem building, and social skills building. She is adjunct faculty at the Stanford School of Medicine, and is the author of a number of articles and the book, "When Your Baby Won't Stop Crying: A Mother's Guide to Colic". She has worked in schools, supervised therapist and psychiatric interns, supervised YWCA rape crisis counselors, and provided forensic assistance to the courts. For more information, visit her website at www.drtonja.com.

MARKETING WITH SCV-CAMFT

LUNCHEONS:

We encourage you to bring marketing materials and other information to place on the literature table at chapter events. Missed the last newsletter deadline? Then this table is the perfect place to advertise your:

- ♦ **Workshops**
- ♦ **Office Space**
- ♦ **Job Opportunities**
- ♦ **Conferences**

ONLINE:

Login to your account at www.scv-camft.org and you can submit your classified or display advertisement almost immediately. When your classified ad is submitted online, it is automatically included in the newsletter as well. Simply find the Advertisement Tab at the top of the webpage, and pull down to the Place a Classified Ad for quick and easy advertisement submission.

NEWSLETTER:

When you submit your classified advertisement online, it is automatically included in SCV-CAMFT News. The ads are free for members up to 35 words. You may also purchase a display ad for more visible advertising.

CHAPTER EXCHANGE:

Provides a fast way to communicate with other members of SCV-CAMFT. Members can post questions, seek or offer referrals, announce changes of address or opening of office locations, provide information on their own classes or workshops, and discuss topics or issues with other members. Login to www.scv-camft.org and select Chapter Exchange under the For Members Only Tab.

Please adhere to all guidelines posted on the website.

We are thankful for the time authors have taken to write thoughtful articles.

Have you considered submitting a paper or article of your own? Have you considered the benefit of having your material read by more than 500 members who regularly receive and read the SCV-CAMFT Newsletter?

If you are interested in contributing to the SCV-CAMFT Newsletter, please submit your article on our website at www.scv-camft.org, or send an email to mail@scv-camft.org. We would be happy to review your submission!

Familiar With the Expression
"There is no such thing as a free lunch?"

Well...It's Not Completely True...

SCV-CAMFT's Program Planning Committees Are Offering You **A Free Lunch!**

If you are planning to attend an upcoming luncheon, our chapter is always looking for volunteers to write a summary of these presentations for the newsletter. These summaries benefit all those members unable to attend. After submitting your article, you will be entitled to one free meal at any future SCV-CAMFT luncheon.

Please contact the chapter, 408/235-0210 or mail@scv-camft.org, if you are interested in getting a free lunch while doing something that feels great!

Guidelines for Authors of Articles For the Chapter Newsletter

FORMAT FOR ARTICLES

- ⇒ Length: Articles 500-1,200 words; Announcements 75-250 words
- ⇒ Double-space to provide room for editing
- ⇒ Indent paragraphs
- ⇒ Do not right justify
- ⇒ Submit typed or printed copy only
- ⇒ Check punctuation and spelling, particularly of names
- ⇒ Please note deadlines, which the production staff must observe—the 15th of every odd month. The more time we have to edit and check facts, the better your article will be.

STYLE OF SUBMISSIONS

- ⇒ Use an active voice "*We have all experienced...*" rather than a passive voice "*An experience that has been had by all of us...*"
- ⇒ Use short sentences and short paragraphs. Avoid loading sentences with unnecessary words; in general, strive to make your points as briefly as possible, with each word adding something.
- ⇒ Avoid clichés ("*like a ton of bricks*"), slang ("*humungous*"), and hyperbole ("*the worst problem e all face...*").
- ⇒ Document key assertions with which others may disagree ("(Farrell, 1933)" "Unified School District enrollment data").

