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## President's Column—The Power of Myth to Shape Community

The aphorism, "Everything will be fine in the end. If it's not fine, then it's not the end," tells a story about how the world works. Some people call this a myth — a belief whose truth is simply accepted (if you do). It may be true or may not. What makes it powerful is that it contains meaning that shapes how we view the present and how we may shape our future.

The stories we tell ourselves are immeasurably powerful. Knowing that we can make of our lives what we want them to be through our stories opens the door to a breathtaking freedom. And, as always, with that freedom comes the responsibility for what we have created.



**Pamela Eaken, LMFT**  
**President, SCV-CAMFT**

How do we build our community through our stories? And what does it mean to build community? It has been said that happiness is only attained by not making it the *direct* goal; happiness is a by-product of doing activities that lead to happiness and how we perceive the world. The same can be said of community.

Community is not a direct goal. Community arises when people are working together toward common goals that are larger than themselves.

What are these common goals that tie us together? Some say it has to do with being a community of "like-minded" people. So I had to ask myself, what does *that* mean? My husband tells me that he sees people as "like-minded" if they're willing to put up with him. He's joking, but he makes a good point because community is made up of people who accept us in service to a set of shared goals or ideals.

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## Community Focus—Interview with Michal Sadoff, MFT Intern

*As a part of our efforts to create community, the newsletter editorial committee launched a new series of articles to help our members increase their visibility and provide a means to network and connect with others.*



*This month we interviewed Michal Sadoff, North Region Luncheon Program Manager. Michal has been volunteering for a few years now, helping with various events, including Movie Night, Luncheons, and Special Events. You've probably seen her at the registration tables.*

**Interviewer:** What did you do before you decided to become a therapist?

**Michal:** I worked for a health-care technology company, managing large projects at

hospitals in Southern California. More recently, I worked at Santa Clara County's safety net hospital, Valley Medical Center, as a health-care technology manager. My greatest joy and satisfaction came from building teams and mentoring my staff -- in other words, from the relationship side of technology. I began my counseling psychology master's degree program at Santa Clara University in March 2010, while continuing to work full-time. This past June, I left  
**Cont'd on Pg 18**

## SCV-CAMFT Calendar

### SEPTEMBER

- 15 *Newsletter Submission  
Deadline*
- 20-21 **SCV-CAMFT Workshop**  
Santa Clara
- 27 **Chapter Luncheon**  
Mid Region; Mtn. View

### OCTOBER

- 18 **Law & Ethics Workshop**  
Mountain View
- 25 **Chapter Luncheon**  
South Region; Los Gatos

### NOVEMBER

- 8 **Annual Meeting**  
Mountain View
- 22 **Chapter Luncheon**  
Mid Region; Mtn. View
- 15 *Newsletter Submission  
Deadline*

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### Liaisons To Other Community Agencies

**Red Cross (Santa Clara County):**  
Judith Boore, (650) 948-9138

**BBS Contact Information**  
1625 N. Market Blvd. S #200  
Sacramento, CA 95834  
**Phone:** (916) 574-7830  
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**Website:** <http://www.bbs.ca.gov>

### Committee Chairpersons

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Open Position

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Unsolicited articles are welcome, but the Editorial Committee accepts no responsibility for their return. We reserve the right to edit all articles. Opinions expressed are those of the authors and do not necessarily represent views of SCV-CAMFT.

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## Note From The Editor

Joanne Shurter, LMFT



seven days to acclimate to wearing shoes again!

Here on the newsletter committee, as summer gives way to autumn, we are thinking about change also. This is where you come in. We aspire for the newsletter to be exciting and pertinent and engaging. We want it to be a publication you look forward to. And toward this goal, we hope to draw on the depth of diversity and capacity and ingenuity of our chapter population.

We are on the lookout for article writers! If you can think, you can write! What have you been thinking about lately? We want to hear about it.

"Oh, I am not sure I write well enough".....well, this is where WE come in. The newsletter committee is offering to help aspiring writers with common hurdles that interfere in seeing an article to fruition. We will make ourselves available to brainstorm ideas, to pre-read your articles, to coach you in your writing. We want to encourage you to try!!

We want you – yes, we mean you - to consider sharing those thoughts and feelings and experiences. We believe there is a robust potential amongst us for interesting and creative and informative writings. We believe

there are writers amongst us waiting to be tapped. And the funny thing is, some of you don't even know that it's you – that you are a person who could write.

Again, what has been in your mind lately? We want you to consider sharing some of those thoughts in an article for the newsletter. Here are ideas to jump-start your thinking:

- Trends in the field
  - Case studies
  - Clinical interventions and techniques
  - Book reviews
  - Opinion articles
  - Movie or television reviews
  - Educational or informational articles
  - Popular socio-economic/cultural trends and how they affect our clients
  - Reflections on your experiences as a therapist
  - Business practices
  - Workshop reviews
- And so on

Are you interested? Consider it! You can find our contact information on page 2. We would love to see what happens as we put our heads together! The best to you all in the coming fall!

"We are on the lookout for article writers! If you can think, you can write! What have you been thinking about lately? We want to hear about it."



Fall meant change, a return to life as normal. The change began one week before school started, when we would leave Lake Almanor to return home to San Jose. My mom timed our return purposefully, to give our feet

# Strategic Family Therapy Center

**Solving family problems  
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The Strategic Family Therapy Center at the Mental Research Institute in Palo Alto offers psychotherapy services to families, couples, adults, and adolescents

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**Alice J. Sklar, MFT, CGP**  
**(650) 961-3482**

Marriage and Family Therapist  
Certified Group Psychotherapist

Lic. # 20662  
Lic. # 179092

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with

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Registered MFTi #68069

In association with

**Kim Ives Hicks**

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## In Practice with Howard Scott Warshaw:

### Adjusting the Engineer Lens



*Howard Scott Warshaw, MFT calls himself The Silicon Valley therapist. He received his Master of Arts degree from John F. Kennedy University and his master of engineering degree from Tulane University. After decades as a distinguished software engineer/manager, award winning film maker, celebrated video game developer, photographer, author and teacher, Howard integrates his eclectic skill set in the service of others as a psychotherapist. He is currently in private practice in Los Altos where he focuses on the unique needs of Silicon Valley's Hi-Tech community. Howard's details and blog can be found at [www.hswarshaw.com](http://www.hswarshaw.com).*

Many people see Engineers and Therapists as remarkably different. This always tickles me because I'm intrigued by the similarities. After all, we do the same kind of work. Couples and computer programs are both examples of systems, and we are all systems analysts. When seen through this lens, one very significant difference emerges: Therapists work to facilitate systems while Engineers focus on controlling them.

[CLARIFYING CAVEAT: As promised last column, I will share some theoretical formulations about Engineers. These are my opinions and observations, nothing more. The Engineers and Therapists of which I speak are the exceptions, not the rule. They are, however, people I have experienced enough to warrant discussion. Of late, I've discovered this is a very sensitive and controversial topic for many. So before we begin this journey, I want to be clear: I am not pathologizing engineers. I am not making light of Autism Spectrum Disorder (ASD) nor am I impugning therapists at large. I'm simply offering some ideas and possible insights for your consideration. Thank you.]

As I've said before, Engineers are people too. As clients, they present with a variety of issues much like any sizable population. Occasionally they present with the kinds of social/relational challenges that suggest an ASD: lacking empathy for (or awareness of) others, diminished interpersonal skills and monotonic focus. But "Socially Challenged" comes in two flavors: trait and choice. For people genuinely on the spectrum, this is organic; this is how they process the world. But you may also see these symptoms in clients who have no Pervasive Developmental Disorder. For them this is a behavioral choice -- a difficult choice to comprehend perhaps, but a choice nonetheless.

A client who presents like ASD but isn't? This makes for a challenging assessment. I must ask myself the question: Can I tell my Asperger's from a hole in the ground?

By way of illustration I offer two theoretical formulations for your consideration: Political Deactivists and Social Trauma Avengers.

Political Deactivists (PDs) seem to believe

the world would be a better place if people just acted sensibly (read: like me). PDs are deeply triggered by hidden agendas, once bitten twice shy. When charm or politics "hijack" a decision, PDs feel it's their duty to rail against the process and its participants, on and on and on. Interestingly, PD can also stand for Personality Disorder.

In contrast is the Social Trauma Avenger. Abused by some and ostracized by many throughout childhood/adolescence, the nerd has now (through diligent nerdy pursuits) achieved significant resources and status. For many, this newfound power and desirability is a wonderful gift for which they feel gratitude and joy. But for some, this fateful swing of the pendulum can mean "payback time." They're exacting a toll for years of suffering. They read faces and cues just fine, but only in assessing the damage they're doing.

Wow, this sounds pretty dark... but there's a bright spot: Political Deactivists and Social Trauma Avengers are choosing their behaviors. This means they can choose to change.

Another thing to bear in mind with engineers: The Intellectual Gold Rush of the late 20th century finds us working in a community with possibly the highest per capita IQ in human history. The denizens of Silicon Valley are smart (sometimes smarter than we are). And some have agendas! But worry not, think Winnicott! Much like Winnicott's concept of the good-enough parent, we need only be the smart-enough therapist. I don't have to be a genius to help one. When they research your theory and criticize your techniques, don't be distracted. Focus on process. Join the resistance. Note evasions. Be the smart-enough therapist.

Actually, I think it's fun working with the super-intelligent. They may want control and believe they can take it. They're welcome to it. I remain authentic and simply point out: "Intelligence is a tool, not a character trait. Smarter people achieve goals more effectively than their counterparts.

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# Broken Love: The Intersection of Divorce and Therapy

A Legal Perspective by Dina Haddad, Esq., LL.M



*Dina Haddad is the founder of Families First Mediation, a family law mediation boutique, and provides family law mediation services in San Jose. She is a panel neutral for Agency for Dispute Resolution, headquartered in Beverly Hills, and sits as judge pro tempore for the Santa Clara County personal property arbitration program. She may be reached at (408) 357-3486, [dina@ffmediation.com](mailto:dina@ffmediation.com), or through her website at [www.ffmediation.com](http://www.ffmediation.com).*

**If you have a topic you'd like to see addressed, or comments and questions about this column, feel free to reach me at (408) 357-3486 or [dina@ffmediation.com](mailto:dina@ffmediation.com).**

Sally has been seeing you for individual counseling. She is struggling in her marriage of eight years, and feels abandoned by her husband, Darrell. She's been left alone to raise the couple's three children, who are all under the age of seven. Although Darrell has been a wonderful financial provider, he has failed to provide emotional support to Sally and their children.

Sally is exhausted and contemplating divorce. She married right out of high school, and the only job she held was as a waitress in her senior year of high school. Darrell had just graduated from a university and took a job in finance. In the last eight years, he did well and climbed the corporate ladder. The couple agreed that Sally would stay home and raise their children.

Now Sally is very afraid. With no work experience and three young children, how will she support herself? Sally shares that everything she and Darrell have earned during the marriage. She assumes she should be okay financially after the divorce. Even though she heard that she would be entitled to permanent spousal and child support, her real concern is how she will support herself before the divorce is completed. Can she receive

some of Darrell's income during the divorce process? If not, she is afraid she would have to stay in the same home as Darrell during the divorce. Once Darrell finds out about the divorce, she believes he will be outraged. He would make it even harder for them to live together, and if she moved out, he might prevent her from accessing any funds, including his salary.

Sally's situation is similar to many others starting the divorce process. For that reason, California provides the out-spouse (the spouse without the financial control) a right to temporary spousal support. This support is ordered so that those like Sally can pay for their living expenses during the divorce process. (Sally could also receive temporary child support, which will be discussed in a future column).

Each county may have guidelines to determine temporary support. However, in general, the court will evaluate the applicant's need for support and the other party's ability to pay. In our example, Sally obviously has a need for support because she has no income or work experience, and Darrell has the ability to pay. The intention of temporary spousal support is to en-

able the supported spouse to live in his or her accustomed manner pending the divorce. Courts do recognize that incomes are often insufficient to support two separate households, and still maintain the same standard of living during the divorce. Thus, support is limited by the income that is available. Sally cannot receive more support than Darrell's income; he will also need money for his own support.

Now, how can Sally receive temporary spousal support? She can do so in two ways. First, would be through a court-issued order. Sally would file a motion with the court to request temporary support. She can do so with the help of an attorney or as a self-represented litigant. Alternatively, she can reach an agreement with Darrell. She can do this directly with Darrell, with the assistance of attorneys, or through other dispute resolutions means such as mediation. This agreement can be filed with the court to have the same legal authority as a court-issued order. Sally and Darrell do have another option. Rather than have a formal support agreement, they can continue the status quo as they work through the

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## ONGOING PSYCHOTHERAPY GROUPS

In this dynamic psychotherapy group experience, clients explore relationship patterns and learn about healthy connection with others. Issues such as depression, dating, shyness, codependency, ACOA, and self-esteem, are explored with the support and feedback of peers.



**Nancy Wesson, Ph.D. CGP (Psy9621)** is a licensed psychologist in private practice for over 25 years. Dr. Wesson has 25 years of experience leading groups using a group process–interpersonal approach. She was trained by Dr. Irvin Yalom and the American Group Psychotherapy Association.

**To discuss or make a referral, contact** Nancy Wesson, Ph.D. at (650) 965-7332 or [Dr.NWesson@sbcglobal.net](mailto:Dr.NWesson@sbcglobal.net). Articles about group psychotherapy can be found on her websites at: [www.wespsych.com](http://www.wespsych.com) and <http://www.shynesshelp.com>.

## CONSULTATION GROUP FORMING

**Would you like to learn how to:**

- think about and talk about transference issues
- utilize countertransference with your patients
- help stuck clients get unstuck
- work more effectively with couples?

Ann Langley, PhD is starting a consultation group in Redwood City. Please email her at [Langley.ann@gmail.com](mailto:Langley.ann@gmail.com) if you are interested.

**Mondays, 11:30am – 1:00pm, Cost: \$50**

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Serving adults and couples as well as children, adolescents, and parents.

Graduate of the Palo Alto Psychoanalytic Psychotherapy Training Program class of 2013.