IN GENERAL

As you prepare your article or announcement, ask yourself:

- ⇒ What is my goal—to inform, to persuade, to motivate, to challenge,?
- ⇒ What exactly is this article about? What are the 2 or 3 key points?
- ⇒ Who is my audience? How much knowledge of this subject do I assume my readers have?
- ⇒ For announcements, please make sure you include all necessary information: what, why, when, where, how, and who.
- ⇒ Before submitting anything, please read it once more, making sure it says what you want it to say as clearly as possible.
- ⇒ Submit articles via the chapter's Website, <http://www.scv-camft.org>, or email to mail@scv-camft.org.
- ⇒ For more information, email Vinutha Mohan, Editor, vinutham@gmail.com

EATING DISORDER TREATMENT

Individual Therapy

Group Therapy:

*Adult Women's Process Groups
Teen Groups*

Ongoing Workshops:

*For the Loved Ones of People with ED
Negative Thinking & ED*

Peer Consultation:

*Group meets 2nd Friday, every month
Individual case consultation available*

Terryann Sanders

1670 Hillsdale Avenue, Suite B

San Jose, CA 95124

408 264-5802

terryannsanders.com

terrysanderslmft@sbcglobal.net

Dialectical Behavior Therapy

Melinda Carlisle, M.A., LMFT

1885 The Alameda, Suite #120, San Jose, CA 95126

Dialectical Behavior Therapy (DBT) is an evidence-based treatment program focused on helping clients **reduce impulsive decision-making, self-harm, or other problem behaviors** frequently seen in Mood Disorders, Bipolar, and Borderline Personality Disorder.

New research suggests that DBT Skills Training by an intensively trained DBT therapist can improve treatment outcomes for treatment resistant major depression and other mood disorders.

Now accepting clients for the full DBT program or in DBT Skills class as an adjunct to your existing treatment. Classes include homework assignments and experiential practice to help clients develop skills in mindfulness, increase interpersonal effectiveness, regulate emotions through opposite action and problem solving, and enhance their distress tolerance abilities.

Call for a consultation to determine what program is the best strategy for your client.

Melinda Carlisle, M.A., LMFT
Intensively Trained DBT Therapist
(408) 893-4032 www.southbaydbt.com

ONGOING PSYCHOTHERAPY GROUPS



In this dynamic psychotherapy group experience, clients explore relationship patterns & learn about healthy connection with others. Issues such as depression, dating, shyness, codependency, ACOA, and self-esteem, are explored with the support and feedback of peers.

Nancy Wesson, Ph.D. CGP (Psy9621) is a licensed psychologist with 25 years of clinical experience. Dr. Wesson has 20 years of experience leading groups using a group process-interpersonal approach. She receives consultation from Dr. Irvin Yalom. **Contact:** Nancy Wesson, Ph.D. at (650) 965-7332 or Dr.NWesson@sbcglobal.net. Articles about group psychotherapy can be found on her website at: **www.wespsych.com**.

ONLINE PAYMENTS AVAILABLE VIA CREDIT CARD!

You may now use your credit card on the chapter's website to register for chapter-sponsored events (luncheons, workshops, etc.), submit and pay for advertising, and renew your SCV-CAMFT membership. All you need to do is log in to the chapter's website (<http://www.scv-camft.org>). You may renew your membership and submit ads from your "My Account" page or register for events from the event calendar. **Remember to log in** so you may receive your member discounts.

Check it out!

SCV-CAMFT News—ADVERTISING POLICY

Adopted by SCV-CAMFT, April 3, 1992; last revised August 2004

ALL ADVERTISING MATERIAL MUST BE SUBMITTED TYPED, BY DEADLINE, AND VIA E-MAIL OR THE CHAPTER'S WEBSITE NO LATER THAN THE FIFTEENTH OF ODD-NUMBERED MONTHS PRECEDING PUBLICATION.

e-mail: mail@scv-camft.org Website: <http://www.scv-camft.org>

NEWSLETTER CLASSIFIED ADS:

- SCV-CAMFT members in good standing will be allowed one 35-word free ad per issue. Free ads from persons with lapsed memberships will not be accepted.
- Members running additional ads, beyond their free one-per issue will pay \$25 for each additional ad of 35 words or less.
- Non-members will pay \$50 per 35-word ad. This surcharge should be an incentive for current non-members to join the chapter
- **Members and non-members alike will pay \$1.00 per word for each word over 35.** The following units of information count as one word. Phone number, zip code, each degree or licensure abbreviation (e.g. "Tom Jones, MFT, Ph.D." = four words).