Kent volunteers his time with *Amigos de las Americas (AMIGOS)* -- a group that enables high school students from Santa Clara County to serve as community health leaders in Latin America. Call Kent to order your case of grapefruit as part of their fundraiser.

## Innovative Programs

was started in response to feedback from the community on the need for programs that are NOT held on Friday at lunch time, that are FREE, and where CEUs are available (for a small fee). Prior Innovative Programs have been held on Saturday mornings and featured a presentation. We've had speakers on topics such as professional wills and working with resistance in the therapeutic setting. Elizabeth Basile is the program director and works with Dana Backstrom, who heads the volunteer committee. You can be a part of this effort by contributing ideas and volunteering to help Dana. Contact Dana or Elizabeth for more information.

[ebasile.mft@gmail.com](mailto:ebasile.mft@gmail.com)

[dana@counselingtoyou.com](mailto:dana@counselingtoyou.com)

# President's Column

## The Power of Myth to Shape Community—Pamela Eaken, LMFT

Cont'd from Page 1

In SCV-CAMFT, we have a written set of goals as a community. They are on the web if you want to read them. The categories are Ethics, Activities/Programs, and Visibility. And yet there are many unspoken goals that bring us together as a community even more than our stated goals. For me, some of the most important goals are activities such as making friends with people who share a common value system ("like-minded"), who are making the world a better place, who want to alleviate the suffering in the world, and who have a perspective about life that acknowledges the "full catastrophe" (as Zorba the Greek says). Then there is the more self-serving goal

of making a livelihood with the understanding that we depend on each other and support each other with an attitude of abundance. And, for me, ultimately, community grows out of having the shared goal of creating meaning in my life through my story of community—sharing a sense that those in this profession are in it because it brings a deep meaning from which our happiness arises. We realize that the most efficient way to pursue happiness is to promote the happiness of someone else.

And what better way to pursue happiness *and* community than to watch

a good movie together? Networking is a key to creating community, and Movie Night is a great way to network and have fun. Our Innovative Programs' free Movie Night on June 28<sup>th</sup> had a big turn out. The featured film was about Freud and Jung in *A Dangerous Method*.

Feedback from the attendees highlighted the moving and stimulating discussion afterwards. An idea that got some traction was the creation of a "talking cure" as opposed to a strictly "clinical/medical" treatment. Freud cautioned Jung not to go

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## SCV-CAMFT Innovative Programs Movie Night Discussion – June 28<sup>th</sup>



# SCV-CAMFT Presents

**A Two Day Workshop—September 20 and 21**

## ***Therapy Skills for Trauma Response***

**Presented by Gregory A. Childs, MA & Leslie K. Fadem, MA,**  
Licensed Marriage and Family Therapists

Mental health professionals have much to offer when assisting in the aftermath of tragic events, both in the field and in the office. Participants will learn about using therapy skills in trauma response and using crisis intervention skills in therapy to provide safer and more effective service to the public and their clients.

Topics to be covered:

- Crisis Response: Management & Intervention
- Critical Incident Stress Management (CISM)
- Using Therapy Modalities for Crisis Response
- Using Crisis Intervention Strategies in Therapy
- Psycho-education for Parents and Children
- Community Service: Responsibilities and Rewards

**More About the Presenter:** Gregory A. Childs, MA consults with education and business in designing crisis management and response systems, developing critical incident stress management programs, training crisis response teams, and providing direct crisis intervention and counseling services. He has extensive training and experience in the field of mental health as a Licensed Marriage and Family Therapist in private practice and in public education as a school counselor, principal and teacher. He is the current President and Clinical Director of the San Diego County CISM Team, serves on the of the California Association of Marriage and Family Therapist (CAMFT) Crisis Response Education and Resource Committee, and he is an Approved Instructor for the International Critical Incident Stress Foundation, Inc.

Leslie K. Fadem, MA is a Licensed Marriage and Family Therapist in private practice specializing in the treatment of anxiety disorders and trauma recovery. She is a former public school teacher and counselor, current president of the San Diego Phobia Foundation, volunteers as the mental health professional on the San Diego County CISM Team, and is an Approved Instructor for the International Critical Incident Stress Foundation, Inc.

**September 20 & 21, 2013, 8:30am-4:30pm**

**(Workshop Begins at 9:00 AM)**

**Continental Breakfast and 12 CEUs Included**

### **SCV-CAMFT Members**

**Student/Intern \$120, Regular Member \$275**

### **Non-Members**

**Student/Intern \$120, Regular Non-Member \$300**

**Register Online at [www.scv-camft.org](http://www.scv-camft.org) / Contact Us: [mail@scv-camft.org](mailto:mail@scv-camft.org) / 408-235-0210**

**For more information on CE and our Refund Policy,  
please view the registration page at [www.scv-camft.org](http://www.scv-camft.org).**

# SCV-CAMFT 2013 Calendar of Events

September 15, 2013, Sunday

November / December Newsletter Deadline

September 20-21, 2013, Fri. & Sat.

SCV-CAMFT Two-Day Workshop –Therapy Skills for Trauma Response

September 27, 2013, Friday

SCV-CAMFT Mid Region Luncheon & Board Meeting

October 18, 2013, Friday

SCV-CAMFT Law and Ethics Workshop

October 25, 2013, Friday

SCV-CAMFT South Region Luncheon & Board Meeting

November 8, 2013, Friday

SCV-CAMFT Annual Meeting

November 22, 2013, Friday

SCV-CAMFT Mid Region Luncheon & Board Meeting

For more information and to register for upcoming SCV-CAMFT events, please visit our website at [www.scv-camft.org](http://www.scv-camft.org).

## Please Note Newsletter Deadlines:

THE DEADLINE FOR NEWSLETTER SUBMISSIONS IS SIX WEEKS PRIOR TO PUBLICATION.  
(THE DEADLINE FOR THE NOVEMBER / DECEMBER 2013 ISSUE IS SEPTEMBER 15.)  
IN ORDER TO GET THE NEWSLETTER TO YOU ON TIME, WE MUST STRICTLY ADHERE TO THIS TIME FRAME.  
SUBMISSIONS RECEIVED LATE WILL BE HELD OVER FOR ANOTHER ISSUE.

NOVEMBER / DECEMBER 2013 ISSUE  
DEADLINE SEPTEMBER 15, 2013

JANUARY / FEBRUARY 2014 ISSUE  
DEADLINE NOVEMBER 15, 2013

## Change of Status

SCV-CAMFT would like to acknowledge those members who recently negotiated the difficult task of completing the MFT licensing process.

**If you have recently completed licensure, let us know so we print our congratulations to you in SCV-CAMFT News!**

If you have received your notice of licensure, it is important to remember to inform your local chapter as well as the state organization of CAMFT. Please inform our chapter coordinator of any status change as soon as possible by telephone, 408/235-0210, or by e-mail, [mail@scv-camft.org](mailto:mail@scv-camft.org).

# What Does the Law Expect of Me? Part II

## An SCV-CAMFT Offering

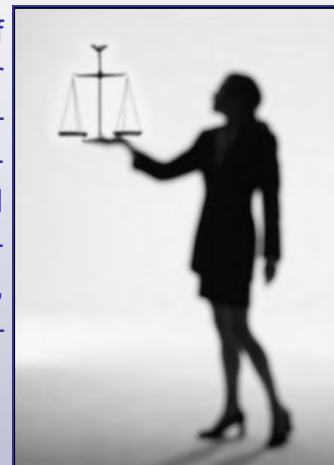
**Presented by David Jensen, J.D.**

**Friday, October 18 from 9:00AM to 4:00PM**

**at Michael's at Shoreline in Mountain View**

(This is a lecture-format course that will satisfy the BBS's on-going requirement of six (6) CEUs in law and ethics.)

As a psychotherapist you have probably heard references to the "standard of care" or the "reasonably competent therapist," but you may not have a clear understanding of how such concepts affect you on a day-to-day basis. Consequently, you may not have an accurate understanding of what the law expects of you as a psychotherapist. In this six hour workshop, which is Part II of a multi-course series on this subject, you will learn about what the law expects of you regarding advertising, scope of competence, scope of practice, confidentiality, child abuse reporting, termination of the therapist-patient relationship, and forms of business practice.



### Seven Objectives

- ♦ To help practitioners advertise correctly.
- ♦ To help practitioners understand the laws pertaining to scope of competence.
- ♦ To help practitioners understand the laws pertaining to scope of practice.
- ♦ To help practitioners understand the laws pertaining to patient confidentiality. To help practitioners understand the laws pertaining to child abuse reporting.
- ♦ To help practitioners understand the laws pertaining to valid terminations of the therapist-patient relationship.
- ♦ To help practitioners understand the laws pertaining to valid business organizations.



David Jensen, J.D., is a CAMFT Attorney and regular contributor to *The Therapist* magazine.

**Register Online at [www.SCV-CAMFT.org](http://www.SCV-CAMFT.org)**

### Register Early and Save

*The registration fee includes 6 CEUs (PCE1134), continental breakfast, and a buffet lunch.*

#### Before September 16

Members: \$115  
Non-members: \$130

#### After September 16

Members: \$125  
Non-members: \$145

*CEU and Refund Policy is available on the registration page.*

# SCV-CAMFT September Mid Region Luncheon

(1.5 CEU hrs. available, PCE 1134)

## EXPLORING CULTURE IN GROUP: SEXUAL ORIENTATION IDENTITIES

**Presented by** Jamie Moran, LCSW, CGP

**Date:** Friday, September 27  
**Place:** Michael's at Shoreline, 2960 Shoreline Blvd., Mtn. View  
**Register:** At [www.scv-camft.org](http://www.scv-camft.org), or mail your payment to  
 SCV-CAMFT, PO Box 60814, Palo Alto, CA 94306

**Time:** 11:15 am—1:30pm  
**Menu:** Buffet Lunch  
**Fee:** Members—\$26 +  
 \$7 for CEUs  
 Non-members—\$33 +  
 \$7 for CEUs

**Register:** Please make your payment by Monday, September 23 for the early registration fee, or just show up and pay the higher "walk-in" fee. Lunch is not guaranteed for walk-ins, but is available on a first-come, first-served basis. Please visit our website at [www.scv-camft.org](http://www.scv-camft.org) to review detailed CE info and Refund Policy.

This workshop will focus on understanding goals, clinical rationale and assessment issues for the clinician working with LGBTQQ (Lesbian, Gay, Bisexual, Transgender, Queer, and Questioning) clients in group.

Exploration will focus on:

- the "exclusive" LGBTQQ group and
- those therapy process groups that have one or more members in a predominantly heterosexual group.

Exploration will include:

- client preferences,
- perceived/actual homophobia,
- desire for community,
- avoidance of shame,
- gender issues
- motivation to join group.

Parallels with working with LGBTQQ clients in individual and couples therapy will be noted.

Suggestions of viable questions in the screening process for these groups will also be explored.



### More About the Presenter

**Jamie Moran, LCSW, CGP** is in private practice in Menlo Park and San Francisco. He specializes in psychodynamic group work with gay and bisexual men and currently leads six long-term groups weekly. Jamie has extensive experience in working with the LGBTQQ communities in health care, mental health, and training. Other areas of specialization include grief and loss, HIV/AIDS, caregiving, burnout, and dating issues. He has presented numerous workshops on a variety of mental health topics.

- ◆ Chapter board meetings are generally held on the fourth Friday of each month (some major holidays and other chapter functions move the date) from 9:00AM to 11:15AM at the same location as, and immediately prior to, the chapter's monthly luncheon event.
- ◆ All luncheon programs are held from 11:15AM to 1:30PM. Look for locations and other specifics in the newsletters, on the chapter's website, and in e-mail sent directly to those members who have e-mail.
- ◆ In order to make the luncheon registration process as efficient as possible, please register early. Send your payments, to the chapter by the Monday prior to the event.

# SCV-CAMFT October South Region Luncheon

(1.5 CEU hrs. available, PCE 1134)

## WORKING WITH HIGH CONFLICT COUPLES IN DIVORCE AND CUSTODY SITUATIONS

Presented by Larry Stone, LMFT

**Date:** Friday, October 25  
**Place:** Los Gatos Lodge, 50 Los Gatos Saratoga Blvd., Los Gatos  
**Register:** At [www.scv-camft.org](http://www.scv-camft.org), or mail your payment to  
 SCV-CAMFT, PO Box 60814, Palo Alto, CA 94306

**Time:** 11:15 am—1:30pm  
**Menu:** Buffet Lunch  
**Fee:** Members—\$26  
 Non-members—\$33  
 1.5 CEUs—\$7

**Register:** Please make your payment by Monday, October 21 for the early registration fee, or just show up and pay the higher “walk-in” fee. Lunch is not guaranteed for walk-ins, but is available on a first-come, first-served basis. Please visit our website at [www.scv-camft.org](http://www.scv-camft.org) to review detailed CE info and Refund Policy.

A discussion of the dynamics of the divorcing couple, with an emphasis on understanding the intensity of their reactions, exploring the ways that we, as therapists, can actually make the situation worse, and looking at the consequences for the family of a high conflict divorce. The therapist will learn skills that we can use with these couples to reduce the conflict.

This presentation will focus on the dynamics of divorcing couples. It will also emphasize the need for the therapist to have information on the backgrounds of the individuals, on the issues that brought them to this point, and on the intensity of their reactions at the divorcing stage.

### More about the Presenter



**Larry Stone, LMFT**, has been licensed since 1996 and has been in private practice since 2003. He is a trained mediator and has been a “730 expert” child custody evaluator since 2003. Larry trained in mediation with the Northern California Mediation Center in San Rafael. He has additional training in collaborative divorce as a divorce coach and child specialist. Larry is experienced in working with high conflict couples, both in co-parenting counseling after divorce (including court-mandated), and those working to repair their relationship. He works with the courts in multiple counties, and is author of the book, *Divorcing Peacefully: Why It's Essential and How to Do It*. Larry is a member of three CAMFT chapters, including SCV, East Bay, and Santa Cruz. He has offices in San Jose, Santa Cruz and Fremont.