NEWSLETTER DISPLAY ADS

- Display ads must be typeset, with a border, and not merely typewritten. See samples from this issue. Ads must be sized exactly and camera-ready (i.e. ready to be pasted into layout with no further copy or graphic manipulation necessary). Advertisements to be run in the newsletter and on the chapter's Website are double the amount below less 25% of the total. Discounts are available for purchasing multiple "flights" for the same ad.

		Members	Non-Members
Full page	7 1/2" x 9 3/4" vert	\$200.00	\$400.00
Half page horiz.	7 1/2" x 5"	125.00	250.00
Half page vert.	3 3/4" x 9 3/4"	125.00	250.00
1/4 page	3 3/4" x 5" vert.	75.00	150.00
1/6 page	2 3/8" x 5" (or less) vert.	50.00	100.00

ADDITIONAL ADVERTISING POLICY

- **Advertisements appearing in this newsletter do not imply SCV-CAMFT endorsement either of their content or of the persons placing them.**
- **Copy for classified ads should be typed and double-spaced.** Count words before e-mailing. You may pay for any words over the 35 allotted by using PayPal or credit card. Ads will be run for one issue only. If you wish to repeat ads., you must resubmit them by deadline each issue.
- **Members may only use free or member-rate display advertisements to promote only their own office space or services.**

EMDR CASE CONSULTATION GROUP

2ND TUESDAY
MONTHLY
10:00 A.M. TO 11:30 A.M.
\$ 50.00 PER SESSION

EMDR CASE CONSULTATION FOR CLINICIANS
NEEDING HOURS BETWEEN LEVEL I AND
LEVEL II TRAININGS, THOSE PURSUING
EMDRIA CERTIFICATION, OR WANTING
TO IMPROVE THEIR SKILLS.

RENA ZAHORSKY, LMFT
MFC 17664

EMDRIA APPROVED CONSULTANT

CALL (408) 266-7826 EXT. 107

SANDPLAY and JUNGIAN CONSULTATION GROUP

Forming Now

Location: San Jose

When: **One Friday a Month**

Time: **10:00 a.m. to 12:00 p.m.**

Group Size: **Maximum of 6 People**

Call for more Information:

Olivia Heathcote 408-920-2990

Jill Kaplan 650-364-4670

ADVERTISING OPPORTUNITIES AND PRICES!

Since the launch of the chapter's Website in the fall of 2004, all classified advertisements have been published on the Website concurrently with their run in the chapter newsletter. Now, your display advertisements can as well! The following is a list of the prices, effective August 1, 2005, for display advertisements for publication in SCV-CAMFT News. Please remember, you can always receive an additional discount by paying for multiple publications of your advertisement in advance.

	Member Advertising Rates			Non-member Advertising Rates		
Newsletter or Online Display Ad	2 months	6 months	12 months	2 months	6 months	12 months
Full Page	\$200	\$510	\$900	\$400	\$1,020	\$1,800
Half Page	\$125	\$319	\$563	\$250	\$638	\$1,125
Quarter Page	\$75	\$191	\$338	\$150	\$383	\$675
Eighth Page	\$50	\$128	\$225	\$100	\$255	\$450
Combined	2 months	6 months	12 months	2 months	6 months	12 months
Full Page	\$300	\$765	\$1,350	\$600	\$1,530	\$2,700
Half Page	\$188	\$478	\$844	\$375	\$956	\$1,688
Quarter Page	\$113	\$287	\$506	\$225	\$574	\$1,013
Eighth Page	\$75	\$191	\$338	\$150	\$383	\$675

These prices are also available on the chapter's Website, www.scv-camft.org.

If you have questions or comments, please contact the chapter at 408/235-0210 or mail@scv-camft.org.