**Note:** While there are sometimes a few seats left for walk-ins (\$33/\$40), pre-registration is required. We give the food counts a few days before the luncheon and cannot be accurate without pre-registration. If you find you must cancel, please call the chapter voicemail (408/235-0210). **Refunds are not always available and are never available without this notification at least 24 hours in advance.** The contact persons are available to answer questions about the speaker and the topic. If you have questions about the procedure for registering, call the chapter voicemail. Guests are welcome to attend with you—please provide their names along with your payment. See the back cover for more information on registration. **Please remember that telephone reservations cannot be accepted.**



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road to  
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## Support Group Calendar

**A great way to create  
your long-term  
support network....**

**North Region Newly Licensed— September 7 and October 5**

**South Region Newly Licensed— September 21 and October 19**

**North Region / Peninsula Pre-Licensed— September 13 and October 11**

**South Region Pre-Licensed— September 6 and October 4**

### Free Newly Licensed (within 3 years) Support Groups

**North Region—**The purpose of this group, which meets monthly, is to provide support to members who have recently become licensed within the last three years. This support group meets the first Saturday of each month from 10:00 AM to 12:00 noon.

**Jamie Moran, LCSW,** is the current group facilitator. The location is 661 Live Oak Avenue, Suite One, Menlo Park, CA 94025. To RSVP, and for further information

about upcoming meeting dates and times, please contact Jamie Moran at [Jammoran@aol.com](mailto:Jammoran@aol.com) or (650)598-8877.

Be sure to take advantage of this valuable group and resource as you begin your journey as a licensed therapist.

**South Region—**This support group meets monthly from 10:00 AM to 12:00 PM. The purpose of this group is to provide support to mem-

bers who have recently become licensed within the last three years.

**Verna Nelson, MFT,** is the current group facilitator and meetings are held on the border of Campbell and Los Gatos, close to the intersection of 85 and 880. To RSVP, and for further information, please contact Verna Nelson at (408)379-7747 or email her

[vernaNELSON@gmail.com](mailto:vernaNELSON@gmail.com)



### Free Pre-licensed Support Groups

**North Region —**  
**Debra Rojas, LMFT,** facilitates our pre-licensed support group for the North Bay and Peninsula. Debra is a graduate of Trinity College of Graduate Studies, has been licensed for over four years, and has a private practice in Palo Alto.

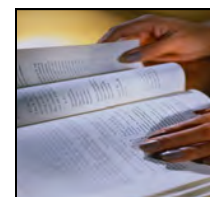


Debra's group meets the second Friday of each month from 10:00am to 12 Noon, at Debra's home in Menlo Park.

For more information or to add your name to the email list for this group, please email Debra at [debra@debrarojasmft.com](mailto:debra@debrarojasmft.com)

**South Region —**  
**Janis Seiberlich, LMFT,** facilitates the South Region pre-

licensed meeting. This group meets at her office in San Jose. The address is 4100 Moorpark Ave., Suite 212. Meetings are held the first Friday of every month from 10:00am to 12 Noon.



# PROCESS THERAPY GROUPS

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# Familiar With the Expression

**“There is no such thing  
as a free lunch?”**

***Well...It's Not  
Completely True...***

## SCV-CAMFT's Program Planning Committees Are Offering You A Free Lunch!

If you are planning to attend an upcoming luncheon, our chapter is always looking for volunteers to write a summary of these presentations for the newsletter. These summaries benefit all those members unable to attend. After submitting your article, you will be entitled to ***one free meal*** at any future SCV-CAMFT luncheon.

**Please contact the chapter coordinator [mail@scv-camft.org](mailto:mail@scv-camft.org), if you are interested in getting a free lunch while doing something that feels great!**

## PSYCHONEUROLOGY STUDY GROUP

**Keeping the Brain in Mind:**  
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**January 17 to Oct. 17, 2014**  
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# Delighting in the Ordinary:

A Reflection by Elaine Gee-Wong



When I tell people that I am an intern at a hospice, the response is usually along the lines of "Isn't that depressing? How do you handle that?" When I first started this internship, I didn't have good answers to these questions because I had no idea what it would be like or how I would handle it. A year later, I've figured out my own answers to these questions.

The clients I see are grieving the death of a spouse, parent, or child. I hear about cancer diagnoses, medical treatments, decline in health, and circumstances of sudden death. I also hear about the emotional roller coaster of grief that comes after a loved one's death. Sometimes there are regrets about trips not taken, words spoken or not spoken, and grudges that were never forgiven.

Part of my internship involves co-facilitating a spouse loss support group. The discussion among the group members ranges from facing the holidays alone to the challenges of locating important papers or passwords. What really

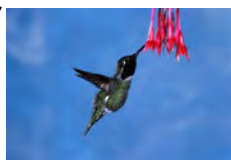
strikes me during these groups is how often I hear someone remark how lovely it would be to hear her husband's voice just one more time. Or to listen to his wife laugh. Or to dance together just one last time.

I've learned a lot about dying, death, and grief this past year. However, I've also learned a lot about living. Mostly, I've come to realize more that the ordinary day is precious. The

day is special, if only I can slow down enough to notice and enjoy it.

And so this year, I've found myself slowing down more to appreciate the ordinary. Like the sweetness of a strawberry, a chat with a neighbor, and the hummingbirds that visit the feeder outside the window. Like walking to the farmer's market, and sitting on the porch to rest for a moment. I've called my sister more often just to say hello.

*"...I've found myself slowing down more to appreciate the ordinary. Like the sweetness of a strawberry, a chat with a neighbor, and the hummingbirds that visit the feeder outside the window."*



ordinary day is one in which we feel no physical pain because our bodies are doing everything they're supposed to be doing. The ordinary day is also one in which nothing spectacular happens, but nothing devastating happens either. During this past year, I have learned more fully that the ordinary

Now when I tell people that I'm staying for another year at my hospice internship and they say, "Isn't that depressing? How do you handle that?" I have an answer for them. I do acknowledge that it can be emotionally heavy work. However, I also add that it's meaningful work to support someone during a very vulnerable time in their life. Furthermore, being aware of the pain, sadness, and heartache that exist in the world makes me much more attentive to the beauty in the world, and the beauty of the ordinary. Remembering this, along with practicing good self-care, allows me to not just handle this work, but to enjoy it.

May you enjoy the gift of a very ordinary day. ■



*Elaine Gee-Wong, MA, is a MFT registered intern at Pathways Home Health & Hospice in Sunnyvale. She is also an intern in private practice working under the supervision of Judy Hanf, MFT in Santa Clara. She can be reached at [elaine.geewong@gmail.com](mailto:elaine.geewong@gmail.com).*

## Michal Sadoff

Michal Ruth Sadoff is a graduate student in counseling psychology at Santa Clara University. She is excited to be making a change from a long-time career in the healthcare technology field. She is interested in working with adults' concerns arising from life transitions, parenting, relationships, work, and family issues.

## Community Focus—Interview with Michal Sadoff, MFT Intern

Cont'd from Page 1

Valley Medical Center so I could start my practicum at Pathways Hospice in Sunnyvale.

**Interviewer:** What is your role at Pathways?

**Michal:** I am doing bereavement counseling and will be co-facilitating a grief support group. Interns at Pathways also go to hospice patients' homes to do HeARTful Memories art projects with the family members and the patient as a way to help them be together and discuss feelings as they arise.