PROCESS THERAPY GROUPS

Led by:

KIM IVES BAILEY, MFT

License No. MFC32076

CERTIFIED GROUP PSYCHOTHERAPIST

No. 43150

Supervised by Dr. Irvin Yalom

Burlingame

(650) 737-1818

www.counselingforyou.com

Kim Ives Bailey is pleased to announce her collaboration with

LAURIE HOFFMAN, MFTI 60386

**WE ARE NOW FORMING AN ADOLESCENT PROCESS
GROUP!**

Laurie also works with children & adults

& uses a low fee sliding scale

1408 Chapin Avenue, Suite 3

Burlingame, CA 94010

(650) 737-1818

www.counselingforyou.com

GROUPS AND WORKSHOPS	GROUPS AND WORKSHOPS	FOR CLINICIANS
<p>Anxiety Coping Skills Class in San Jose Practical cognitive and behavioral skills for anxiety disorders. A great adjunct to individual therapy. Call Laura Johnson, LMFT, at (408) 596-1770 or visit www.lauralcjohnson.com/anxiety-group-san-jose.html.</p> <p>Resource for Clients Dealing with Divorce and Custody "Divorcing Peacefully: Why It's Essential and How To Do It", by Larry Stone, MFT. For anyone dealing with, considering, or recovering from divorce. www.DivorcingPeacefully.com. 510-964-1200.</p> <p>Begin to think analytically through relevant readings and case discussion. Mondays 1:45-3:00, Palo Alto, \$45 weekly. Contact Diane Strongwater, MFT 408-737-1337 or Carol Harrus 650-328-8935.</p> <p>Openings In Psychotherapy Group for gay men, Menlo Park, focusing on intimacy, relationships, communication and other issues. Jamie Moran, LCSW, has been leading groups since 1984. www.jamiemoran.com Jammoran@aol.com 650 598 8877</p> <p>Process Groups- Openings in process groups in Burlingame, led by Kim Ives Bailey, a nationally certified group psychotherapist, 43150, supervised by Dr. Irvin Yalom. Call (650) 737-1818 or see www.counselingforyou.com.</p> <p>Teen Depression Group Peace-It-Together now offers a Teen Depression Groups for teens and their parents. Teens meet twice a week for two hours, and the parents group meets once a week for two hours. The program is based on a Cognitive-Behavioral treatment model. Please contact Deborah Licurse for questions about the program at 408-774-1009.</p> <p>Is Anger Harming Your Relationship or Career? It doesn't have to! Learn keys skills you need to break the anger habit. Ongoing Co-ed skills groups in San Mateo and San Francisco. Call Michael G. Quirke. M.F.T. @</p>	<p>415 820-3943 or visit www.michaelquirke.com.</p> <p>Women's Process Group for Sexual Abuse/Trauma Survivors On-going weekly group held at the Process Therapy Institute in Los Gatos. http://www.processes.org/womensuptgp.php Contact LaDonna Silva, MFT Intern (408)358-2218 x421</p> <p>Patrol Officers Support Group 1:30pm to 3:00pm Contact Carson Bowman: carson_carson@att.net or 408-356-1707</p> <p>Teen Girls' Groups AND Women's Support Group TEENS- friendships, feelings, communication, self-esteem and stress using art/drama. WOMEN- relationships, co-dependence, stress, transitions, parenting and health starting September 17. Lori Levitt, MFT #43329. 650/794-4828 www.lorilevittmft.com</p> <p>ONGOING PSYCHOTHERAPY GROUPS In this dynamic psychotherapy group experience, clients explore relationship patterns and learn about healthy connection with others. Issues such as depression, dating, shyness, codependency, ACOA, and self-esteem, are explored with the support and feedback of peers. Leader: Nancy Wesson, Ph.D. with consultation from Dr. Irvin Yalom, M.D. Contact: Nancy Wesson, Ph.D. at (650) 965-7332 or Dr.NWesson@sbcglobal.net. Articles about group are on my website: www.wespsych.com</p> <p>Midlife and Beyond: a Process Group for Women. Now forming in Redwood City. Contact Deborah Runyeon, MFT at 650-363-0429 x111.</p> <p>FOR CLINICIANS</p> <p>Peer Consultation Become part of an ongoing peer consultation group with a depth-work orientation. No fee. Group meets every Wednesday from 10:00 to 11:30 am in San Jose. Contact Trilby Steiger 408-391-1752</p>	<p>Feeling Stuck? If you are stuck in paperwork, it's time to get out. We will change how you spend your time and think about your business. LaVergne Poe, M.A., Your Personal CFO (650) 529-1489</p> <p>Accepting New Clients Rachel Talamantez, LMFT is endorsed in California as an Infant-Family and Early Childhood Mental Health Specialist. She is accepting new clients in West San Jose. Tel: (408) 922-9025, Web: www.therapywithrachel.com.</p> <p>Psychiatric Consultation Available Psychiatric evaluation and medication treatment for your clients. I have over 25 years experience and will collaborate with you. I do not do therapy. Misao Kusuda, M.D. 408-930-2256. (408-930-CALM.)</p> <p>Licensed Therapists' Support Group Ongoing, self-led support group for licensed therapists, meeting the first Friday of each month in midtown Palo Alto. Call Verne Rice for details, 650/856-0232.</p> <p>JOB OPPORTUNITIES</p> <p>Licensed Therapist - The downtown Mountain View Christian Counseling Center is looking for a licensed therapist w/ Christian values. Qualified candidates would co-partner group sessions and provide individual therapy at the MV and Los Altos offices. Please contact 650-776-6390.</p> <p>FOR INTERNS</p> <p>Therapy Group for Trainees & Interns in San Mateo. Meets monthly for group therapy in a supportive peer setting. Triple Count Hours. Mary Deger Seevers, MFT 650-655-2718 or seeversmd@aol.com</p>