**Interviewer:** What was your most difficult challenge with a client?

**Michal:** Well, keeping in mind that I'm just starting my practicum, I would say my most difficult challenge with a client was seeing my first one, which was just last week! The session itself seemed to go fine. It was the attempt to prepare beforehand that was challenging and I knew even as I was worrying about it that the attempt was mostly beside the point because actually, all that I had been learning, doing, and being up to that point was the preparation, for better or otherwise.

**Interviewer:** What do you do to take care of yourself?

**Michal:** Swimming is my go-to method of exercise, although it wreaks havoc with my hair. Still, I can't give it up so I have to live with the consequences. Also, when I first began graduate school, the professor in my first class gave us "tips for the stressed

-out graduate student". One of them was just to remember to take time out to breathe as we studied. This was good advice for me in general, and I used it often during the many hours of reading and writing required in our program. Very simple advice, but I find it continues to be important for me as I go through my day to remind myself to stop, take a few moments, and breathe. Lastly, becoming a therapist is a way I am taking care of myself. It gives me a reason and a path to become the person I want to become, through learning how to do this work and how to be more present and authentic with people.



*"I would say my most difficult challenge with a client was seeing my first one, which was just last week!"*

**Interviewer:** Other activities outside of work?

**Michal:** Keeping up with friends is important to me. When I first began my program and was also working full-time, a new friend who

was already a therapist told me that at the beginning of her program, she threw a party to say goodbye to her friends, telling them that the next time she would see them was when she finished. I could not quite believe that but found it to be true. The one activity I did keep with my friends was my monthly book club meeting. At that time, I was a member of three book clubs simultaneously, but I cut back to just one, the book club I co-founded in 2002. When time permits, I would like to start an additional book club with a membership comprised of therapists, and focusing on books of special interest to therapists, but not professional texts. I've already started a list of possible titles!

**Interviewer:** Where have you been on vacation that was especially wonderful for you?

**Michal:** The vacation that comes to mind is a 10th anniversary trip -- quite a while ago! -- that my husband Breht and I took to Vancouver, British Columbia. We stayed near the entrance to Stanley Park, a large and beautiful city park which has been compared to Central Park or Golden Gate Park. We walked for hours every day, either into the park, or along the city streets. My favorite discovery was the huge swimming pool in the park, open to the public, built onto a hill and overlooking the Pacific Ocean. Not only was it a beautiful pool and beautiful setting, but it had adult-size slides, of which I took full advantage!

**Cont'd on Pg 20**

# SCV-CAMFT Annual Meeting and Membership Appreciation Event

Join us on Friday, November 8  
Doors open at 4:00 PM  
Enjoy Appetizers and Drinks,  
and a special Presentation by  
Elaine Brady (1 free CEU).

SCV-CAMFT wants to thank you for your continued membership.  
Please come out and join your colleagues for networking,  
food, cocktails and a dynamic speaker.

Register Online at [www.SCV-CAMFT.org](http://www.SCV-CAMFT.org) for this  
FREE membership appreciation event.



## More about the Presenter:

Elaine Brady, Ph.D., MFT, CAS, CSAT-S is the founder and Director of *Net Worth Recovery, Inc.*- a treatment and training center for Internet addictions, located in San Jose. She is a Certified Addiction Specialist as well as a Certified Sex Addiction Therapist Supervisor. She has published a number of articles on addiction and Internet related issues, served as an expert on these topics both on television and in numerous court cases, teaches at several local colleges, and is a frequent presenter at professional conferences.

### Adjusting the Engineer Lens Cont'd from Pg. 3

Intelligence helps you reach goals but it doesn't help you select them. When the goal is deceiving yourself, intelligent people do that better, too." This is usually followed by a quiet moment of contemplation.

When engineers present with social challenges, it's tempting to think ASDs. However, when I'm mindful that different etiologies can have similar presentations, it encourages me to dig deeper in ascertaining the best course of treatment. Engineers and Therapists: our similarities make the difference. ■

### Legal Perspective Cont'd from Pg. 4

divorce process. For example, Darrell might continue to deposit his salary checks in the joint account and continue to give Sally 100% access to those funds.

To help Sally choose among the methods available to her, she might ask herself:

*How should I introduce the divorce to Darrell?* How she approaches the divorce will set the tone for the case, and the ease for receiving temporary support from Darrell. If Darrell's perception of the divorce is amicable, he will be more open to providing Sally support or using alternative dispute resolution methods such as mediation to resolve the support issue.

*What divorce process will meet my needs?* Sally should think about the various forums available to her: litigation, collaborative law, mediation and kitchen-table divorce. If she is concerned about immediate support, which of these will provide her support in the quickest way? To which method will Darrell be more responsive?

As Sally works through these issues, she can rest assured that there are viable options for her and the right professionals to assist her. ■

### President's Column Cont'd from Pg. 6

too far with this new idea. Freud's concern was that it might not be accepted by the larger community, in part because he was Jewish. He worried about his reputation, and whether or not he'd be ostracized. The movie also discussed the obvious dangers involved in having sex with one's client. Jung's relationship with one of his clients threatened many things, including his marriage, which was important to him partly because his wife had the money. Yet Jung's relationship with his client lasted for years, which presented a danger to both of them because he needed her emotionally, and was depressed during separations. Also discussed were the risks the female patient took by being with Jung. Her reputation was at risk because he had great ambition, and eventually broke into the world as a respected physician and psychotherapist. And, she risked her relationship with Freud, whom she valued as a mentor and with whom she was aligned theoretically.

The discussion group also talked about how little power women had during that period in history. The patient was strong and assertive; yet she had to depend on Freud and Jung to help her become successful. There was some debate about the patient's real power. Some believed she broke through the barriers keeping women out of the profession, and therefore had a great deal of power and independence. Others saw her choices as quite limited, and that she didn't have power to fulfill her ambitions on her own.

The group had a rewarding experience in viewing the movie and sharing ideas during the discussion afterwards. CEU's were available for the discussion.

Last month we introduced a new series, *Community Focus*. This month we're highlighting Michal Sadoff, who runs the North Region Programs. I hope you enjoy our interview with her. ■

### Michal Sadoff Interview Cont'd from Pg. 18

**Interviewer:** Why did you decide to join SCV-CAMFT?

**Michal:** I started attending SCV-CAMFT luncheons fairly early in my program because I wanted to talk to people who are already doing the work I was preparing to do.

As a side note, I think it's worthwhile to point out that every single student at Santa Clara takes Ethics from Don St. Louis, and that he comments to each class how important CAMFT is to our profession and directs all his students to join. By the time I took his class, I may have already joined, but if not, I certainly joined when he gave us his "strong recommendation".