OFFICE SPACE	OFFICE SPACE	OFFICE SPACE
<p>Office Available Therapy office in Campbell for rent. Suite has two offices, handicap access, good parking. Near Pruneyard, Campbell and the Park. Rosemarie Carver - rmcavert@sbcglobal.net Call (800) 300-6322 or visit www.gerrygrossman.com/rentals. Also ask about our classroom/group room.</p> <p>Los Gatos/Campbell Office for Rent – Medical Park! Large, attractive 2nd floor corner office (windows/view of trees) available to rent F/T available soon. Located in recently recarpeted six-therapist office suite with shared waiting room, call lights and kitchen area. Wheelchair access. Prime location near Highways 17/85, Los Gatos/Campbell border. Contact: Verna (408) 832-2448 or Cheryl 379-3370.</p> <p>Los Gatos Office Attractive office, near 17, available from "gently retiring" therapist. 1 day or 2 1/2 days can be negotiated with opportunity to increase time over next 16 months. Ann (408) 354 3238.</p> <p>Office Space in Menlo Park Prime psychotherapy Office. Sound proofed consultation room. Large view window. Private entry and exit. Patient and client parking. 300 sq ft \$1260/mo. Ken Woodrow, M.D. 650 324-1500</p> <p>MENLO PARK 1-3 DAYS/WEEK Pleasant space overlooking fountain & garden, window, quiet, shared waiting room, parking, elevator, internet and copy machine, kitchenette, walk to downtown for lunch. Economical. 650-329-0233</p> <p>Psychotherapy Office Sublease, large, quiet office space located in professional building Mountain View. Available M/W/F all day. Shared waiting room, handicap access, ample free parking. \$400 per month. Call Susan 650.948.9224</p>	<p>Psychotherapy Office For Rent 430 Sherman Avenue, Palo Alto. In suite with Psychiatrist and MFT. Waiting room. Elevator. Disabled entrance. Close to California Avenue excellent restaurants and shops. Extremely quiet. Bette Kiernan 650-324-3639</p> <p>Palo Alto Therapy Office P/T Share Furnished therapy office Palo Alto 2 to 3 days per week. For description and pictures: http://sfbay.craigslist.org/pen/off/2176118725.html Call Richard at 650-468-9000.</p> <p>REDWOOD CITY DAYTIME OFFICE SPACE FOR RENT Full service day time office space for rent in a group private practice. A perfect place for someone wanting to start or build their private practice. Visit our website at Sequoiacounseling.com and call Pat at (650) 363-0383 for more information.</p> <p>Office for Rent \$130/Full Day First Floor—Est Practice. Monday/Thursday/Friday-\$130 a day/month. Sep. exit, wait room, windows, signal syst. Great Location—Junction of Saratoga/Campbell/Cupertino/San Jose near 85/280/LawrExp. 408-757-6336 - lmnorcia@aol.com</p> <p>Office Available - Great San Jose Location Spacious full-time office in 3-office suite. Comfortable furnished waiting room. Shared office equipment. Includes utilities and janitorial service. Easy parking, quiet environment and friendly colleagues. Contact Anne at 408-516-1926. Photos and info at http://annemontagna.com/office.html</p> <p>San Jose Office Space for Rent Great location, best price and quiet. 1st floor office space on Saratoga Ave. Easy access to 280, 880 & 85. Part time or full. Flexible scheduling. Psychiatrist on board. Call Ed Momrow 408-249-8313</p>	<p>Office Space on The Alameda Entire bottom floor, 5 offices, new wooden floors, plenty of natural light, 2 bathrooms including weekly janitorial, on-site & unmetered parking. Also available on 2nd floor are 2 carpeted office suites with same janitorial & parking; sharing floor with other psychotherapists. No smoking & no pets. Call 408-307-8871.</p> <p>Saratoga Ave Office by Westgate Mall Private office with floor-to-ceiling windows in two-office suite on Saratoga Ave. \$490/month includes utilities, phone, high speed internet, monitored security system, janitorial, furnished waiting room. Call Laura 408-596-1770.</p> <p>Medical/Therapeutic Space for Rent -Ideal for Therapists/Counselors and other Healthcare providers -Part Time /Full Time -Utilities included -On site Deli -On site Conference Room -Great Location -Garden views throughout -Ideal for wellness/Health/ Therapy... Shasta Tierra - 408-615-1995 / wayof-wellness2011@gmail.com</p> <div data-bbox="1073 1203 1524 1871" style="border: 1px solid black; padding: 10px;"> <p style="text-align: center;">MARKETING AND INFORMATION TABLE</p> <p>We encourage you to bring marketing materials and other information to place on the literature table at chapter events. Missed the last newsletter deadline? Then this table is the perfect place to advertise your:</p> <ul style="list-style-type: none"> ♦ Workshops ♦ Office Space ♦ Job Opportunities ♦ Conferences <p>If you want your brochures and business cards back, be sure to pick them up after the event is complete.</p> </div>