**Interviewer:** Why do you volunteer for SCV-CAMFT?

**Michal:** Being active with SCV-CAMFT is the best way to get to know people and benefit the most from my membership. It's tried and true: the more you put into something, the more you get back from it. Since attending luncheons was how I got started with the chapter, that was a natural place for me to volunteer. Elizabeth Basile, Director of Programs needed help with the North Region luncheons, so that's where I became active. Soon it will be time to plan for the 2014 luncheons. I've been in contact with a number of members in the North Region who are interested in helping with that — finding speakers, working the registration table, and so forth. We'll be having a meeting in the next month or so to start planning. Anyone else who may be interested should please contact me at my email address: [michal-sadoff@sbcglobal.net](mailto:michal-sadoff@sbcglobal.net). ■

## ADVERTISING OPPORTUNITIES AND PRICES!

Since the launch of the chapter's Website in the fall of 2004, all classified advertisements have been published on the Website concurrently with their run in the chapter newsletter. Now, your display advertisements can as well! The following is a list of the prices, effective August 1, 2005, for display advertisements for publication in SCV-CAMFT News. Please remember, you can always receive an additional discount by paying for multiple publications of your advertisement in advance.

	Member Advertising Rates			Non-member Advertising Rates		
Newsletter or Online Display Ad	2 months	6 months	12 months	2 months	6 months	12 months
Full Page	\$200	\$510	\$900	\$400	\$1,020	\$1,800
Half Page	\$125	\$319	\$563	\$250	\$638	\$1,125
Quarter Page	\$75	\$191	\$338	\$150	\$383	\$675
Eighth Page	\$50	\$128	\$225	\$100	\$255	\$450
<b>Combined</b>	<b>2 months</b>	<b>6 months</b>	<b>12 months</b>	<b>2 months</b>	<b>6 months</b>	<b>12 months</b>
Full Page	\$300	\$765	\$1,350	\$600	\$1,530	\$2,700
Half Page	\$188	\$478	\$844	\$375	\$956	\$1,688
Quarter Page	\$113	\$287	\$506	\$225	\$574	\$1,013
Eighth Page	\$75	\$191	\$338	\$150	\$383	\$675

These prices and more information about our advertising policies, are also available on the chapter's Website, [www.scv-camft.org](http://www.scv-camft.org). If you have questions or comments, please contact the chapter at 408/235-0210 or [mail@scv-camft.org](mailto:mail@scv-camft.org).

***We are thankful for the time authors have taken to write thoughtful articles.***

Have you considered submitting a paper or article of your own? Have you considered the benefit of having your material read by more than 500 members who regularly receive and read the SCV-CAMFT Newsletter?



- ⇒ Length: Articles 500-1,200 words; Announcements 75-250 words
- ⇒ Double-space to provide room for editing
- ⇒ Indent paragraphs
- ⇒ Do not right justify
- ⇒ Submit typed or printed copy only
- ⇒ Check punctuation and spelling, particularly of names
- ⇒ Please note deadlines, which the production staff must observe—the 15th of every odd month. The more time we have to edit and check facts, the better your article will be.
- ⇒ Submit articles via the chapter's Website, <http://www.scv-camft.org>, or email to [mail@scv-camft.org](mailto:mail@scv-camft.org).
- ⇒ For more information, email Joanne Shurter, Editor, [joanne.shurter@gmail.com](mailto:joanne.shurter@gmail.com)
- ⇒ All submissions are subject to review and approval by the SCV-CAMFT Editorial Committee of the SCV-CAMFT Newsletter.

**We would be happy to receive your submission!**  
**— SCV-CAMFT News Editorial Committee**

## GROUPS AND WORKSHOPS

**Women's Process Groups**

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**Men's Sexual Recovery and Support Group**

A recovery group for men struggling with sexual compulsivity, pornography addiction, serial affairs. Thursdays, 7-8:15 PM, \$35 per session, 12 week commitment, BEGINS JUNE 27TH. Contact Janet Akyol, MFT, CSAT at 408 504 5707. [www.janetakyol.com](http://www.janetakyol.com)

**Women's Therapy Group**

Ongoing, weekly group to help improve relationships and communications skills. Issues addressed include assertiveness, self-esteem, grief/loss, transitions, anxiety, depression, among other concerns. Wednesday evenings, San Jose. Contact Claire Wright, MFT at 408/998-7098.

## GROUPS AND WORKSHOPS

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In this dynamic psychotherapy group experience, clients explore relationship patterns and self-esteem issues with the support and feedback of peers. Issues such as depression, social anxiety, and codependency are addressed. Nancy Wesson, Ph.D. was trained by Irvin Yalom, M.D. For more info (650)965-7332 or [Dr.NWesson@sbcglobal.net](mailto:Dr.NWesson@sbcglobal.net) [www.wespsych.com](http://www.wespsych.com) [www.shynesshelp.com](http://www.shynesshelp.com)

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6-DAY INTENSIVE Comprehensive Strategic Family Therapy Training Level 1 & 2 Eileen Bobrow, LMFT September 9 – 14, 2013 2-DAY INTENSIVE Hypnosis in Time-Limited Therapy: Fundamentals of the Ericksonian Approach Jeffrey K. Zeig, Ph.D. September 19 – 20, 2013 MRI is approved to provide continuing education for MFTs, LCSWs and PhDs. \*Call for discount rates View our other upcoming courses at [www.mri.org](http://www.mri.org) For more information please call (650) 321-3055 or email Maria Pia Allende at [mariapiaallende@mri.org](mailto:mariapiaallende@mri.org).

**Register Now for the Upcoming 2014 courses at the MRI!**

2-DAY INTENSIVE Mindfulness Based Experiential Couples Therapy Workshop Presenter: Rob Fisher, M.F.T. February 7 & 8, 2014 Cost \$400 2-DAY INTENSIVE Fundamentals of Advanced Ericksonian Hypnotherapy Presenter: Eric Greenleaf, Ph.D. February 21 & 22, 2014 Cost \$400 MRI is approved to provide continuing education for MFT's and/or LCSW's. \*Call for student and group rates View our other upcoming courses at [www.mri.org](http://www.mri.org) Location: MRI Conference Room at 555 Middlefield Rd, Palo Alto,

## GROUPS AND WORKSHOPS

CA 94301 For more information please call (650) 321-3055 or email Maria Pia Allende at [mariapiaallende@mri.org](mailto:mariapiaallende@mri.org).

**Women's Support Group - anxiety and depression**

Deborah's Palm, a woman's community center, 555 Lytton Ave in Palo Alto, hosts a Women's Support Group on Thursdays from 6:30pm to 8pm. For more Information, email louise [maytaylor@yahoo.com](mailto:maytaylor@yahoo.com).

**New LBGT Adult "Coming Out" group**

Tuesday's 5-6:30pm; Process Group for Sexual Abuse Survivors Wednesday's 6-7:30pm. Both are on-going weekly groups, \$40/session, San Jose [www.ladonnasilva.com/therapy-services.html](http://www.ladonnasilva.com/therapy-services.html) LaDonna Silva, LMFT (408)412-1207

**Groups for Survivors of Sexual Trauma**

Therapeutic Support Groups for Survivors of Sexual Assault & Childhood Sexual Abuse. Ongoing groups in Pacifica & SF. Contact Christina Arguello, LMFT 650.303.8334 [www.mindfultherapysf.com](http://www.mindfultherapysf.com)

**Divorce Group for Men**

What will you get out of the group? -Ability to make smart decisions -Emotional support -Talk with other men who "get" what you're going through Contact Raelene, [raelene.s.weaver@gmail.com](mailto:raelene.s.weaver@gmail.com) 408-529-4078

**Knowing Me, Loving Me**

Join a supportive circle of women and learn to create more of what you want in your life, through therapeutic dialog and supportive relationship. Marialena Malejan-Roussere / 408-702-7429 [www.relationshipharmony.com](http://www.relationshipharmony.com)

GROUPS AND WORKSHOPS	FOR CLINICIANS	FOR INTERNS
<p><b>Process / Support Group</b> Ongoing coed process/support group meets two Saturdays per month. Goals: relationship skills, emotional evolution, improve self-esteem and confidence, codependency recovery. West San Jose. Call Marv Cohen, LMFT, 408 261 3332.</p> <p><b>TEEN GIRLS and WOMEN'S GROUPS</b> TEEN GIRLS-Friendships, feelings, communication, self-esteem and stress using art and drama. WOMEN- relationships, depression, stress, transitions, and parenting starting September 21st. Lori Levitt, MFT #43329. 650/794-4828 www.lorilevittmft.com</p>	<p><b>Divorce Mediation</b> Have a couple who can't reconcile? Dina Haddad, mediator-attorney, provides couples a confidential &amp; safe space to finalize divorce &amp; custody. No need for court. Visit <a href="http://www.ffmediation.com">www.ffmediation.com</a>. Call (408) 357-3486.</p> <p><b>Psychiatric Evaluations</b> Psychiatric/medication evaluations available for your clients, collaborative care. Misao Kusuda, MD; 408-930-2256.</p> <p><b>Consult group</b> For those who work with gender non-conforming teens and children, and/or their families. Meet on a monthly basis with other therapists to discuss cases. Fridays in Los Gatos. 408-871-9180 or <a href="mailto:mj_therapist@yahoo.com">mj_therapist@yahoo.com</a>.</p>	<p>(\$30.00 a session, times and dates determined by demand). Contact me at <a href="mailto:carmackbeth@gmail.com">carmackbeth@gmail.com</a>. <b>FORENSIC CLINICIAN</b></p> <p><b>JOB OPPORTUNITIES</b></p> <p>SHARPER FUTURE, an established forensic mental health agency, seeks experienced licensed clinicians to prevent sexual victimization as part of a team providing outpatient sex offender treatment. Learn more at <a href="http://www.SHARPERFUTURE.com">www.SHARPERFUTURE.com</a>. EEO <b>Campbell downtown</b></p> <p><b>OFFICE SPACE</b></p> <p>Small private office with small waiting area. 100 sq ft is \$375.00 full service. walk to all restaurants and parking on site. Contact gene to see at 408-966-5052</p>
<p><b>FOR CLINICIANS</b></p> <p><b>Training Opportunities</b> Process Therapy Institute offers many training opportunities, including Process Class, Advanced Process Class, CEU's online, intensive one-way mirror trainings, Process consultation groups, etc. Please visit our site at <a href="http://processes.org">processes.org</a> to learn more.</p> <p><b>Deepening the Psychotherapy</b> Case Consultation Group Focused on Deepening the Psychotherapy Wednesdays, 2 to 3:30 P.M. in Los Gatos Led by Alan Kessler, Ph.D. For further information, please call me at (408) 358-5777.</p> <p><b>Mediation and Co-Parenting Counseling</b> Larry Stone, MFT, is an experienced Mediator and Co-Parenting Counselor. Reasonable fees, referrals appreciated. 831-600-7665. <a href="http://www.StoneMFT.com">www.StoneMFT.com</a>. Author of "Divorcing Peacefully: Why It's Essential and How To Do It", available at <a href="http://www.divorcingpeacefully.com">www.divorcingpeacefully.com</a></p>	<p><b>Psychotherapy Groups</b> Openings in ongoing Adult and Young Adult psychotherapy groups meeting in Los Altos. Both groups deal with interpersonal issues, depression and anxiety and both groups. They support individual therapy goals. Call Alice Sklar, MFT, Certified Group Psychotherapist. 650-961-3482</p> <p><b>FOR INTERNS</b></p> <p><b>MFT Internship</b> BBS Registered Interns to provide psychotherapy to San Jose City College &amp; Evergreen Valley College students for 2013-2014. 14-16 hour per week commitment. \$1000 stipend per semester with varied experience and quality supervision. Interviewing experienced interns with interest in diversity, family systems, interpersonal/psychodynamic models. Email resume and cover letter to <a href="mailto:sdubey.sjcc.evc@gmail.com">sdubey.sjcc.evc@gmail.com</a></p> <p><b>Intern &amp; Trainee Therapy Group</b> Process Therapy Institute offers a personal therapy group for MFT interns, trainees and students</p>	<p><b>Cupertino - Great Office available for sublet</b> Congenial psychotherapy office suite in prime Cupertino location close to 85/280. Waiting room has call-light system, alcove with hot water microwave and mini-fridge. Wifi included. Available Monday, Friday and Saturday - \$200/day/month. Contact <a href="mailto:beverly@beverlyleftwich.com">beverly@beverlyleftwich.com</a> 408-777-8804.</p> <p><b>Los Gatos- Part-time Office available for rent</b> Quiet, private office in a charming building in Los Gatos available for part-time rent. Walking distance to down town, and the high school. Please call (408) 264-0100</p> <p><b>San Jose/Campbell</b> Large, bright, furnished office and waiting room in two therapist suite. Play therapy area available. First floor, attractive building near Bascom/Camden; 880/85.Two/three days week.Call judy Collins-Wolfe 408-559-6603</p>



SCV-CAMFT News  
Attention: Editor  
P.O.Box 60814  
Palo Alto, CA 94306

Serving San Mateo and Santa Clara Counties  
Creating a Community and Culture of Connection



## Chapter Events

**Friday, September 27**

**11:15 AM — 1:30 PM**  
Mid Region Luncheon

(1.5 CEU hrs. available, PCE 1134)

***Exploring Culture in Group:  
Sexual Orientation Identities***

Presented by:  
Jamie Moran, LCSW, CGP

Michaels at Shoreline  
2960 Shoreline Blvd.  
Mountain View

### Dates to Remember

September 20 & 21 — Special  
Two Day Workshop

October 18—Law and Ethics  
Workshop

November 8—SCV-CAMFT  
Annual Meeting

November 22—Mid Region  
Luncheon

**Friday, October 25**

**11:15 AM — 1:30 PM**  
South Region Luncheon

(1.5 CEU hrs. available, PCE 1134)

***Working with High Conflict  
Couples in Divorce and  
Custody Situations***

Presented by:  
Larry Stone

Los Gatos Lodge  
50 Los Gatos-Saratoga Blvd  
Los Gatos

**RESERVATIONS: YOU CAN REGISTER ONLINE USING YOUR MASTERCARD OR VISA CREDIT CARD!** Go to our website at [www.scv-camft.org](http://www.scv-camft.org), enter the "Calendar of Events" page and click on the event to find the luncheon or workshop registration page. You can also register by PayPal or by sending a check, payable to SCV-CAMFT to SCV-CAMFT, P.O. Box 60814, Palo Alto, CA 94306. Payment must be received by the Monday before the event. Reservations will be held until noon. If seating is available, "standby" persons can pay at the door to attend. **Please note: telephone reservations cannot be accepted. Call the chapter voicemail, 408/235-0210, for reservation information and the chapter's cancellations policy.**