SCV-CAMFT News
Attention: Editor
P.O.Box 60814
Palo Alto, CA 94306

Creating a Community and Culture of Connection



Friday, May 20
11:30 AM — 1:30 PM

Lunch served promptly at 11:45

North Region Luncheon
(1.5 CEU hrs. available, PCE 1134)

Marriott San Mateo
1770 South Amphlett Blvd.

Cost: \$26.00 (CEUs add \$7, PCE 1134)

Menu: TBD

Register by May 16

For information regarding the speaker or
topic, contact **Pamela Eaken,**
650/571-6342

Chapter Events

Dates to Remember

- ◆ May 12-15, 2011
CAMFT Annual Conference
- ◆ May 15, 2011
Newsletter Submission Deadline
- ◆ July 22, 2011
South Region Luncheon
- ◆ July 15, 2011
Newsletter Submission Deadline
- ◆ August 26, 2011
North Region Luncheon
- ◆ September 16, 2011
WORKSHOP: Open Your
Hearts to Diversity

Friday, June 24
11:30 AM — 1:30 PM

Lunch served promptly at 11:45

Mid Region Luncheon
(1.5 CEU hrs. available, PCE 1134)

Michael's at Shoreline
2960 Shoreline Blvd.
Mountain View

Cost: \$26.00 (CEUs add \$7, PCE 1134)

Menu: Buffet

Register by June 20

For information regarding the speaker or
topic, contact
Wendy Wegeforth: 408-888-6630

RESERVATIONS: YOU CAN REGISTER ONLINE USING YOUR MASTERCARD OR VISA CREDIT CARD! Go to our website at www.scv-camft.org, enter the "Calendar of Events" page and click on the event to find the luncheon registration page. You can also register by PayPal or by sending a check, payable to SCV-CAMFT, with entrée selection noted, to SCV-CAMFT, P.O. Box 60814, Palo Alto, CA 94306. Payment must be received by the Monday before the luncheon. Reservations will be held until noon. Lunch will be served promptly at 11:45. If seating is available, "standby" persons can pay \$33.00 at the door to attend the luncheon. **Please note: telephone reservations cannot be accepted. Call the chapter voicemail, 408/235-0210, for reservation information and the chapter's cancellations policy.**